

PESTA SUKAN 2026
COMPETITION RULES & REGULATION - BOWLING

1. Rules

1.1 The tournament, sanctioned by Singapore Bowling Federation, shall be conducted in accordance with the General Playing Rules of International Bowling Federation, which can be found on the [website](#), and tournament rules and regulations as stipulated by the Organisers

1.2 Places are limited: Registration are based on first-come, first-served basis.

2. Eligibility & Registration

S/No	Category	Clarification
1	Youth Boys	Age 21 or below (born year 2005 and after)
2	Youth Girls	Age 21 or below (born year 2005 and after)
3	Men's Open	No Age Restriction
4	Women's Open	No Age Restriction
5	Mixed Trios	Minimum Age of 12 years old. Please refer to point 4.2 for team composition.
6	Mixed Senior	Age 50 & above (Born year 1976 and before)

2.1 All participants are required to make payment upon successful registration by **26 June 2026**. Entry fees not received by the stipulated date will be disqualified. No payments will be accepted on competition day.

2.2 There will be no walk-ins on competition days.

2.3 No refund shall be made after an entry has been registered and accepted.

2.4 If the bowler is unable to participate on the day of the competition, for any reason whatsoever, substitutions for bowlers **will not** be permitted.

3. Event Venue & Schedule

All matches will be held at Singapore Bowling @ Rifle Range, located at Temasek Club and exact Event/Categories' date and time to be announced after registration closes. Tentatively the dates of competition are on the 25th and 26th July, 1st August 2026.

Date	Day	Time	Remark	No. of Games	Lane Assignment	Max No. of Pax
25 Jul 2026	Saturday	12pm – 3.30pm	Youth	6	3-5/ pair of lanes	95
		4.30pm – 8pm	Mixed Seniors	6		95
26 Jul 2026	Sunday	12pm – 2pm	Para	3	2 Teams/ pair of lanes	38 Teams/ Squad
		3pm – 5pm	Mixed Trios Squad A	3		
		6pm – 8pm	Mixed Trios Squad B	3		
1 Aug 2026	Saturday	12pm to 3.30pm	Open Squad A	6	3-5/ pair of lanes	95
		4.30pm – 8pm	Open Squad B	6		95

4. Classification

4.1 Mixed Trios Event

This event is open to all but with a minimum age of 12 years of age (born year 2014 and before). This mixed team event will be played in accordance with the Pesta Sukan 2026 Playing Rules & Regulations.

This Mixed Trio's event shall have 3 players to a team, and consist of at least 1 (one) bowler of each gender. (e.g. 2 Male 1 Female or 2 Female 1 Male)

Each team is allowed to register a maximum of 1 Current National Athletes (as at 1 Jan 2026). Please refer to the 2026 National Athletes name list in Annex A.

Foreigners' Ratio – 30% for team event. (Foreigner: non-citizen, non-PR)

4.2 Once the participating bowlers' names has been submitted to the presiding Tournament Official, no change, alternation or addition will be allowed in the nominated line-up under any circumstances, including injuries or otherwise.

In the event of any violation to the rules, the first violator on the line-up will receive a blind score of 80 pins.

- A team must consist of 3 bowlers, inclusive of at least 1 (one) bowler of each gender, with the team composition criteria.
- Each bowler shall bowl 3 games
- The oiling pattern for the tournament will be laid down by the Organiser.
- All games will be bowled over a pair of lanes (crossed lanes) with no lane change within the 3 games.
- Automatic scoring device will be in operation.
- Printed score sheets shall be maintained indicating the pin-fall on each ball so a frame-by-frame audit may be made.
- After the score has been recorded, it cannot be changed unless there is an obvious error in scoring and calculation. Obvious errors must be corrected by a Tournament

Official immediately upon discovery. Questionable errors shall be resolved by the Organisers.

4.3 Individual Event

Youth Event, will be segregated into Boys division and Girls division. This event is open to all boys and girls who are below 21 years of age (born year 2005 and after). All bowlers will be bowling on a scratch basis.

Mixed Senior Event, is open to all male and female bowlers of age 50 and above (born 1976 and before). All bowlers will be bowling on a handicap basis (See handicap chart in Annex B). Both Men and Women will be competing under the same category.

Open Event, will be segregated into Men's division & Women's Division. This event is open to all male and female bowlers regardless of age and average.

Current National Athletes shall have 5 pins/game deducted for Women and 10 pins/game deducted for Men. All men's and women's divisions will be mixed during play; however, scores will be recorded and ranked separately based on division.

