

PESTA SUKAN ATHLETICS 2026

PESTA SUKAN ATHLETICS 2026															
					Track				Field						
No.	Day	Date	Time	Venue	Event	Category	Status	Pax	Event	Category	Status	Pax			
1	Saturday	25-Jul	9:00am	Home of Athletics						Shot Put	Women Open	Final			
			9:00am							Shot Put	Women U20	Final			
			9:00am		100m	Girls U15	Heats		Javelin	Women Masters (35 - 70+)	Final				
			9:20am		100m	Girls U18	Heats								
			9:40am		100m	Women U20	Heats		Long Jump	Girls U13	Final				
			10:00am		100m	Women Open	Heats								
			10:20am		100m	Women Masters (35 - 70+)	Timed Finals								
			10:40am		100m	Men Masters (35 - 70+)	Timed Finals								
			11:00am		100m	Boys U15	Heats		Javelin	Men Masters (35 - 70+)	Final				
			11:20am		100m	Boys U18	Heats								
			11.30AM							Long Jump	Boys U13	Final			
			11.50AM		Victory Ceremony										
			No.		Day	Date	Time	Venue	Event	Category	Status	Pax	Event	Category	Status
2	Saturday	25-Jul	2.00pm	Home of Athletics	100m	Men U20	Heats		Shot Put	Girls U15	Final				
			2.00pm							Shot Put	Girls U18	Final			
			2.20pm		100m	Men Open	Heats								
			2.30pm							Long Jump	Girls U11	Final			
			2.30pm							Long Jump	Boys U11	Final			
			2.45pm		60m	Girls U6	Final								
			2.55pm		60m	Boys U6	Final								
			3.05pm		60m	Girls U9	Final								
			3.15pm		60m	Boys U9	Final								
			3.30pm		400m	Girls U15	Heats		Javelin	Women U20	Final				
			3.30pm							Javelin	Women Open	Final			
			3.40pm		400m	Girls U18	Heats								
			3.55pm		400m	Women U20	Heats								
			4.10pm		400m	Women Open	Heats								
			4.25pm		400m	Boys U15	Heats								
			4.30pm\							Triple Jump	Boys U15	Final			
			4.30pm							Triple Jump	Boys U18	Final			
			4.50pm		400m	Boys U18	Heats								
			5.05pm		400m	Men U20	Heats								
			5.20pm		400m	Men Open	Heats								
			5.30pm		Victory Ceremony										

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					Track				Field						
No.	Day	Date	Time	Venue	Event	Category	Status		Event	Category	Status				
3	Sunday	26-Jul	8.30AM	Home of Athletics					Discus	Girls U15	Final				
			8.30AM		800m	Girls U15	Timed Finals		Discus	Girls U18	Final				
			8.30AM							Long Jump	Boys U15	Final			
			8.45AM		800m	Girls U18	Timed Finals								
			9.00AM								Pole Vault	Women U20	Final		
			9.00AM								Pole Vault	Women Open	Final		
			9.05AM		800m	Women U20	Timed Finals								
			9.15AM		800m	Women Open	Timed Finals								
			9.30AM		800m	Girls U11	Timed Finals								
			9.50AM		800m	Boys U11	Timed Finals								
			10.05AM		800m	Girls U13	Timed Finals								
			10.10AM									Discus	Boys U15	Final	
			10.10AM									Discus	Boys U18	Final	
			10.10AM		800m	Boys U13	Timed Finals					Long Jump	Girls U15	Final	
			10.20AM		800m	Boys U15	Timed Finals								
			10.30am												
			10.40AM		800m	Boys U18	Timed Finals								
			11.00AM		800m	Men U20	Timed Finals								
			11.10AM		800m	Men Open	Timed Finals								
			11.30AM		200m	Girls U15	Heats					Long Jump	Women Masters (35 - 65+)	Final	
			11.50AM		200m	Girls U18	Heats								
			12.10PM		200m	Women U20	Heats								
			12.20PM		200m	Women Open	Heats								
			12.20PM		Victory Ceremony										

