



PESTA SUKAN JUDO CHAMPIONSHIPS 2025

COMPETITION INFORMATIONS & REGULATIONS

PESTA SUKAN (Senior Team) Judo Championship 2025

1. Event Organizer

This event is organized by SportSG/Singapore Judo Federation (SJF). We are also taking this opportunity to evaluate our infrastructural capabilities in preparation for the upcoming major competitions, and to identify potential athletes for regional participation and moving on the right track in our long-term development Judo plans. Judo is a sport suitable for everyone, regardless of physical and mental abilities. It allows a harmonious development of body and mind gradually. This championship is SJF Ranking event.

2. Date & Venue

Date	Venue
3rd Aug 2025 (Sunday) (2nd Day Competition)	Delta Sports Hall, 900 Tiong Bahru Road, Singapore 158790

3. Eligibility

Team Composition

This team event is open to affiliated clubs of SJF. Each club may submit two teams for Male and two teams for Female Division only. A team must consist of a minimum of 3 (three) athletes. Each team will consist of up to 5 (five) athletes (for Men as well as for Women) and may have up to 5 (five) reserves.

Participants must meet the following criteria:

- Minimum grade of **4th Kyu (Orange belt) and above.**
- All Team must register through their respective SJF affiliated school/club.
*All registrations must be endorsed by a certified coach (local).
- Athletes below 19 years old must have parental consent.**

4. Competition Regulations

The competition will be contested on 2 mat areas, in accordance with the 2024 International Judo Federation (IJF) Sports Rules and Regulations.

5. Judo Uniform

White and Blue judo uniforms are recommended.



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6. Contest Times

Match duration for the Team shall be:

Match	Duration
Senior (Men & Women) Individual Team	4 minutes

7. System of Contest

The matches will be contested in the 'League system' and/or the 'knock-out' system, depending on the number of entries received. If there is only one Team for Men (1) and Women (1), registered for the event, the organizer shall cancel the event.

The International Judo Federation (IJF) scoring system will apply. In the event of a draw, the Golden Score rule will apply, and the match will continue until one winner is declared.

Team Contest rules

- a. During the contests the non-competing athletes must stay within a marked area on the contest area behind the coaches' chair. Reserve athletes must not enter the contest area.
- b. Before each match the Team Manager or Captain must present to the event organizer the team line-up and they have the right to replace one or several athletes by other athletes of the corresponding weight category. If the team has no athlete in a category, they should select the "No Competitor" option.
- c. A minimum of three (3) athletes MUST be on the team line-up list.
- d. All competitors presented for the team match at the official bow on the mat must compete. If one competitor does not compete in their contest the team will lose by disqualification.
- e. If one team does not arrive for a match, the other team will be declared the winner by 5-0.
- f. The number of contests won will decide the winning team. We stop a match when a team has reached 3 wins.
- g. If for any reason there is an equal number of wins and an equal number of score points, a draw will be made, and one couple will refight a golden score contest where the first score or penalty of any kind decides the winning team.

Before each match the team leader must select the athletes for each contest. From the maximum of two (2) athletes inscribed in each category they can select one (1). If the team has the possibility to put an inscribed athlete in a category, they must do so. An athlete cannot be rested for one (1) match and return for the next match.



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Team Contest tolerance

If the team event is same day as an individual competition, the following rules apply:

- Athletes competing on the 2nd day of the individual event, who are registered in the team categories, do not need to weigh in for the Individual teams.
- All athletes in the team categories **MUST** weigh in. A +5% weight tolerance will be given for athletes who competed in the 1st day individual event competition (they must have passed the weigh-in for the individual competition).

NO tolerance for athletes who are only inscribed for the Individual team competition or who did not inscribe any of the preceding Individual event competition.

Coaches and managers must be attired in collared tees/shirt, slacks and covered shoes to accompany their athlete at the mat (for matches).



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8. Divisions and Weight Categories

Individual Team Event (M & W)

Each team shall comprise of **5 athletes** within the stipulated weight, from lightest to heaviest. **There will be no weight allowance.**

SENIOR (Age Min 15 & above)	Half Light Weight	Light weight	Half Middle Weight	Middle Weight	Half Heavy Weight
Team					
Male	-66 kg	-73 kg	-81 kg	-90 kg	+90kg
Female	-52 kg	-57 kg	-63 kg	-70 kg	+70kg

9. Waiver and Indemnity

Competitors participate at their own risk and are advised to have the necessary insurance coverage (including 3rd party liability). The organizer, and volunteers will not be responsible for any incident which may occur during the event. Waivers / indemnity shall be the responsibility of the participating club.