The following applies to all individual events.

- a. Each bowler shall bowl 6 games on cross lanes with lane change after every 2 games.
- b. Once the participating bowlers' names has been submitted to the presiding Tournament Official, no change, alternation or addition will be allowed in the nominated line-up under any circumstances, including injuries or otherwise.

4.4 Provision to Format of Play

If a bowler is injured (or is unable to continue play for any reasons at any time during any game and is unable to continue, the score of that particular bowler in that game will be as at the frame stopped. No substitution will be allowed and the team will have to bowl subsequent games with a blind score of 30 pinfalls for the bowler who is unable to continue play.

5. Tie-Breaker

In the event of a tie at the end, the team/individual with the highest team/individual high game shall be the winner. If this still ends in a tie, the next highest team/individual high game will be counted and this will be repeated until the tie is broken.

6. Disqualification

Teams/ Individual Category Participants shall concede a disqualification if they fail to register and be present at the scheduled time of play.

A team shall automatically concede to a disqualification if they fail to field a minimum team of 2 participants/bowlers, inclusive of at least 1 (one) bowler of each gender, to compete during the tournament.

Teams/ Individual Category Participants may be disqualified in the event of submitting ineligible participant(s) or unruly conduct of participant(s). The Organisers reserve the right to disqualify team/participant at their discretion and take further disciplinary action that could be in the form of a fine and/or term ban by Singapore National Games.

7. Slow Bowling

Bowlers shall be ready to bowl when it is their turn and shall not delay the start of their approach or delivery, if a lane immediately adjacent to them on the left and right side is clear.

If a bowler does not observe the above procedure, it may be construed as slow bowling. The SBF Tournament Official shall warn the bowler with a white card for the first offence (no penalty) and a yellow card for the second offence (no penalty). For the third offence and each succeeding offence thereafter in a block of games, the bowler shall be shown the red card and shall be given a zero pinfall for the frame.

8. Bowling on wrong lanes

When the lead-off bowler bowls on the wrong lane and the error is discovered before another bowler has bowled, a dead ball is declared and the bowler will be required to re-bowl on the correct lane. When more than 1 bowler has bowled on the wrong lane, the game shall be completed without adjustments and the next game shall be started on the correctly scheduled lane.

9. Equipment & Attire

Bowlers are required to be appropriately dressed for bowling. If a bowler is not appropriately dressed, he/she may not be permitted to bowl. Male bowlers must wear only pants, or slacks only and are **strictly not allowed** to wear sleeveless shirts and/or shorts/bermudas. Round neck shirts are acceptable. Female bowlers may wear skirts, shorts, pants, slacks only or dress shorts and are **strictly not allowed** to wear sleeveless shirt, any other attire not specifically stated above shall be permitted only with the Organisers' approval.

10. Reporting

Participant must produce his/her valid Singapore Pink or Blue Identity Card, valid Passport, Student Pass with NRIC number or driving license for verification at every match. Failure to do so will result in the participant being barred from taking part in the match.

Participant(s) who are non-Singapore Citizens residing in Singapore must produce one of the following valid passes:

a) Student's Pass;

- b) Long Term Pass;
- c) Dependant's Pass;
- d) Work Permit;
- e) S Pass; or
- f) Employment Pass.

Team manager, assistant team manager, coach or captain of the team shall undertake to submit their participants' identification and team line-up sheet to the presiding Tournament Official, 30 minutes before the scheduled time of play.

Participants in ALL Individual events shall submit their identification to the presiding Tournament Official, at least 30 minutes before the scheduled time of play.

11. Competition Jurisdiction

The Organisers reserve the right to interpret or amend the rules and regulations of the tournament at any time. Notifications of such changes will be posted on the tournament website. All participants are advised to visit the tournament website frequently for the latest notices or updates to draws or fixtures.

In the event of any dispute matters arising over any participant(s) and or any team(s), the match will continue regardless. The Organisers will only determine on the matter upon receipt of the protest in writing, together with a prescribed protest fees of \$50 for individual events and \$100 for team events, submitted by the Team Manager within 24 hours after the match. While reasonable precautions will be taken, the Organisers will not be responsible for or be liable for any death, disability, personal injury, loss of property or any other losses during the course of this tournament.