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					Track				Field						
No.	Day	Date	Time	Venue	Event	Category	Status		Event	Category	Status				
4	Sunday	26-Jul	2.00pm	Home of Athletics					Discus	Women U20	Final				
			2.00pm						Discus	Women Open	Final				
			2.00pm						Triple Jump	Men U20	Final				
			2.00pm		200m	Boys U15	Heats		Triple Jump	Men Open	Final				
			2.10pm		200m	Boys U18	Heats								
			2.30pm						Pole Vault	Men U20	Final				
			2.30pm		200m	Men U20	Heats		Pole Vault	Men Open	Final				
			2.50pm		200m	Men Open	Heats								
			3.10pm		80m	Girls U11	Final								
			3.25pm		80m	Boys U11	Final								
			3.40pm		80m	Girls U13	Final								
			3.50pm		80m	Boys U13	Final								
			4.00pm												
			4.10pm												
			4.20pm												
			4.30pm						Triple Jump	Women U20	Final				
			4.30pm		400m	Women Masters (35 - 70+)	Timed Finals		Triple Jump	Women Open	Final				
			4.30pm						Discus	Men Open	Final				
			4.50pm		400m	Men Masters (35 - 70+)	Timed Finals								
			5.00pm		Victory Ceremony										
No.	Day	Date	Time	Venue	Event	Category	Status		Event	Category	Status				
5	Sunday	26-Jul	6.00pm	Home of Athletics											
			6.15pm		1500m Racewalk	Girls U15	Final								
			6.30pm		1500m Racewalk	Boys U15	Final	Long Jump	Girls U18	Final					
			6.45pm		1500m Racewalk	Girls U18	Final								
			7.00pm		1500m Racewalk	Boys U18	Final								
			7.15pm		1500m Racewalk	Women U20	Final								
			7.30pm		1500m Racewalk	Men U20	Final	Discus	Men U20	Final					
			7.45pm						Long Jump	Boys U18	Final				
			8.00pm		1500m Racewalk	Women Open	Final								
			8.15pm		1500m Racewalk	Men Open	Final								
			8.30pm		1500m Racewalk	Women Masters (35 - 70+)	Timed Finals								
			8.45pm		1500m Racewalk	Men Masters (35 - 70+)	Timed Finals								
			9.00pm		Victory Ceremony										

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				Track				Field							
No.	Day	Date	Time	Venue	Event	Category	Status	Event	Category	Status					
5	Saturday	1-Aug		Home of Athletics											
			9.00AM		100m	Girls U15	Final	Javelin	Girls U15	Final					
			9.00AM					Javelin	Girls U18	Final					
			9.00AM					Shot Put	Boys U18	Final					
			9.00AM					Shot Put	Boys U15	Final					
			9.05AM		100m	Girls U18	Final								
			9.10AM		100m	Women U20	Final								
			9.15AM		100m	Women Open	Final								
			9.20AM		100m	Women Corp.	Final								
			9.25AM		100m	Boys U15	Final								
			9.30AM		100m	Boys U18	Final					High Jump	Women U20	Final	
			9.35AM		100m	Men U20	Final					High Jump	Women Open	Final	
			9.40AM		100m	Men Open	Final								
			9.45AM		100m	Men Corp.	Final								
			10.10AM		400m	Girls U15	Final								
			10.15AM		400m	Girls U18	Final								
			10.20AM		400m	Women U20	Final								
			10.25AM		400m	Women Open	Final								
			10.30AM		400m	Boys U15	Final								
			10.35AM		400m	Boys U18	Final								
			10.40AM		400m	Men U20	Final								
			10.45AM		400m	Men Open	Final								
			11.00AM					Javelin	Boys U18	Final					
			11.00AM					Javelin	Boys U15	Final					
			11.00AM					Long Jump	Girls U6	Final					
			11.00AM					Long Jump	Boys U6	Final					
			11.10AM												
			11.20AM												
			11.30AM												
			12.00PM		Victory Ceremony										

