



PESTA SUKAN JUDO CHAMPIONSHIPS 2025

COMPETITION INFORMATION AND REGULATIONS (Children)

1. Event organizer

This event is organized by the SportSG / Singapore Judo Federation (SJF).

SJF is moving on the right track in the long-term development of Judo Pathway plans.

Children's Judo competitions are valuable for developing skills, building confidence, and fostering sportsmanship in a safe environment, while also providing a platform for kids to experience Judo sports. Sportsmanship and Respect: Judo emphasizes respect for opponents, coaches, and the sport itself. Competitions provide opportunities for children to learn and practice these values.

2. Competition Details

Date: (1st Day Competition
- Children)
Saturday, 2ndth August 2025

Venue: Delta Sports Hall
900 Tiong Bahru Rd, Singapore
158790

3. Eligibility

Participants must meet the following criteria: Children (Boys / Girls)

- Minimum grade of 2nd MON Grade (White Two Bar Belt)
- Minimum grade of 5th KYU Grade (Yellow Belt)
- Meet age requirements (Calendar Year).

Children (MON) - U10: min age 8 and 9 years old (Born in 2017 and 2016)

Children (MON) - U12: min age 10 and 11 years old (Born in 2015 and 2014)

Children (KYU) - U14: min age 12 and 13 years old (Born in 2013 and 2012)

For Athletes below 19 years old, parental consent is compulsory

Registered with SJF or National Judo Federation (proof required).

4. Competition regulations

The competition will be contested on 2 mat areas, in accordance with the 2024 International Judo Federation (IJF) Sports Rules and Regulations.

5. Judo Uniform

White uniform is compulsory (2024 IJF specifications).



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6. System of contest

- The matches will be contested in the 'League system' and/or the 'knock-out' system, with the quarterfinal (last 8) repechage and depending on the number of entries received.
- If there is only one (1) participant registered for the category, the organizer shall cancel the category.
 - If there are two (2) athletes it will be the best of two (2) contests and if the wins are equal (1-1), a third contest will decide.

7. Contest times

Match duration for the respective divisions shall be:

DURATION OF CONTEST

AGE GROUP	Boy Time:	Girl Time:	Golden Score Limit:
CHILDREN - U14 (12 yrs - 13yrs)	3 minutes	3 minutes	2 mins
CHILDREN - U12 (10 yrs - 11 yrs)	2 minutes	2 minutes	1 min
CHILDREN - U10 (8 yrs – 9 yrs)	2 minutes	2 minutes	1 min

Scoring system will apply. In the event of a draw, the Golden Score rule will apply, and the match will continue until one winner is declared.

The Modified rules with additional safeguards and educational aspects will be add in this competition. The “Golden score” limit with 1or 2 minutes time, will call for “Hantei” by referees.

8. Competition Rules for Children

The following competition rules will apply:

- **U14 / U12 / U10 Category (Boys / Girls):**

Both Shime-Waza (Chokes / Strangulations), Tomoe-Nage (Stomach Throws), Maki-Komi (Winding Throws) and Kansetsu-Waza (Arm Locks) are not allowed to execute. Judokas who applied the above techniques mentioned will be given “Hansoku make” (immediate disqualification) by the referees.

--- Judokas (Tori) are not allowed to execute diving technique and Judokas who failed to comply will be given “Hansoku make” (immediate disqualification) by the referees.

--- Leg grab techniques mentioned in the IJF rules 2024 are not allowed. Judokas found using the technique will be penalized with “Shido” and subsequent penalties will be enforced by the referees.



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--- The use of any series “Sankaku Gatame or Jime” (Triangular neck /arm lock) is also not allowed to be executed by all Judokas. The referees will stop the bout immediately when a Judoka is found to be using this technique, however, no penalty will be issued.

--- Judo movements where Judokas (Tori) landed directly onto the mat on their knee(s) is not allowed. Judokas who execute such movements will be issued “Shido” for the first instance and repeating this move would lead to “Hansoku make” (immediate disqualification)

***NOT ALLOW- CHOCKs /ARMBARs/ DROP KNEEs/ MAKEKOMIs**

9. Participation Fees for Pesta Sukan competition

- Participant fees: SGD \$10.00 per participant

SJF - Note for Payment Mode:

1. **Cheque** only. All cheque payment to be made in favour of "**Singapore Judo Federation.**"
2. Payment by fund transfer to **Standard Chartered Bank account number: 12-0-830381-0**
(Kindly provide transaction details and screenshot the receipt to SJF email)
3. Payment via **PayNow by UEN: S65SS0037A**
(Kindly provide transaction details and screenshot the receipt to SJF email)
4. Please email the payment confirmation and amount to Treasurer@sjf.sg and singaporejudofederation@gmail.com and sjfcompetition@gmail.com

- Please indicate a payment code: "PSJC25 - Club Name (e.g. Club name - SJC or NUS)
Payment to be made before the start of the competition **by July 14th, 2025.**

10. Age limit and waiver

- Clubs / Schools must ensure participants meet the age requirements.
- Participation waiver / indemnity shall be the responsibility of the clubs / schools.
- Participants are advised to have insurance coverage (including 3rd party liability).
- SJF shall not be responsible for incidents arising from this event.



