

# ActiveSG Rules and Regulations

## General

### Admission

1. By entering and remaining on the premises, you have unconditionally agreed to these terms and conditions.
2. Hirers are required to pay the hiring fees before commencement of game. Upon request by any ActiveSG staff, hirers are required to present their receipts.
3. By entering the premises, you agree to waive all rights to make any claims against ActiveSG or its staff for any death, injury, or damage (to persons or property) suffered by you whilst on the premises.

### Safety and Security

4. All belongings must be removed from the lockers by the end of the facility operating hours. Items left overnight will be removed without compensation.
5. All forms of abuse and harassment towards staff or other users will not be tolerated, violators will be removed from the facility.
6. All individuals under the influence of drugs or alcohol will not be allowed onto the premises.
7. All users must wear appropriate sports attire when using the facilities.
8. Misuse of any ActiveSG account will result in a suspension or termination of such account.

### Prohibition

9. No pets allowed within the premises.
10. No consumption of food and drinks within the facility.
11. No smoking within the premises.
12. No alcohol is allowed within the premises unless approval have been sought from ActiveSG.
13. No coaching, personal training, league operations or business activities are allowed in ActiveSG facilities or premises without prior written approval. ActiveSG reserves the right to stop such activities and void admission without refund in the event of a breach.
14. Unauthorised filming or photography in the ActiveSG facilities is not permitted. Respect other users at the facility and approach ActiveSG staff on duty for any enquiries or concerns.

### Warranties and Indemnities

15. The use of ActiveSG facilities is governed by the provisions of the Singapore Sports Council Act, the Singapore Sports Council (Hiring of Sports Facilities) Regulations, ActiveSG – Terms of Use, which may be implemented from time to time.
16. ActiveSG may at any time, without prior notice, amend these rules and regulations.
17. ActiveSG shall not be responsible or held liable in any manner for any loss/ damage to personal belongings and you agree to be responsible for your own property whilst on the premises.
18. By using ActiveSG facilities, you warrant and represent that you are physically and medically able to participate and have no physical or medical condition that would endanger your life or make your usage of the facility unsafe or dangerous to you or to others.
19. You will not hold us and/ or our agent(s) liable for any personal injury or death arising from your usage of the facilities or for any loss of or damage to your property arising from your usage of the facilities, except for such injury or death that is caused directly by us or our agent(s) gross negligence.
20. In the course of usage of the facilities, if you deliberately, negligently or otherwise cause any injury (whether fatal or otherwise) to any person or any damage to or cause loss of any property to any person, you shall fully indemnify us against any and all claims or actions taken against ActiveSG and/ or if ActiveSG have been ordered by the courts to pay for any and all costs or expenses in relation to the same claims and actions.
21. You shall be liable for any damage to the facilities or any part thereof or to any fitting, equipment, property therein or flora. You shall pay for any damage (including any accidental damage) to ActiveSG caused by any omissions or negligent acts committed by yourself, your employees, agents, or any person authorised by you to be on the premises.
22. ActiveSG reserves the right to deny access to any person in violation of any such terms and conditions.

## Swimming Complex

### Admission

23. Admission is granted upon successful payment.
24. Single entry swim passes are for one time entry only. Re-entry is not allowed.
25. Multi-entry swim pass are for multiple entries for a limited period from the date of purchase and are strictly non-transferable. Please check your multi-entry swim pass for the validity period.

### Safety and Security

26. Children aged 6 years and under must be accompanied by and kept within arm's reach of an adult who shall always be responsible for the child's safety within the Swimming Complex.
27. Use of swimming equipment or any device that may compromise safety or cause property damage is prohibited.
28. In the event of lightning, thunder or other hazardous natural conditions, all users are required to leave any open area and/ or pool upon staff instruction. ActiveSG will regulate admission until it is safe to do so.
29. Admission may be temporarily delayed in the event of overcrowding.
30. Spitting, spouting water, blowing the nose, or discharging bodily wastes in the pool is prohibited.
31. Individuals with open wounds, skin irritations/ diseases, or communicable ailments/ diseases are not allowed in the pool for the health and safety of all patrons.
32. Appropriate swimwear is required for personal comfort and safety. The following attires are not permitted in the pool:

a) Street wear	e) Shorts without inner lining
b) Attire with hard/ metal objects	f) Undergarment
c) Translucent materials	g) G-Strings
d) Non-colourfast materials	h) Diapers
33. Swimming equipment and devices that may affect safety, should not be used in the pool, unless prior approval from ActiveSG is granted due to special-needs or are used within a booked lane. These may include the following:

a) Inflatable giant floats	d) Snorkels and masks
b) Rubber rafts	e) Hand paddles
c) Flippers	
34. For safety reasons, the following activities are not allowed in the Swimming Complex at any time:

a) Diving	e) Wrestling
b) Running	f) Dunking
c) Horseplay	g) Pushing
d) Holding breath (for prolonged period)	
35. For safety reasons, wearing of the following items are not allowed when entering the slide:

a) Spectacles
b) Loose jewellery
c) Watches
36. Use of diving or starting block is prohibited except for pools with a minimum depth of 1.35 metres and under the supervision of a qualified coach.
37. For safety reasons, a minimum age and height requirements are required for the use of the slides.
38. In the interest of safety, expectant mothers are not allowed to use the slides.
39. Showering before entering the pool is required for hygiene purposes.
40. Swim coaching in the Swimming Complex is only allowed under specific conditions including:
  - i) having a usage permit issued by ActiveSG.
  - ii) being a registered instructor on the National Registry of Coaches (NROC).
  - iii) completion of the SwimSafer national water safety programme.

#### In case of emergencies:

Fire/Emergency Services – 995  
Non-Emergency – 1777  
Police – 999



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3. By entering the premises, you agree to waive all rights to make any claims against ActiveSG or its staff for any death, injury, or damage (to persons or property) suffered by you whilst on the premises.

### Safety and Security

4. All belongings must be removed from the lockers by the end of the facility operating hours. Items left overnight will be removed without compensation.
5. All forms of abuse and harassment towards staff or other users will not be tolerated, violators will be removed from the facility.
6. All individuals under the influence of drugs or alcohol will not be allowed onto the premises.
7. All users must wear appropriate sports attire when using the facilities.
8. Misuse of any ActiveSG account will result in a suspension or termination of such account.

### Prohibition

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14. Unauthorised filming or photography in the ActiveSG facilities is not permitted. Respect other users at the facility and approach ActiveSG staff on duty for any enquiries or concerns.

### Warranties and Indemnities

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16. ActiveSG may at any time, without prior notice, amend these rules and regulations.
17. ActiveSG shall not be responsible or held liable in any manner for any loss/damage to personal belongings and you agree to be responsible for your own property whilst on the premises.
18. By using ActiveSG facilities, you warrant and represent that you are physically and medically able to participate and have no physical or medical condition that would endanger your life or make your usage of the facility unsafe or dangerous to you or to others.
19. You will not hold us and/ or our agent(s) liable for any personal injury or death arising from your usage of the facilities or for any loss of or damage to your property arising from your usage of the facilities, except for such injury or death that is caused directly by us or our agent(s) gross negligence.
20. In the course of usage of the facilities, if you deliberately, negligently or otherwise cause any injury (whether fatal or otherwise) to any person or any damage to or cause loss of any property to any person, you shall fully indemnify us against any and all claims or actions taken against ActiveSG and/ or if ActiveSG have been ordered by the courts to pay for any and all costs or expenses in relation to the same claims and actions.
21. You shall be liable for any damage to the facilities or any part thereof or to any fitting, equipment, property therein or flora. You shall pay for any damage (including any accidental damage) to ActiveSG caused by any omissions or negligent acts committed by yourself, your employees, agents, or any person authorised by you to be on the premises.
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## Gymnasium

### Admission

23. Admission fees are payable prior to entry and strictly non-refundable.
24. Single entry gym passes are for one entry only. Re-entry is not allowed.
25. Multi-entry gym pass are for multiple entries for a limited period from the date of purchase and are strictly non-transferable. Please check your multi-entry gym pass for the validity period.
26. Children under 12 years of age are strictly not allowed to enter the gym for safety reasons.
27. Users feeling unwell or recovering from an illness are advised not to enter the gym and are recommended to consult a doctor prior to exercising.
28. New users are strongly recommended to:
  - a) Approach our Fitness Instructor for a gym orientation to familiarise with the gym's rules and equipment
  - b) Seek doctors' advice before embarking on high-intensity physical activities
29. ActiveSG reserves the right to temporarily delay admission to prevent overcrowding and in situations where safety is being compromised.