12. Medals

- 12.1 Medals will be awarded to the top 3 winners of each event with at least 4 participants/Teams.
- 12.2 If there are only 3 participants for the event, 'minus 1 rule' applies, ie only 1st & 2nd will be awarded with medal but no prize money.
- 12.3 If there are less than 4 participants/teams, they may choose 1 of the following options:
 - Option 1: Participants may withdraw from the competition
 - Option 2: Participants may continue with the competition and Medals will be awarded based on the 'minus 1 rule'.
 - Option 3: Participants may opt to join another category which they are eligible.

ANNEX A – 2026 NATIONAL ATHELETES (as of 1 Jan 2026)

Female		Male	
ARIANNE TAY KAI LIN	JENELL CHIA	BASIL DIL NG JUI CHANG	GARETH GOI
BERNICE LIM HUI YING	JONLYN TAN	CHEAH RAY HAN	WYNSTEN WANG
CHARMAINE CHANG YU QIAN	REINE LIM	DARREN ONG WEI SION	AIDAN MOY
CHERIE TAN SHI HUA	ELLA TAN	JOEL TAN ENG AN	JEFFREY YEO
COLLEEN PEE	RACHEL FOO	JOMOND CHIA YU SUN	TRAVIS CHENG
DAPHNE TAN SHI JING	SHANNON LEE	MIKE ONG JING LOONG	GAUTIER TAN
NEW HUI FEN	SHANNEN ONG	MUHAMMAD JARIS GOH BIN ALI AKBAR GOH	ASHTON BOO
SHAYNA NG LIN ZHI	ANYA MIN DAS	NU'MAN SYAHMI BIN YUSRI	EMMANUEL TAN
ALYSSA KOH JIA WEN	LIM WAN LING	RYAN TOH HONG RUI	TAN BING ZHE
ASHLEY VICTORIA LOK	JOCELYN YEO	XAVIER TEO JUN HAO	ANDRE CHEW
HAZEL TAN WEI NING	ZOE WANG	AIMAN RAEDYN LIM JEN	JOSH GOH
JERLYN LAM SI TING	RACHEL ONG	AVIEL CHUA JUN JIE	MARCUS THIAN
LIM SHI EN	NURA SALSABILA	BRIAN NGOI KAI REN	JOVAN CHUA
NING TAY	JEAN NEO	JAYDEN SEE	KUAN RUI ZHI
NUR IRDINA BINTE HAZLY	CARINE FOO	JEREMY YEO	VALENTIN LEE
QUEK LU YI	ISABELLE WEE	JOHN YONG-MING FARAGALLA	JALEN LOH
SHIRLENE WONG XUE LIN		JOSEPH HING WEN JIE	THADDEUS MOK
AMELYNN DANIELLE SIM HUI LIN		JOSHUA GAZA SOO CAK KUEN	XAVIER NG
ASHLEY THIA EE XUAN		KHOR ZI JIAN (PETER)	MARK LEONG
		LIM KAI JIE	RAYDEN LIM
		RAY NG JUN YUAN	ISAAC TAN
		RYAN GOI CHEE HEAN	OWEN OON
		WILFRED ER HONG YI	JAYDEN TOO
		ALASTAIR TEO JUN HAO	KAELAN LIM
			NIGEL XAVIER
			EUGENE CHAN
			ZEPHYR LIEW
			CHAN JIA WEI
			JASON LAI
			IAN TAY
			IZZ IRFAN
			JAYDEN LOH
			DARIUS SEE
			KUAY JAYAN
			LEROY KWEK
			LUCAS GOH
			EDRIC LIM

ANNEX B - SENIOR HANDICAP CHART

BIRTH YEAR	AGE	MEN	WOMEN
1976 to 1972	50 - 54	0	0 + 15
1971	55	1	1 + 15
1970	56	2	2 + 15
1969	57	3	3 + 15
1968	58	4	4 + 15
1967	59	5	5 + 15
1966	60	6	6 + 15
1965	61	7	7 + 15
1964	62	8	8 + 15
1963	63	9	9 + 15
1962	64	10	10 + 15
1961	65	11	11 + 15
1960	66	12	12 + 15
1959	67	13	13 + 15
1958	68	14	14 + 15
1957	69	15	15 + 15
1956	70	16	16 + 15
1955	71	17	17 + 15
1954	72	18	18 + 15
1953	73	19	19 + 15
1952	74	20	20 + 15
1951	75	21	21 + 15
1950	76	22	22 + 15
1949	77	23	23 + 15
1948	78	24	24 + 15
1947	79	25	25 + 15
1946	80	26	26 + 15
1945	81	27	27 + 15
1944	82	28	28 + 15
1943	83	29	29 + 15
1942	84	30	30 + 15
1941	85	31	31 + 15