

**PESTA SUKAN 2026**  
**COMPETITION RULES & REGULATION - ARTISTIC SWIMMING**

**Venue:** Our Tampines Hub  
**Date:** 11 July 2026 (Saturday)  
**Time:** 1pm – 6pm (TBC)

**1. Rules**

- 1.1 Guided by the Rules and Regulations as directed by the Singapore Aquatics and in accordance with the Rules and By-laws of the World Aquatics Rules & Regulations (2021 – 2025), where applicable.
- 1.2 Governed by General Rules and Regulations.

**2. Pesta Sukan 2026 Age Group Categories & Eligibility**

- 2.1 Age is computed in accordance with the year of birth.

S/No	Age Group	Clarification
1	Youth 7 Yrs to 10 Yrs	Born between 2016 to 2019
2	Youth 11 Yrs to 12 Yrs	Born between 2014 to 2015
3	Youth 13 Yrs to 15 Yrs	Born between 2013 to 2011
4	Junior 16 Yrs to 20 Yrs	Born between 2006 to 2010
5	Adult 21 Yrs and Above	Born 2005 or earlier

- 2.2 The Teams can be from:
  - 2.2.1 Community Sports Clubs
  - 2.2.2 Swimming Clubs affiliated to Singapore Aquatics
  - 2.2.3 Primary or Secondary School Artistic Swim Teams
  - 2.2.4 Artistic Swimming Teams from ITE, Polytechnics and Universities
  - 2.3.5 Artistic Swimming Schools run by swimming instructors
  - 2.3.6 Members of public forming their own group
- 2.3 Singapore Citizen, Permanent Residents and Foreigners residing in Singapore are eligible to participate.
- 2.4 National Artistic Swimming Development Squads athletes that has been selected for the 12<sup>th</sup> Asian Age Group Championships 2026 are not allowed to participate

### 3 Team Composition

3.1 At least 70% ratio of Singaporean (PR inclusive) versus Foreigners in the overall team composition (except on the international competition, if any)

For all Team categories, each team must comprise of at least 70% Singapore Citizens or permanent residents.

The foreigner quota will be based on the total registered participants within the team. Refer to the table breakdown below:

Total Participants No.	Singaporean / PR	Foreigner with Valid passess
30	21	9
29	21	8
28	20	8
27	19	8
26	19	7
25	18	7
24	17	7
23	17	6
22	16	6
21	15	6
20	14	6
19	14	5
18	13	5
17	12	5
16	12	4
15	11	4
14	10	4
13	10	3
12	9	3
11	8	3
10	7	3
9	7	2
8	6	2
7	5	2
6	5	1
5	4	1
4	3	1
3	2	1
2	1	1

**4 Pesta Sukan 2026 Registration**

- 4.1 All Participants are required to register and make payment for the entry fees by event at the below link **2 June, 12pm.** Registration with ActiveSG membership is mandatory to complete the payment transaction. <https://www.activesgcircle.gov.sg/getactive-singapore/pesta-sukan/sport/artistic-swimming>
- 4.2 Each registered event will require 1 Entry Form submission, for those participating in 2 events, will require to complete 2 times. Entry forms will be emailed across to coaches upon pre-registration on 1 or 2 June and coaches are to submit final entry form by **11 June, 12pm** to [asevents.sg@gmail.com](mailto:asevents.sg@gmail.com)
- 4.3 Participants registering in the Duet Free, Mixed Duet Free & Mixed Team Free events are to submit music (mp3 format only) by **2 July, 12pm** to [asevents.sg@gmail.com](mailto:asevents.sg@gmail.com)
  - 3.4.2 Eg. Format the music as follows: **“PestaSukan\_Team\_13-15\_TEAMNAME”**
- 4.4 Participants are to participate in their respective Age Group, except may “swim up” in older age group categories for team events.
- 4.5 The number of athletes in Team events may be four to eight (4-8).
- 4.6 No reserves are allowed for duet/ mixed duet & team events.
- 4.7 One half (0.5) point penalty shall be deducted from the total score for each member less than eight (8).
- 4.8 Each female can only take part in **either** the Duet Free or Mixed Duet Free

**5. Events**

**5.1 Events Programme:**

Events (Routine time)	Youth			Junior	Adult
	7-10yrs	11 - 12yrs	13-15 yrs	16 - 20 yrs	21 yrs and above
	Routines				
Mixed Duet Free (1min 30sec)	✓	✓	✓	✓	✓
Duet Free (1min 30sec)	✓	✓	✓	✓	✓
Mixed Team Free (2min)	✓	✓	✓	✓	✓

**5.2 Event Schedules (TBC):**

<b>11<sup>th</sup> July, Saturday (am)</b>	
Music Practise	All categories
<b>11<sup>th</sup> July, Sat (pm)</b>	
Mixed Duet Free, Duet Free, Team Free	All categories

## 6. Competition Format

- 6.1 The Competition will be run in the multi-Purpose Pool.
- 6.2 The competition will be based on 100% on free routine scores.
- 6.3 All events are direct final.
- 6.4 No submission of coach card and restriction on number of hybrids and acrobatic
- 6.5 Time limits:
- Music routine allowance of +/- 10 seconds
  - Walk on – 30 seconds
  - Maximum deck time – 10 seconds
- 6.6 Swimmers with routines using current World Aquatics Rules & Regulations 2021-2025 can participate, so long follow the routine time set up for this competition in 4.1. However, routines will be evaluated by panel of judges based on
- Execution (EXEC) – 30%
  - Artistic Impressions (AI) - 40%
  - Difficulty (DIFF) – 30%