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					Track				Field						
No.	Day	Date	Time	Venue	Event	Category	Status		Event	Category	Status				
6	Saturday	1-Aug	2.00pm	Home of Athletics					Triple Jump	Girls U15	Final				
			2.00pm						Triple Jump	Girls U18	Final				
			2.00pm							Turbo Javelin	Girls U13	Final			
			2.00pm		110m Hurdles	Men Open	Timed Finals		Turbo Javelin	Boys U13	Final				
			2.10pm		110m Hurdles	Men U20	Timed Finals								
			2.20PM		110m Hurdles	Boys U18	Timed Finals								
			2.30PM								High Jump	Girls U15	Final		
			2.30PM								High Jump	Girls U18	Final		
			2.40PM		100m Hurdles	Boys U15	Timed Finals								
			2.50PM		100m Hurdles	Women Open	Timed Finals								
			3.00PM		100m Hurdles	Women U20	Timed Finals				Turbo Javelin	Girls U11	Final		
			3.00PM								Turbo Javelin	Boys U11	Final		
			3.10PM		100m Hurdles	Girls U18	Timed Finals								
			3.20PM		80m Hurdles	Girls U15	Timed Finals								
			4.00PM		4x100m	Girls U15	Timed Finals				Shot Put	Men Para U15	Final		
											Shot Put	Women Para U15	Final		
			4.00PM		Victory Ceremony										
			4.20pm		4x100m	Girls U18	Timed Finals								
			4.30pm									Turbo Javelin	Boys U9	Final	
			4.30pm									Turbo Javelin	Girls U9	Final	
			4.40pm		4x100m	Women U20	Timed Finals								
			4.50pm												
			5.00PM		4x100m	Boys U15	Timed Finals					Long Jump	Girls U9	Final	
			5.00PM									Long Jump	Boys U9	Final	
5.20PM	4x100m	Boys U18	Timed Finals												
5.40PM	4x100m	Men U20	Timed Finals												
6.00PM	Victory Ceremony														
No.	Day	Date	Time	Venue	Event	Category	Status		Event	Category	Status				
6	Saturday	1-Aug	6.30pm	Home of Athletics					High Jump	Men U20	Final				
			6.30pm		4x100m	Women Open	Timed Finals		High Jump	Men Open	Final				
			7.00pm		4x100m	Men Open	Timed Finals		Javelin	Men U20	Final				
			7.00pm						Javelin	Men Open	Final				
			7.15pm		4x100m	Mixed Corp.	Timed Finals								
			7.30pm		4x100m	Women Masters	Timed Finals								
			7.45pm		4x100m	Men Masters	Timed Finals								
			8.00pm		Victory Ceremony										

