



PESTA SUKAN JUDO CHAMPIONSHIPS 2025

COMPETITION INFORMATIONS & REGULATIONS

PESTA SUKAN (Individual) Senior Judo Championship) 2025

1. Event organizer

This event is organized by SportSG/Singapore Judo Federation (SJF). We are also taking this opportunity to evaluate our infrastructural capabilities in preparation for the upcoming major competitions, and to identify potential athletes for regional participation and moving on the right track in our long-term development Judo plans.

Physical and Mental Benefits: Judo is a physically demanding sport that promotes fitness, agility, and balance, while also improving concentration and mental focus.

Confidence Building: Participating in competitions, even if they don't win, can boost a them self-esteem and resilience by exposing them to challenges and teaching them to persevere. This championship is SJF Ranking event.

2. Date & Venue

Date	Venue
3rd August 2025, Sunday (2nd Day Competition)	Delta Sports Hall, 900 Tiong Bahru Road, Singapore 158790

3. Eligibility

- a. Participants must meet the following criteria:
 - i. Minimum grade of 4th Kyu (Orange belt) above.
 - ii. All participants must register through their respective SJF affiliated school/club or National Judo Federation (proof required).
*All registrations must be endorsed by a certified coach (local) / club convener / national federation.
 - iii. Individual Divisions and Weight Categories (**Athletes below 19 years must have parental consent**).

4. Competition Regulations

The competition will be contested on 2 mat areas, in accordance with the 2024 International Judo Federation (IJF) Sports Rules and Regulations.



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5. Judo Uniform

White and Blue judo uniforms are compulsory (2024 IJF specifications).

6. Contest Real Times

Match duration for the respective divisions shall be:

Senior Men (Individual)	Duration: 4 minutes
Senior Women (Individual)	4 minutes

7. System of Contest

The matches will be contested in the 'League system' and/or the 'knock-out' system, with the quarterfinal (last 8) repechage and depending on the number of entries received.

- If there is only one (1) participant registered for the category, the organizer shall cancel the category.
- If there are two (2) athletes it will be the best of two (2) contests and if the wins are equal (1-1), a third contest will decide.

The International Judo Federation (IJF) scoring system will apply. In the event of a draw, the Golden Score rule will apply, and the match will continue until one winner is declared.

8. Participation Fees for Pesta Sukan Competition: SGD 15.00 per participant

SJF - Note for Payment Mode:

- a. Payment by Cheque only to be made in favour of "Singapore Judo Federation"
- b. Payment by fund transfer to Standard Chartered Bank account number: 120- 830381-0 (Kindly provide transaction details and screenshot the receipt email to SJF)
- c. Payment via PayNow by UEN: S65SS0037A (Kindly provide transaction details and screenshot the receipt email to SJF)
- d. Please email the payment confirmation, details, screenshot and amount to :
 - i. to Treasurer@sjf.sg Attn. Mr David Kong
 - ii. to singaporejudofederation@gmail.com Attn. Mr. Dale Aiden Le Tian, Admin Mgr, SJF
 - iii. to sjfcompetition@gmail.com Attn: Sports Director

Please indicate a payment code: "PSJC25 - Club Name (e.g. Club name - SJC or NUS)

Payment to be made before the start of the competition by July 14th, 2025.

9. Age Limit and Waiver

- a. Clubs / Federations must ensure participants meet the competition requirements
- b. Participation waiver / indemnity shall be the responsibility of the clubs / federations.
- c. Participants are advised to have insurance coverage (including 3rd party liability).
- d. SJF shall not be responsible for incidents arising from this event.



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10. Registration and Payment

- a. No limit of number per category.
- b. An athlete may only be registered in (1) division / category.
- c. Individual entries will not be accepted. Club Representatives are to email the entry form only.
- d. Registration closes at **2200h on 6th July 2025 (Sunday)**.
- e. No refunds will be entertained due to cancellation or no show from club.
- f. Draw of the Bouts will be on **18th July 2025 (Friday) 2000hr at SJF office**.
- g. Submitting of the relevant documents will be handled via email, no hardcopy is needed.