### Safety and Behaviour

30. The gym is strictly for exercise, and users who are not exercising should allow other users to use the equipment or exercise area.
31. For safety and modesty, suitable and appropriate gym attire must be worn at all times. Please refrain from the following:
  - a) No bare body
  - b) No bare feet, slip-on, open-toed, casual or non-rubber sole footwear
32. Be mindful on the use of electronic devices and users should show respect for others sharing the space.
33. Pets are not allowed at the gym.
34. Gym users are required to have a personal towel while working out in the gym for personal hygiene.
35. No food and drinks are allowed into the gym except for resealable water bottles.
36. Gym users are encouraged to place their personal bottle at the designated area(s).
37. Equipment should be wiped down after use in consideration for the next user.
38. Free weights should not be used outside the designated area.
39. Users should help keep the gym neat and tidy by returning all weights to their respective racks and plate-holders after use.
40. Safety collars should be used while using the free-weight bars.
41. Handle weights and equipment with care, do not drop or throw weights.
42. Limit workouts on cardiovascular machines to 30 minutes if there are other users waiting.
43. No reservations and limit usage of gym equipment/machines if there are other users waiting.
44. For safety, any kind of misuse or modification to equipment, such as adding free weights to stack weights, feet placement on smith bars and carrying of dumb bells on cardiovascular machines, is prohibited.
45. Olympic weightlifting training or any other plyometrics movements are only allowed at designated gyms with proper platform, equipment, and space.
46. Any personal training equipment deemed to be unsafe or unattended will be removed.

#### In case of emergencies:

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### Safety and Security

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8. Misuse of any ActiveSG account will result in a suspension or termination of such account.

### Prohibition

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14. Unauthorised filming or photography in the ActiveSG facilities is not permitted. Respect other users at the facility and approach ActiveSG staff on duty for any enquiries or concerns.

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18. By using ActiveSG facilities, you warrant and represent that you are physically and medically able to participate and have no physical or medical condition that would endanger your life or make your usage of the facility unsafe or dangerous to you or to others.
19. You will not hold us and/ or our agent(s) liable for any personal injury or death arising from your usage of the facilities or for any loss of or damage to your property arising from your usage of the facilities, except for such injury or death that is caused directly by us or our agent(s) gross negligence.
20. In the course of usage of the facilities, if you deliberately, negligently or otherwise cause any injury (whether fatal or otherwise) to any person or any damage to or cause loss of any property to any person, you shall fully indemnify us against any and all claims or actions taken against ActiveSG and/ or if ActiveSG have been ordered by the courts to pay for any and all costs or expenses in relation to the same claims and actions.
21. You shall be liable for any damage to the facilities or any part thereof or to any fitting, equipment, property therein or flora. You shall pay for any damage (including any accidental damage) to ActiveSG caused by any omissions or negligent acts committed by yourself, your employees, agents, or any person authorised by you to be on the premises.
22. ActiveSG reserves the right to deny access to any person in violation of any such terms and conditions.

## Sport Hall

### Hiring of Court

23. The sport hall and its facilities should be used only for their intended purpose.
24. Hirers should respect the allocated time slots by not entering the play area/ court before the allotted time slot and leaving immediately after the end of the allotted time slot.
25. Hirers are prohibited from assigning, subletting, or re-selling their booking of the ActiveSG Facility (or part thereof) without prior written consent. Any such infringement will render the booking void, and ActiveSG reserves the right to cancel the booking without prior notice, in which case the booking fee paid shall be forfeited. Onsite checks may be conducted, and hirers should be prepared to present their identification document and booking receipts.
26. Only non-marking shoes should be worn within the sport hall.

### Safety and Security

27. Cycling, skating, rollerblading, and any other activities that may endanger users or damage property are prohibited within the facility, along common walkways, and at entrances, unless specifically approved.

#### In case of emergencies:

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## Table Tennis Area

### Hiring of Table Tennis Area

23. The table tennis area should be used only for their intended purpose.
24. Hirers should respect the allocated timeslots by not entering the play area/court before the allotted timeslot and leaving immediately after the end of the allotted timeslot.
25. Hirers are prohibited from assigning, subletting, or re-selling their booking of the ActiveSG Facility (or part thereof) without prior written consent. Any such infringement will render the booking void, and ActiveSG reserves the right to cancel the booking without prior notice, in which case the booking fee paid shall be forfeited. Onsite checks may be conducted, and hirers should be prepared to present their identification document and booking receipts.
26. Only non-marking shoes should be worn within the area.