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No.	Day	Date	Time	Venue	Event	Category	Status	Event	Category	Status	
7	Sunday	2-Aug		Home of Athletics							
			8.30AM		1500m	Para 1500m Men Open	Final				
			8.45AM		100m	Para Men U20/Open	Final				
			8.55AM		100m	Para Boys U18	Final				
			9.00AM					High Jump	Boys U18	Final	
			9.00AM					High Jump	Boys U15	Final	
			9.05AM		100m	Para Women U20/Open	Final				
			9.10AM		100m	Para Girls U18	Final				
			9.15AM		80m	Para Boys U15	Final				
			9.20AM		80m	Para Girls U15	Final				
			9.25AM		50m	Para Boys U13	Final				
			9.30AM		50m	Para Girls U13	Final	Pole Vault	Girls U15	Final	
			9.30AM					Pole Vault	Girls U18	Final	
			9.30AM					Long Jump	Para Boys U13	Final	
			9.30AM					Long Jump	Para Boys U15	Final	
			9.30AM					Long Jump	Para Men U20	Final	
			9.30AM					Long Jump	Para Men Open	Final	
			9.35AM		50m	Para Boys U11	Final				
			9.45AM		50m	Para Girls U11	Final				
			9.50AM		50m	Para Boys U9	Final				
			9.55AM		50m	Para Girls U9	Final				
			10.05AM		200m	Para Women U20/Open	Final				
			10.10AM		200m	Para Men U20/Open	Final				
			1015AM					Long Jump	Para Girls U9	Final	
			1015AM					Long Jump	Para Girls U11	Final	
			1015AM					Long Jump	Para Girls U13	Final	
			1015AM					Long Jump	Para Girls U15	Final	
			1015AM					Long Jump	Para Girls U18	Final	
			1015AM					Long Jump	Para Women U20	Final	
			10.20AM		200m	Girls U15	Final				
			10.25AM		200m	Girls U18	Final				
			10.30AM		200m	Women U20	Final				
			10.35AM		200m	Women Open	Final				

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					Track				Field						
No.	Day	Date	Time	Venue	Event	Category	Status		Event	Category	Status				
7	Sunday	2-Aug	10.40AM	Home of Athletics	200m	Boys U15	Final								
			10.45AM		200m	Boys U18	Final								
			10.50AM		200m	Men U20	Final								
			10.55AM		200m	Men Open	Final								
			11.00AM							Long Jump	Para Boys U9	Final			
			11.00AM								Long Jump	Para Boys U11	Final		
			11.00AM								Long Jump	Para Boys U18	Final		
			11.00AM		Victory Ceremony										
			11.05AM		400m	Para Men U20/Open	Final								
			11.10AM		400m	Para Women U20/Open	Final								
			11.25AM		400m Hurdles	Men Open	Timed Finals								
			11.35AM		400m Hurdles	Men U20	Timed Finals								
			11.45AM		400m Hurdles	Boys U18	Timed Finals								
			11.50AM		400m Hurdles	Women Open	Timed Finals				Turbo Javelin	Girls U6	Final		
			11.50AM								Turbo Javelin	Boys U6	Final		
			12.00AM		400m Hurdles	Women U20	Timed Finals								
			12.05AM		400m Hurdles	Girls U18	Timed Finals								
			12.15AM		200m Hurdles	Boys U15	Timed Finals								
			12.20PM		200m Hurdles	Girls U15	Timed Finals								
			12.30PM		Victory Ceremony										
8	Sunday	2-Aug	2.00PM	Home of Athletics					Long Jump	Men Open	Final				
			2.00PM						Long Jump	Men U20	Final				
			2.30PM		4x400m	Women Open	Timed Finals			Pole Vault	Boys U18	Final			
			2.30PM							Pole Vault	Boys U15	Final			
			3.00PM		4x400m	Men Open	Timed Finals								
			3.30PM		4x400m	Mixed Masters	Timed Finals								
			4.00PM		Victory Ceremony										
			4.00pm		Father & Child 100m +50m Relay	Mixed U6	Timed Finals				Long Jump	Women U20	Final		
			4.10pm		Mother & Child 100m +50m Relay	Mixed U6	Timed Finals				Long Jump	Women Open	Final		
			4.25PM		Father & Child 100m +50m Relay	Mixed U9	Timed Finals								
			4.35pm		Mother & Child 100m +50m Relay	Mixed U9	Timed Finals								
			4.50PM		Father & Child 100m +50m Relay	Mixed U11	Timed Finals								
			5.15PM		Mother & Child 100m +50m Relay	Mixed U11	Timed Finals								
			5.25PM		Father & Child 100m +50m Relay	Mixed U13	Timed Finals								
			5.35PM		Mother & Child 100m +50m Relay	Mixed U13	Timed Finals								
			5.45PM		Victory Ceremony										