11. Championship Schedule (Tentative)

Activity	Timing
Registration & Weigh-In	0830 - 0900
Warm-up	0915 - 0930
Competition Commences	1000 - 1300
Medal Presentation	1300 - 1330

12. Weigh-In

Weigh-in will be held at the venue indicated in the schedule, current IJF regulations will apply. No allowance will be given.

- a. Females are to be in shorts and round neck T-shirts
- b. While Male are to wear only shorts.

Participants who are not present at call time will be disqualified.

13. Prizes and awards

There will be 3 or 4 medals for each individual category: 1st, 2nd and 3rd or joint 3rd will be awarded. Athletes must attend the medal ceremony with their white judo uniform.

14. Medical Coverage

Immediate first aid will be provided on site. An ambulance will be available to transport athletes requiring further attention to the nearest medical facility (treatment at own cost).



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15. Divisions and Weight Categories

SENIOR MEN (INDIVIDUAL)
Over 50 kg up to and including 55 kg (-55 kg)
Over 55 kg up to and including 60 kg (-60 kg)
Over 60 kg up to and including 66 kg (-66 kg)
Over 66 kg up to and including 73 kg (-73 kg)
Over 73 kg up to and including 81 kg (-81 kg)
Over 81 kg up to and including 90 kg (-90 kg)
Over 90 kg up to and including 100kg (-100 kg)
Over 100 kg (+100 kg)

SENIOR WOMEN (INDIVIDUAL)
Over 40 kg up to and including 44 kg (-44 kg)
Over 44 kg up to and including 48 kg (-48 kg)
Over 48 kg up to and including 52 kg (-52 kg)
Over 52 kg up to and including 57 kg (-57 kg)
Over 57 kg up to and including 63 kg (-63 kg)
Over 63 kg up to and including 70 kg (-70 kg)
Over 70 kg up to and including 78 kg (-78 kg)
Over 78 kg (+78 kg)

Coaches and managers must be attired in collared tees/shirt, slacks and covered shoes to accompany their athlete at the mat (for matches).

16. Amendments & Addendums

The organizing committee reserves the rights to add, delete, or amend the championship instructions without notice, to ensure the safe and successful conclusion of the championship.

We look forward to your support and participation. See you at the championship!

Warmest Regards,

Sports Director
Singapore Judo Federation



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Medals indent : Divisions and Weight Categories

Categories	SENIOR MEN (Individual)	G	S	B	B
Feather	55 kg and under	1	1	1	1
Extra Light	60 kg and under	1	1	1	1
Half-Light	66 kg and under	1	1	1	1
Light	73 kg and under	1	1	1	1
Half-Middle	81 kg and under	1	1	1	1
Middle	90 kg and under	1	1	1	1
Half-Heavy	100 kg and under	1	1	1	1
Heavy	Over 100 kg	1	1	1	1
Total = 32		8	8	8	8

Categories	SENIOR Women (Individual)	G	S	B	B
Feather	44 kg and under	1	1	1	1
Extra Light	48 kg and under	1	1	1	1
Half-Light	52 kg and under	1	1	1	1
Light	57kg and under	1	1	1	1
Half-Middle	63 kg and under	1	1	1	1
Middle	70 kg and under	1	1	1	1
Half-Heavy	78 kg and under	1	1	1	1
Heavy	Over 78 kg	1	1	1	1
Total = 32		8	8	8	8

Men - 32 medals G - 8 / S - 8 / B - 8 / B - 8

Women - 32 medals G - 8 / S - 8 / B - 8 / B - 8

Medal Sample Description:

PESTA SUKAN
Judo Championships
Senior (Individual) Categories
Women under 44 kg
3rd Aug 2025



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