### Safety and Security

27. Cycling, skating, rollerblading, and any other activities that may endanger users or damage property are prohibited within the facility, along common walkways, and at entrances, unless specifically approved.

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## Tennis Court

### Hiring of Court

23. The tennis centre should be used only for its intended purpose.
24. Hirers should respect the allocated timeslots by not entering the play area/court before the allotted timeslot and leaving immediately after the end of the allotted timeslot.
25. Court allocation is subject to the availability of the courts.
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### Safety and Security

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## Squash Court

### Hiring of Court

23. The squash centre should be used only for its intended purpose.
24. Hirers should respect the allocated timeslots by not entering the play area/court before the allotted timeslot and leaving immediately after the end of the allotted timeslot.
25. Court allocation is subject to the availability of the courts.
26. Hirers are prohibited from assigning, subletting, or re-selling their booking of 17
27. infringement will render the booking void, and ActiveSG reserves the right to cancel the booking without prior notice, in which case the booking fee paid shall be forfeited. Onsite checks may be conducted, and hirers should be prepared to present their identification document and booking receipts.
28. Only non-marking shoes should be worn within the court.

### Safety and Security

29. Cycling, skating, rollerblading, and any other activities that may endanger users or damage property are prohibited within the facility, along common walkways, and at entrances, unless specifically approved.

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18. By using ActiveSG facilities, you warrant and represent that you are physically and medically able to participate and have no physical or medical condition that would endanger your life or make your usage of the facility unsafe or dangerous to you or to others.
19. You will not hold us and/ or our agent(s) liable for any personal injury or death arising from your usage of the facilities or for any loss of or damage to your property arising from your usage of the facilities, except for such injury or death that is caused directly by us or our agent(s) gross negligence.
20. In the course of usage of the facilities, if you deliberately, negligently or otherwise cause any injury (whether fatal or otherwise) to any person or any damage to or cause loss of any property to any person, you shall fully indemnify us against any and all claims or actions taken against ActiveSG and/ or if ActiveSG have been ordered by the courts to pay for any and all costs or expenses in relation to the same claims and actions.
21. You shall be liable for any damage to the facilities or any part thereof or to any fitting, equipment, property therein or flora. You shall pay for any damage (including any accidental damage) to ActiveSG caused by any omissions or negligent acts committed by yourself, your employees, agents, or any person authorised by you to be on the premises.
22. ActiveSG reserves the right to deny access to any person in violation of any such terms and conditions.

## Outdoor Court

### Hiring of Court

23. The outdoor facility should be used only for its intended purpose.
24. Hirers should respect the allocated timeslots by not entering the play area/court before the allotted timeslot and leaving immediately after the end of the allotted timeslot.
25. Court allocation is subject to the availability of the courts.
26. Hirers are prohibited from assigning, subletting, or re-selling their booking of the ActiveSG Facility (or part thereof) without prior written consent. Any such infringement will render the booking void, and ActiveSG reserves the right to cancel the booking without prior notice, in which case the booking fee paid shall be forfeited. Onsite checks may be conducted, and hirers should be prepared to present their identification document and booking receipts.

### Safety and Security

27. Cycling, skating, rollerblading, and any other activities that may endanger users or damage property are prohibited within the facility, along common walkways, and at entrances, unless specifically approved.

#### In case of emergencies:

Fire/Emergency Services – 995  
Non-Emergency – 1777  
Police – 999



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# ActiveSG Rules and Regulations

## General

### Admission

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2. Hirers are required to pay the hiring fees before commencement of game. Upon request by any ActiveSG staff, hirers are required to present their receipts.
3. By entering the premises, you agree to waive all rights to make any claims against ActiveSG or its staff for any death, injury, or damage (to persons or property) suffered by you whilst on the premises.

### Safety and Security

4. All belongings must be removed from the lockers by the end of the facility operating hours. Items left overnight will be removed without compensation.
5. All forms of abuse and harassment towards staff or other users will not be tolerated, violators will be removed from the facility.
6. All individuals under the influence of drugs or alcohol will not be allowed onto the premises.
7. All users must wear appropriate sports attire when using the facilities.
8. Misuse of any ActiveSG account will result in a suspension or termination of such account.