## 7. Entries & Fees

- 7.1 Final entry form closing date: **11 June (Thu), 12pm**
- 7.2 Entry Fees for Events:

	Youth			Junior	Adult
	7-10yrs	11 - 12yrs	13-15 yrs	16 - 20 yrs	21 yrs and above
	Routines				
Mixed Duet Free (1min 30sec)	\$20	\$20	\$20	\$30	\$30
Duet Free (1min 30sec)	\$20	\$20	\$20	\$30	\$30
Mixed Team Free (2min)	\$40	\$40	\$40	\$60	\$60

## 8. Viability of Events

- 8.1 Minimum of 4 duet / teams is required for the event to proceed. If there are only 3 duet / teams for the event, 'minus 1 rule' applies. i.e. only 1<sup>st</sup> and 2<sup>nd</sup> will be awarded for medal.

## 9. Awarding of Medals

- 9.1 If there is a tie in any of the top 3 positions, the medals will be awarded, in accordance with as follows:
- 9.1.1 In the case of two (2) equal score:
- For 1<sup>st</sup> position: 2 Golds, no Silver, 1 Bronze
  - For 2<sup>nd</sup> position: 1 Gold, 2 Silvers, no Bronze
  - For 3<sup>rd</sup> position: 1 Gold, 1 Silver, 2 Bronzes
- 9.1.2 In the case of three (3) equal score:
- For 1<sup>st</sup> position: 3 Golds, no Silver, 1 Bronze
  - For 2<sup>nd</sup> position: 1 Gold, 3 Silvers, no Bronze
  - For 3<sup>rd</sup> position: 1 Gold, 1 Silver, 3 Bronzes

## 10. DNS and Withdrawals for Pesta Sukan Swimming 2026

- 10.1 During competition, any participant who fails to report for the event will be considered as Did Not Show (DNS). A participant, having entered the venue, is also considered as DNS if he/she fails to be at the calling room.

## 11. Swimwear

- 11.1 Participants for Artistic Swimming Duet Free / Mixed Duet / Mixed Team Free Routine, swimmers can wear the artistic swimming costume they wish to with the hair gel as regulated during a Singapore Aquatics routine competition.

## 12. Protest

- 12.1 Protests are possible:
- a. if the rules and regulations for the conduct of the competition are not observed,
  - b. if other conditions endanger the competitions and/or competitors, or
  - c. against decisions of the referee, however, no protest shall be allowed against decisions of fact.
- 12.2 All protests shall be considered by the Meet Referee.
- 12.3 If conditions causing a potential protest are noted prior to the competition, a protest must be lodged before the signal to start the race is given.
- 12.4 Protests must be submitted in accordance with the following:
- a. In writing, with the supporting facts
  - b. With a deposit of **S\$100.00** enclosed
  - c. Submitted to the Meet Referee by Affiliate Team Leader. No proxies will be entertained.
  - d. Submitted within thirty (30) minutes following the conclusion of the respective event
- 12.5 If the Meet Referee rejects the protest, he/she must state the reasons for his decision. The Team Leader may then appeal the rejection to the Jury of Appeal, whose decision shall be final.
- 12.6 If the protest is not upheld, the deposit shall be forfeited.
- 12.7 The Organizer's decision to protest shall be final.

## 13. Rules & Regulations

- 13.1 The Rules and Regulations as depicted above are current at the time of printing or posting on Pesta Sukan 2026 website. The Organiser reserves the right to add, delete and/or vary the said rules and regulations at any time as it deems fit.
- 13.2 Any amendments to the Rules & Regulations will be posted on Pesta Sukan 2026 website.
- 13.3 Any registered team that does something that causes a disqualification of the entire team during the Competition shall be fined SGD 200.00

#### 14. Team Leaders Meeting / Briefing

- 14.1 Team Managers Meeting / Briefing will be conducted online via Zoom on **9 July 2026, 10am (Thu)**. Link will be shared with participants nearer to date.
- 14.2 **Coaches who wish to apply for an accreditation pass to be on deck during Pesta Sukan must be a valid NROC Member or Provisional.** Clubs / Schools are required to send in the names of their coaches and team managers (min age of 18 years old based on DOB) on the registration portal for organizer (pending verification from organizer) to secure a pass. Remarks: The team manager pass will only be allowed in the back of house, and not on deck. Deadline for submission of accreditation request is **11 June 2026 (Thu), 12pm** to [asevents.sg@gmail.com](mailto:asevents.sg@gmail.com)

#### 15. Summary for deadlines

##### **12pm, 2 June 2026 (Mon)**

- Registration via ActiveSG portal and make payment

##### **12pm, 11 June 2026 (Thu)**

- Submission of Entry Form
- Submission of accreditation request

##### **12pm, 2 July 2026 (Thu)**

- Submission of music in mp3 format  
**(Format the music as follows: "*PestaSukan\_Team\_13-15\_TEAMNAME*")**