10. Participation Fees Team – SGD75.00 per team

SJF - Note for Payment Mode:

- Payment by Cheque only to be made in favour of "**Singapore Judo Federation**"
- Payment by **fund transfer to Standard Chartered Bank account number: 120-830381-0** (Kindly provide transaction details and screenshot the receipt email to SJF)
- Payment via **PayNow by UEN: S65SS0037A** (Kindly provide transaction details and screenshot the receipt email to SJF)
- Please email the payment confirmation, details, screenshot and amount to both :
 - to Treasurer@sjf.sg **Attn. Mr David Kong**
 - to singaporejudofederation@gmail.com **Attn. Mr. Dale Aiden Le Tian, Admin Manager, SJF**
 - to sjfcompetition@gmail.com **Attn: Sports Director**

11. Please indicate a payment code: "PSJC25 - Club Name

(e.g. Club name- SJC or NUS)

12. Payment to be made before the start of the competition by July 14th, 2025.



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13. Age Limit and Waiver

- a. Clubs must ensure participants meet the age requirements. This is a senior event.
- b. Participation waiver / indemnity shall be the responsibility of the clubs.
- c. SJF shall not be responsible for incidents arising from this event.

14. Registration and Payment

- a. An athlete may only be registered in one Team division.
- b. For the Team event, two teams are allowed (Male and Female) for each club.
- c. Registration closes **at 2200h on 6th July 2025 (Sunday)**.
- d. No refunds will be entertained due to cancellation or no show.
- e. Draw of the Bouts will be **on 18th July 2025 (Friday) at 2000h at SJF office.**

15. Championship Schedule

Activity	Timing
Reporting & Official Weigh-In	1300 - 1330
Warm-up	1345 - 1400
Commences / End Competition	1400 - 1700

16. Weigh-In

Weigh-in will be held at the venue indicated in the schedule, current IJF regulations will apply. No allowance will be given.

- a. Females are to be in shorts and round neck T-shirts
- b. While Male are to wear only shorts.

Participants who are not present at call time will be disqualified.

Team Weigh-in

- a. The athlete must be within the weight limits of a category in which they are inscribed.
- b. There is NO tolerance for athletes who are only inscribed for the team competition.
- c. Before the start of the official weigh-in the coach can update the team list.
- d. The contests in the team match will be fought from the lightest weight to the highest weight.
- e. During the competition, each athlete is entitled to compete in their own weight category on the submission Team list.



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17. Prizes and awards

Individual Team Event- Men and Women

There will be 5 medals for each Team category: 1st (5 medals), 2nd (5 Medals) & 3rd (5 medals) and for the reserves there will be 5 Reserve medals. Athletes must attend the medal ceremony with their white judogi.

18. Medical Coverage

Immediate first aid will be provided on site. An ambulance will be available to transport athletes requiring further attention to the nearest medical facility (treatment at own cost).

19. Amendments & Addendums

The organizing committee reserves the rights to add, delete, or amend the championship instructions without notice, to ensure the safe and successful conclusion of the championship.

We look forward to your support and participation. See you at the championship!

Warmest Regards,

**Sports Director
Singapore Judo Federation**



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Medal indent purpose: For Team (Individual) M & W Championships

Divisions and Weight Categories

Categories	Men Team	G	S	B
Half-Light	66 kg and under	1/1	1/1	1/1
Light	73 kg and under	1/1	1/1	1/1
Half-Middle	81 kg and under	1/1	1/1	1/1
Middle	90 kg and under	1/1	1/1	1/1
Heavy	Over 90 kg	1/1	1/1	1/1

Total: 15 Medals 10 10 10
15 Reserves Medals

Categories	Women Team	G	S	B
Half-Light	52 kg and under	1/1	1/1	1/1
Light	57kg and under	1/1	1/1	1/1
Half-Middle	63 kg and under	1/1	1/1	1/1
Middle	70 kg and under	1/1	1/1	1/1
Heavy	Over 78 kg	1/1	1/1	1/1

Total: 15 Medals 10 10 10
15 Reserves Medals

Men - 30 medals G - 10 / S - 10 / B - 10

Women - 30 medals G - 10 / S - 10 / B - 10/

Medal Sample Description:

**PESTA SUKAN
Judo Championships
Team Event (Men)
Gold
3rd Aug 2025**