### Prohibition

9. No pets allowed within the premises.
10. No consumption of food and drinks within the facility.
11. No smoking within the premises.
12. No alcohol is allowed within the premises unless approval have been sought from ActiveSG.
13. No coaching, personal training, league operations or business activities are allowed in ActiveSG facilities or premises without prior written approval. ActiveSG reserves the right to stop such activities and void admission without refund in the event of a breach.
14. Unauthorised filming or photography in the ActiveSG facilities is not permitted. Respect other users at the facility and approach ActiveSG staff on duty for any enquiries or concerns.

### Warranties and Indemnities

15. The use of ActiveSG facilities is governed by the provisions of the Singapore Sports Council Act, the Singapore Sports Council (Hiring of Sports Facilities) Regulations, ActiveSG – Terms of Use, which may be implemented from time to time.
16. ActiveSG may at any time, without prior notice, amend these rules and regulations.
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19. You will not hold us and/ or our agent(s) liable for any personal injury or death arising from your usage of the facilities or for any loss of or damage to your property arising from your usage of the facilities, except for such injury or death that is caused directly by us or our agent(s) gross negligence.
20. In the course of usage of the facilities, if you deliberately, negligently or otherwise cause any injury (whether fatal or otherwise) to any person or any damage to or cause loss of any property to any person, you shall fully indemnify us against any and all claims or actions taken against ActiveSG and/ or if ActiveSG have been ordered by the courts to pay for any and all costs or expenses in relation to the same claims and actions.
21. You shall be liable for any damage to the facilities or any part thereof or to any fitting, equipment, property therein or flora. You shall pay for any damage (including any accidental damage) to ActiveSG caused by any omissions or negligent acts committed by yourself, your employees, agents, or any person authorised by you to be on the premises.
22. ActiveSG reserves the right to deny access to any person in violation of any such terms and conditions.

## Stadium

### Hiring of Track/ Field

23. Prior bookings are necessary to ensure fair treatment to all customers using the field.
24. Any track and field related activity requires a prior booking. Approval from ActiveSG is needed for throw events such as javelin, discus, shot put, and hammer throw after a risk assessment. Approach the staff on duty for a risk assessment for these events.

### Safety and Security

25. During field training sessions, users must avoid running lanes 1 to 4.
26. Activities such as cycling, skating, rollerblading, or any that may affect other users' safety or cause property damage on the track are not allowed, unless the track is designated for such wheel-based activities.
27. Runners using spike shoes should exercise caution and ensure familiarity with proper running techniques and safety precautions.
28. No training aids should be left on the track after the session.
29. All runners are encouraged to show good running etiquette when running on the track, e.g. running anticlockwise and not against the flow of general runners, over taking on the right.
30. In the event of lightning, thunder or other hazardous natural conditions, all patrons are required to leave all open area. ActiveSG will regulate admission until it is safe to do so.
31. ActiveSG reserves the right to determine the suitability of the field for use to protect the safety and comfort of all users.

#### In case of emergencies:

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### Safety and Security

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20. In the course of usage of the facilities, if you deliberately, negligently or otherwise cause any injury (whether fatal or otherwise) to any person or any damage to or cause loss of any property to any person, you shall fully indemnify us against any and all claims or actions taken against ActiveSG and/ or if ActiveSG have been ordered by the courts to pay for any and all costs or expenses in relation to the same claims and actions.
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## Open Field

### Hiring of Field

23. The field should be used only for its intended purpose.
24. Hiring of the field is only for corporate entities and is non-transferrable. Please refer to the booking clauses for the field. Any attempt to transfer the booking will result in its cancellation without prior notice, and the booking fee will be forfeited.

### Safety and Security

25. ActiveSG reserves the right to cancel bookings in the event of inclement weather, non-playable field conditions, or unforeseeable circumstances to ensure personal safety.
26. ActiveSG reserves the final right to determine the playability of the field.

#### In case of emergencies:

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Non-Emergency – 1777  
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# ActiveSG Rules and Regulations

## General

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3. By entering the premises, you agree to waive all rights to make any claims against ActiveSG or its staff for any death, injury, or damage (to persons or property) suffered by you whilst on the premises.

### Safety and Security

4. All belongings must be removed from the lockers by the end of the facility operating hours. Items left overnight will be removed without compensation.
5. All forms of abuse and harassment towards staff or other users will not be tolerated, violators will be removed from the facility.
6. All individuals under the influence of drugs or alcohol will not be allowed onto the premises.
7. All users must wear appropriate sports attire when using the facilities.
8. Misuse of any ActiveSG account will result in a suspension or termination of such account.