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10. Registration and Payment

- No limit of number per category.
- An athlete may only be registered in (1) division / category.
- Individual entries will not be accepted.
- Club Representatives are to email the entry form only.
- Registration closes at 2200hrs on 6th July 2025 (Sunday).
- No refunds will be entertained due to cancellation or withdraw from club/school.
- Draw of bouts will be 18th July 2025 (Friday) 2000hrs at SJF office .
- Submitting of the relevant documents will be handled via emails, no hardcopy is needed

11. Championship schedule (Tentative)

Activity	Timing
Registration + Weigh-in	0830 - 0900
Warm-up	0915 - 0930
Competition Commences	1000 - 1800
Medal Presentation	1800 - 1830

12. Weigh in

Weigh in will be held at the venue indicated in the schedule, current IJF regulations will apply. No allowance will be given.

- a. Girls are to be in shorts and round neck T-shirts
- b. Boys are to wear only shorts

Participants who are not present at call time will be disqualified.

*Players who are underweight or overweight will be automatically disqualified from his or her event.

14.Prizes and awards

There will be 3 or 4 medals for each individual category: 1st, 2nd and 3rd or joint 3rd will be awarded. Athletes must attend the medal ceremony with their white judo uniform.

15.Medical Coverage

Immediate first aid will be provided on site. An ambulance will be available to transport athletes requiring further attention to the nearest medical facility (treatment at own cost).



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16. Divisions and Weight Categories

Children Categories	Boys U14 yrs	Boys U12 yrs	Boys U10 yrs
Feather	-46kg	-34kg	-24kg
Extra Light	-50kg	-38kg	-28kg
Half-Light	-55kg	-42kg	-32kg
Light	-60kg	-46kg	-36kg
Half-Middle	-66kg	-50kg	-40kg
Middle	-73kg	-55kg	-44kg
Half-Heavy	-81kg	+55kg	+44kg
Heavy	+81kg		

Children Categories	Girls U14 yrs	Girls U12 yrs	Girls U10 yrs
Feather	-36kg	-28kg	-20kg
Extra Light	-40kg	-32kg	-24kg
Half-Light	-44kg	-36kg	-28kg
Light	-48kg	-40kg	-32kg
Half-Middle	-52kg	-44kg	-36kg
Middle	-57kg	-48kg	-40kg
Half-Heavy	-63kg	+48kg	+40kg
Heavy	+63kg		

Coaches and managers must be attired in collared tees/shirt, slacks and covered shoes to accompany their athlete at the mat (for matches).



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17. Amendments & Addendums

The organizing committee reserves the rights to add, delete, or amend the championship instructions without notice, to ensure the safe and successful conclusion of the championship.

We look forward to your support and participation. See you at the championship.

Warmest Regards

Sports Director
Singapore Judo Federation



PESTA SUKAN JUNIOR JUDO CHAMPIONSHIP 2025

Medals indent: Divisions and Weight Categories

Categories	BOY - kg U14/U12/U10	G	S	B	B
Feather	-46kg/-34kg/-24kg	1/1/1	1/1/1	1/1/1	1/1/1
Extra Light	-50kg/-38kg/-28kg	1/1/1	1/1/1	1/1/1	1/1/1
Half-Light	-55kg/-42kg/-32kg	1/1/1	1/1/1	1/1/1	1/1/1
Light	-60kg/-46kg/-36kg	1/1/1	1/1/1	1/1/1	1/1/1
Half-Middle	-66kg/-50kg/-40kg	1/1/1	1/1/1	1/1/1	1/1/1
Middle	-73kg/-55kg/-44kg	1/1/1	1/1/1	1/1/1	1/1/1
Half-Heavy	-81kg/+55kg/+44kg	1/1/1	1/1/1	1/1/1	1/1/1
Heavy	+81kg/0kg/0kg	1/0/0	1/0/0	1/0/0	1/0/0
Total = 88		8/7/7	8/7/7	8/7/7	8/7/7

Categories	Girl – kg U14/U12/U10	G	S	B	B
Feather	-36kg/-28kg/-20kg	1/1/1	1/1/1	1/1/1	1/1/1
Extra Light	-40kg/-32kg/-24kg	1/1/1	1/1/1	1/1/1	1/1/1
Half-Light	-44kg/-36kg/-28kg	1/1/1	1/1/1	1/1/1	1/1/1
Light	-48kg/-40kg/-32kg	1/1/1	1/1/1	1/1/1	1/1/1
Half-Middle	-52kg/-44kg/-36kg	1/1/1	1/1/1	1/1/1	1/1/1
Middle	-57kg/-48kg/-40kg	1/1/1	1/1/1	1/1/1	1/1/1
Half-Heavy	-63kg/+48kg/+40kg	1/1/1	1/1/1	1/1/1	1/1/1
Heavy	+63kg/0kg/0kg	1/0/0	1/0/0	1/0/0	1/0/0
Total = 88		8/7/7	8/7/7	8/7/7	8/7/7

Boys - 88 medals

G - 22 / S - 22 / B - 22 / B - 22

Girls - 88 medals

G - 22 / S - 22 / B - 22 / B - 22

Medal Sample Description:

PESTA SUKAN
Judo Championships
Children Categories
U14 -36kg
2nd Aug 2025