



PESTA SUKAN

DRAGON BOAT RACE

18 and 19 July 2026

TEAM MANAGERS BRIEFING

Organized By

GETACTIVE!
SINGAPORE





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RACE INFORMATION

Date: 18 and 19 July 2026

Time: 9am to 5.30pm

Venue: Passion Wave @
Bedok Reservoir



REGISTRATION SUMMARY

- 2 days of Races
- 11 Categories
- 2 New Categories
- 115 Crews
- 1923 Participants





RACE SCHEDULE - SATURDAY, 18 July 2026

Morning Group

First Race at 9am

1	9:00:00 AM	DB22 Singapore Para Open	Heat 1	4	8	Red
2	9:10:00 AM	DB12 Singapore U24 Youth Mixed	Heat 1	5	14	Yellow
3	9:20:00 AM	DB12 Singapore Master Mixed	Heat 1	4	7	Green
4	9:30:00 AM	DB22 Singapore Para Open	Heat 2	4	8	Red
5	9:40:00 AM	DB12 Singapore U24 Youth Mixed	Heat 2	5	14	Yellow
6	9:50:00 AM	DB12 Singapore Master Mixed	Heat 2	3	7	Green
7	10:00:00 AM	DB12 Singapore U24 Youth Mixed	Heat 3	4	14	Yellow
	10:10:00 AM	Technical Break / Wet Weather Buffer				
8	10:20:00 AM	DB12 Singapore U24 Youth Mixed	Repe 1	4	8	Yellow
9	10:30:00 AM	DB12 Singapore Master Mixed	Repe 1	4	4	Green
10	10:40:00 AM	DB12 Singapore U24 Youth Mixed	Repe 2	4	8	Yellow
	10:50:00 AM	Technical Break / Wet Weather Buffer				
11	11:00:00 AM	DB22 Singapore Para Open	Repe 1	4	4	Red
12	11:10:00 AM	DB12 Singapore U24 Youth Mixed	Semi 1	6	12	Yellow
13	11:20:00 AM	DB12 Singapore Master Mixed	Final	6	6	Green
14	11:30:00 AM	DB12 Singapore U24 Youth Mixed	Semi 2	6	12	Yellow
	11:40:00 AM	Technical Break / Wet Weather Buffer				
15	11:50:00 AM	DB22 Singapore Para Open	Final	6	6	Red
16	12:00:00 PM	DB12 Singapore U24 Youth Mixed	Final	6	6	Yellow

Prize Presentation

Afternoon Group

First Race at 1.30pm

17	1:30:00 PM	DB12 Singapore Corporate Mixed	Heat 1	6	17	Yellow
18	1:40:00 PM	DB12 Singapore International Community Mixed	Heat 1	5	13	Green
19	1:50:00 PM	DB12 Singapore Corporate Mixed	Heat 2	6	17	Yellow
20	2:00:00 PM	DB12 Singapore International Community Mixed	Heat 2	4	13	Green
21	2:10:00 PM	DB12 Singapore Corporate Mixed	Heat 3	5	17	Yellow
22	2:20:00 PM	DB12 Singapore International Community Mixed	Heat 3	4	13	Green
23	2:30:00 PM	DB12 Singapore Senior Open	Heat 1	5	9	Yellow
24	2:40:00 PM	DB12 Singapore Senior Women	Round 1	4	4	Green
25	2:50:00 PM	DB12 Singapore Senior Open	Heat 2	4	9	Yellow
	3:00:00 PM	Technical Break / Wet Weather Buffer				
26	3:10:00 PM	DB12 Singapore Corporate Mixed	Repe 1	6	12	Green
27	3:20:00 PM	DB12 Singapore International Community Mixed	Repe 1	5	10	Yellow
28	3:30:00 PM	DB12 Singapore Corporate Mixed	Repe 1	6	12	Green
29	3:40:00 PM	DB12 Singapore International Community Mixed	Repe 2	5	10	Yellow
30	3:50:00 PM	DB12 Singapore Senior Open	Repe 1	5	5	Green
	4:00:00 PM	Technical Break / Wet Weather Buffer				
31	4:10:00 PM	DB12 Singapore Corporate Mixed	Semi 1	6	12	Green
32	4:20:00 PM	DB12 Singapore Senior Women	Round 2	4	4	Yellow
33	4:30:00 PM	DB12 Singapore Corporate Mixed	Semi 2	6	12	Green
	4:40:00 PM	Technical Break / Wet Weather Buffer				
34	4:50:00 PM	DB12 Singapore Senior Open	Final	6	6	Green
35	5:00:00 PM	DB12 Singapore International Community Mixed	Final	6	6	Yellow
36	5:10:00 PM	DB12 Singapore Corporate Mixed	Final	6	6	Green