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14. Unauthorised filming or photography in the ActiveSG facilities is not permitted. Respect other users at the facility and approach ActiveSG staff on duty for any enquiries or concerns.

### Warranties and Indemnities

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19. You will not hold us and/ or our agent(s) liable for any personal injury or death arising from your usage of the facilities or for any loss of or damage to your property arising from your usage of the facilities, except for such injury or death that is caused directly by us or our agent(s) gross negligence.
20. In the course of usage of the facilities, if you deliberately, negligently or otherwise cause any injury (whether fatal or otherwise) to any person or any damage to or cause loss of any property to any person, you shall fully indemnify us against any and all claims or actions taken against ActiveSG and/ or if ActiveSG have been ordered by the courts to pay for any and all costs or expenses in relation to the same claims and actions.
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22. ActiveSG reserves the right to deny access to any person in violation of any such terms and conditions.

## Gym Activity Room

### Admission

23. Admission to the gym activity room must be for the purpose of your hire or course.
24. All communication devices should be switched off or put in silent mode. If needed, usage should be done outside the gym activity room.
25. All participants are required to leave the gym activity room at the end of the allotted timeslot.
26. Personal belongings should be placed neatly at the designated area of the gym activity room, and all equipment should be returned to their areas after use.
27. Where footwear is required, only non-marking shoes should be worn.

#### In case of emergencies:

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# ActiveSG Rules and Regulations

## General

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3. By entering the premises, you agree to waive all rights to make any claims against ActiveSG or its staff for any death, injury, or damage (to persons or property) suffered by you whilst on the premises.

### Safety and Security

4. All belongings must be removed from the lockers by the end of the facility operating hours. Items left overnight will be removed without compensation.
5. All forms of abuse and harassment towards staff or other users will not be tolerated, violators will be removed from the facility.
6. All individuals under the influence of drugs or alcohol will not be allowed onto the premises.
7. All users must wear appropriate sports attire when using the facilities.
8. Misuse of any ActiveSG account will result in a suspension or termination of such account.

### Prohibition

9. No pets allowed within the premises.
10. No consumption of food and drinks within the facility.
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12. No alcohol is allowed within the premises unless approval have been sought from ActiveSG.
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14. Unauthorised filming or photography in the ActiveSG facilities is not permitted. Respect other users at the facility and approach ActiveSG staff on duty for any enquiries or concerns.

### Warranties and Indemnities

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19. You will not hold us and/ or our agent(s) liable for any personal injury or death arising from your usage of the facilities or for any loss of or damage to your property arising from your usage of the facilities, except for such injury or death that is caused directly by us or our agent(s) gross negligence.
20. In the course of usage of the facilities, if you deliberately, negligently or otherwise cause any injury (whether fatal or otherwise) to any person or any damage to or cause loss of any property to any person, you shall fully indemnify us against any and all claims or actions taken against ActiveSG and/ or if ActiveSG have been ordered by the courts to pay for any and all costs or expenses in relation to the same claims and actions.
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22. ActiveSG reserves the right to deny access to any person in violation of any such terms and conditions.

## Outdoor Basketball Court

### Hiring of Court

23. The outdoor facility should be used only for the purpose for which it is intended.
24. Hirers should respect the allocated timeslots by not entering the play area/court before the allotted timeslot and leaving immediately after the end of the allotted timeslot.
25. Court allocation is based on the availability of the courts.
26. Hirers are prohibited from assigning, subletting, or re-selling their booking of the ActiveSG Facility (or part thereof) without prior written consent. Any such infringement will render the booking void, and ActiveSG reserves the right to cancel the booking without prior notice, in which case the booking fee paid shall be forfeited. Onsite checks may be conducted, and hirers should be prepared to present their identification document and booking receipts.

### Safety and Security

27. Climbing or hanging on basketball rims is strictly prohibited.
28. Dunking is not allowed.
29. Pulling on nets is strictly prohibited.
30. Cycling, skating or rollerblading are not permitted within the facility, along common walkways, and at entrances, unless specifically authorised.
31. Any other activities that may endanger users or damage property is strictly prohibited and may result in you being removed from the premises.

#### In case of emergencies:

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