



SINGAPORE CANOE FEDERATION

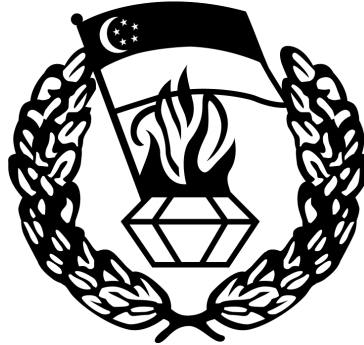
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SINGAPORE CANOE FEDERATION

in collaboration with ActiveSG Canoe Academy



GETACTIVE! SINGAPORE PESTA SUKAN 2025 CANOE SPRINT & PARACANOE

2 – 3 Aug 2025 (Sat - Sun)
Sports Hub Water Sports Centre @ Marina Reservoir

Rules & Regulations

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Version 3
5 May 2025

1. Objectives

1.1. Pesta Sukan aims to provide opportunity for sportsmen and women to get together in camaraderie to raise the standard of sports through friendly competition while celebrating our Nation's birthday.

1.2. Identification of talents in competitive sprint racing.

2. Competition Rules

All races in the 2025 Pesta Sukan Canoe Sprint & Paracanoe shall be held in accordance with these Rules and Regulations, the General Rules and Regulations for Pesta Sukan 2025 and the current version of the International Canoe Federation ("ICF") Canoe Sprint Competition Rules. The organisers reserve the right to modify these Rules and Regulations without prior notice.

3. Race Format

3.1 The list of events offered at the 2025 Pesta Sukan Canoe Sprint & Paracanoe are as follows:

S/N	Categories	Distance	Gender	Boat Type
1	Masters (35+)	2000M	Men	K1
2	Masters (45+)	2000M	Men	JK1/T1
3	Masters (45+)	2000M	Women	JK1/T1
4	Senior	2000M	Men	K1
5	Senior	2000M	Women	K1
6	Senior	2000M	Men	C1
7	Senior	2000M	Women	C1
8	Junior	2000M	Men	K1
9	Junior	2000M	Women	K1
10	Junior	2000M	Men	C1
11	Junior	2000M	Men	JK1/T1
12	Junior	2000M	Women	JK1/T1
13	U14	2000M	Men	K1
14	U14	2000M	Women	K1
15	U14	2000M	Men	JK1
16	U14	2000M	Women	JK1
17	U12	2000M	Boys	JK1
18	U12	2000M	Girls	JK1
19	Masters (35+)	200M	Men	K1
20	Masters (45+)	200M	Men	JK1/T1

21	Masters (45+)	200M	Women	JK1/T1
22	Open	200M	Men	K1
23	Open	200M	Women	K1
24	Open	200M	Men	C1
25	Open	200M	Women	C1
26	Open	200M	Mixed	C2
27	Open	200M	Mixed	K2
28	Open	200M	Mixed	K4
29	Open	200M	Paracanoe	Single
30	Senior	2000M	Men	SUP
31	Senior	2000M	Women	SUP
32	Junior	2000M	Men	SUP
33	Junior	2000M	Women	SUP
34	Open	200M	Men	SUP
35	Open	200M	Women	SUP

Masters (45+) – 45 years old and above; born in or before 1980.

Masters (35+) – 35 years old and above; born in or before 1990.

Open – 13 years old and above; born in or before 2012.

Senior – 19 years old and above; born in or before 2006.

Junior – 15 to 18 years old; born in 2010 to 2007.

U14 – 13 to 14 years old; born in 2012 or 2011.

U12 – 12 years old and below; born in or after 2013.

- 3.2 Depending on the number of entries, Heats, Semi-Finals and Finals C/B/A may be run.
- 3.3 Events with 3 or less entries may be combined, or cancelled and refunded.
- 3.4 If semis/finals cannot be conducted or rescheduled due to inclement weather, timings from the heats will be used to award the medals.
- 3.5 The Championships medals shall be awarded to 1st, 2nd and 3rd positions of every event with at least 4 entries.
- 3.6 Competitors are to refer to the online race schedule go.gov.sg/2025pscsp for the latest updates.

4. Registration

- 4.1 All entries except for SUP must be supported by at least an NROC L1 Canoe/Kayak Sprint Coach verifying ability to meet the Qualifying Entry Timing (QET).

The QETs are as follows: 2000m in 18 mins and 200m in 1 min 30 sec. The Organisers reserve the right to amend the QETs without giving prior notification or any reasons thereof.

- 4.2 The registration period is from 26 May 2025 to 4 Jul 2025.

- 4.3 Entry fees are based on a 'per paddler per event' basis, e.g. A K2 entry will be 2 paddlers x \$15 = \$30, based on \$15/pax/event.

Masters/Senior/Open: \$15/pax/event

Junior/U18/14/12: \$10/pax/event

Paracanoe: \$5/pax/event

- 4.4 There is no limit to the number of entries from each organisation or the number of events that each athlete can take part in.

- 4.5 **Team Managers' Meeting via Zoom will be announced at a later date.** Only Team Managers or appointed representatives from the Organisation or individual, are allowed to seek clarifications at the Zoom meeting.

5. Equipment

- 5.1 All equipment must comply with ICF rules and specifications where applicable, unless otherwise stated. "JK" boats must conform to the mini kayak design.

Boats	JK1	K1	K2	K4	C1	C2
Max. Length (cm)	430	520	650	1100	520	650
Min. Weight (kg)	11	12	18	30	14	20

- 5.2 Boat loan for Canoe Sprint may be arranged courtesy of ActiveSG Canoe Academy, subject to availability and acceptance of terms and conditions. Please clearly indicate your request in the entry form submission. Users are responsible for any repair or replacement costs due to damages.

- 5.3 SCF will further advise on boat loan arrangements for SUP.

- 5.4 Boat control is available at Sports Hub Water Sports Centre on the competition days. Teams may also approach the Paddle Lodge staff at MacRitchie Reservoir to borrow the boat weighing scale during operation hours.
- 5.5 Movement of equipment to Marina Reservoir may be done from **28 Jul 2025 (Mon) to 1 Aug 2025 (Fri) between 9am and 5pm. Any special request may be considered.** Please clearly indicate your requested date and time via email to event@scf.org.sg.
- 5.6 Equipment stored at the race site are at the owner's risk. The Organisers are not responsible for any loss or damage of equipment.
- 5.7 The Organisers reserve the right to select at random any boats for Boat Control.
- 5.8 There is no appeal of results possible for boats that have failed boat control.

6. Protest and Appeal

- 6.1 A protest for infringement during the race must be lodged by only the Team Manager or authorised representative as stated in the entry form of the Team, no later than **30 minutes** after the last of the competitors involved in the incident have completed the course.
- 6.2 All protests will be deliberated by the Competition Committee, whose decision shall be subjected to appeal only in accordance with these Rules and Regulations. In the absence of any appeal in accordance with these Rules and Regulations, the decision of the Competition Committee shall be final.
- 6.3 The decision arising from any protest shall be final and there shall be no appeal.
- 6.4 For all protests or appeals, Team Managers shall submit the protest form via email to event@scf.org.sg or hard copy to the Official Tent with a bank transfer fee of \$50 for individual events and \$100 for team events. The appeal / protest fee will be refunded only if the appeal or protest is upheld.

7. Instructions for Competitors

- 7.1 All competitors are to abide by safety rules and instructions at all times. Failure to do so may result in disqualification from the competition.
- 7.2 If an athlete/crew does not start, and has no valid reason approved by the Competition Committee, they will be disqualified for the remaining races of the competition (DNS).

- 7.3 Competitors moving to the start line must keep a minimum distance of 5 metres from the race course, and stop when the boats of the race in progress are passing by in the race course. Failure to do so may entail disqualification from the race.**
- 7.4 The lanes are marked with buoys or floats, competitors must pass in between the buoys corresponding to their lane. Boats that fail to keep to the central area of their lane may be disqualified. Paddling across other lanes can entail disqualification from the race.
- 7.5 Competitors must respect the space between the Finish Judge and the Finish line and must not pass between them at any time. Only competitors of the race are to pass the finish line during active race hours.
- 7.6 Any athlete who attempts to compete in a race by any other than honourable means or who breaks the racing rules, or who disregards the honourable nature of the racing rules will be penalised or disqualified from the race concerned (DSQ).
- 7.7 Whilst every reasonable precaution will be taken by the Organisers to ensure the participants' safety, participants agree to partake in this event at their own risk and the Organisers, their sponsors and their appointed officials shall not be liable for any death or injury, loss or damage, suffered or otherwise, howsoever arising.
- 7.8 Registration is an indication of the participants' agreement to abide by the Rules & Regulations of the 2025 Pesta Sukan Canoe Sprint & Paracanoe.
- 7.9 The Organisers reserve the right to delay the commencement of the competition in the event of inclement weather. Should the inclement weather persist after the delay, the Organisers reserve the right to cancel the competition without any refund of registration fees.
- 7.10 The Organisers reserve the right to use any photographs (including those of participants), motion pictures, recordings, or any other media records of the 2025 Pesta Sukan Canoe Sprint & Paracanoe for any legitimate purpose, including commercial advertising and publicity.

8. Additional Matters

The Organisers reserve the right to amend the Rules and Regulations without giving prior notification or any reasons thereof.

The Organisers shall deliberate and make the final decision for any matters not covered in this set of rules and regulations.

For enquiries, please email event@scf.org.sg and ActiveSG_Canoe@sport.gov.sg.



Annex A - Clarification on Rules

Clarification 1: Reference to Rule 3.2.11 of the ICF Canoe Sprint Competition Rules 2025, this means that an athlete is allowed to wear a watch so long it does not provide real time feedback to the athlete during a race.

3.2.11 - Any data recording devices must be placed in a position in or on a boat or paddle so that they are not visible to athletes during a race. No devices will be permitted that are capable of emitting sound or vibration signals. These devices must not be on a boat during post-race boat control.

Clarification 2: Reference to Rule 13.9.2.d of the ICF Canoe Sprint Competition Rules 2025, local adaptation of the rule is that athletes should endeavour to wear the same team uniform if applicable, but it is not a mandatory requirement.

13.9.2.d - Uniform and uniformity:

- Athletes must compete in team uniforms of the design and colours submitted with their nominal entries.*
- In a crew boat all athletes must compete in the same team uniform and, if under-shirts are worn, they must all be of the same colour.*
- In K2 and K4 all spray decks must be of the same colours. The front athlete in a K2 or K4 may compete without a spray deck.*