Prize Presentation

RACE SCHEDULE - SUNDAY, 19 July 2026

Morning Group

First Race at 9am

37	9:00:00 AM	DB12 Singapore National Mixed	Heat 1	6	21	Yellow
38	9:10:00 AM	DB12 Public Service Mixed	Heat 1	6	17	Green
39	9:20:00 AM	DB12 Singapore National Mixed	Heat 2	5	21	Yellow
40	9:30:00 AM	DB12 Public Service Mixed	Heat 2	6	17	Green
41	9:40:00 AM	DB12 Singapore National Mixed	Heat 3	5	21	Yellow
42	9:50:00 AM	DB12 Public Service Mixed	Heat 3	5	17	Green
43	10:00:00 AM	DB12 Singapore National Mixed	Heat 4	5	21	Yellow
44	10:10:00 AM	DB12 Public Service Men	Heat 1	6	11	Green
45	10:20:00 AM	DB12 Public Service Women	Heat 1	6	12	Yellow
46	10:30:00 AM	DB12 Public Service Men	Heat 2	5	11	Green
47	10:40:00 AM	DB12 Public Service Women	Heat 2	6	12	Yellow
	10:50:00 AM	Technical Break / Wet Weather Buffer				
48	11:00:00 AM	DB12 Public Service Active Agers	Heat 1	4	8	Yellow
49	11:10:00 AM	DB12 Singapore National Mixed	Repe 1	5	14	Green
50	11:20:00 AM	DB12 Public Service Active Agers	Heat 2	4	8	Yellow
51	11:30:00 AM	DB12 Singapore National Mixed	Repe 2	5	14	Green
52	11:40:00 AM	DB12 Public Service Mixed	Semi 1	6	12	Yellow
53	11:50:00 AM	DB12 Singapore National Mixed	Repe 3	4	14	Green
54	12:00:00 PM	DB12 Public Service Mixed	Semi 2	6	12	Yellow
	12:10:00 PM	Technical Break / Wet Weather Buffer				
55	12:20:00 PM	DB12 Public Service Men	Final	6	6	Yellow
56	12:30:00 PM	DB12 Singapore National Mixed	Semi 1	6	12	Green
57	12:40:00 PM	DB12 Public Service Women	Final	6	6	Yellow
58	12:50:00 PM	DB12 Singapore National Mixed	Semi 2	6	12	Green
	1:00:00 PM	Technical Break / Wet Weather Buffer				
59	1:10:00 PM	DB12 Public Service Men's Senior	Final	5	5	Green
60	1:20:00 PM	DB12 Public Service Active Agers	Final	6	6	Yellow
61	1:30:00 PM	DB12 Public Service Mixed	Final	6	6	Green
62	1:40:00 PM	DB12 Singapore National Mixed	Final	6	6	Yellow

Afternoon Group

First Race at 3.00pm

	3:00:00 PM	Check In at Boat Marshall / Embarkation					
63	3:10:00 PM	DB22 Pesta Sukan Open	Final	7	7	Red	
	3:20:00 PM	Check In at Boat Marshall / Embarkation					
64	3:30:00 PM	DB22 Pesta Sukan Women	Final	7	7	Red	
	3:40:00 PM	Check In at Boat Marshall / Embarkation					
65	3:50:00 PM	DB22 Pesta Sukan Mixed	Final 1	5	9	Red	
66	4:10:00 PM	DB22 Pesta Sukan Mixed	Final 2	4	9	Red	
	4:20:00 PM	Prize Presentation					

VENUE OF COMPETITION

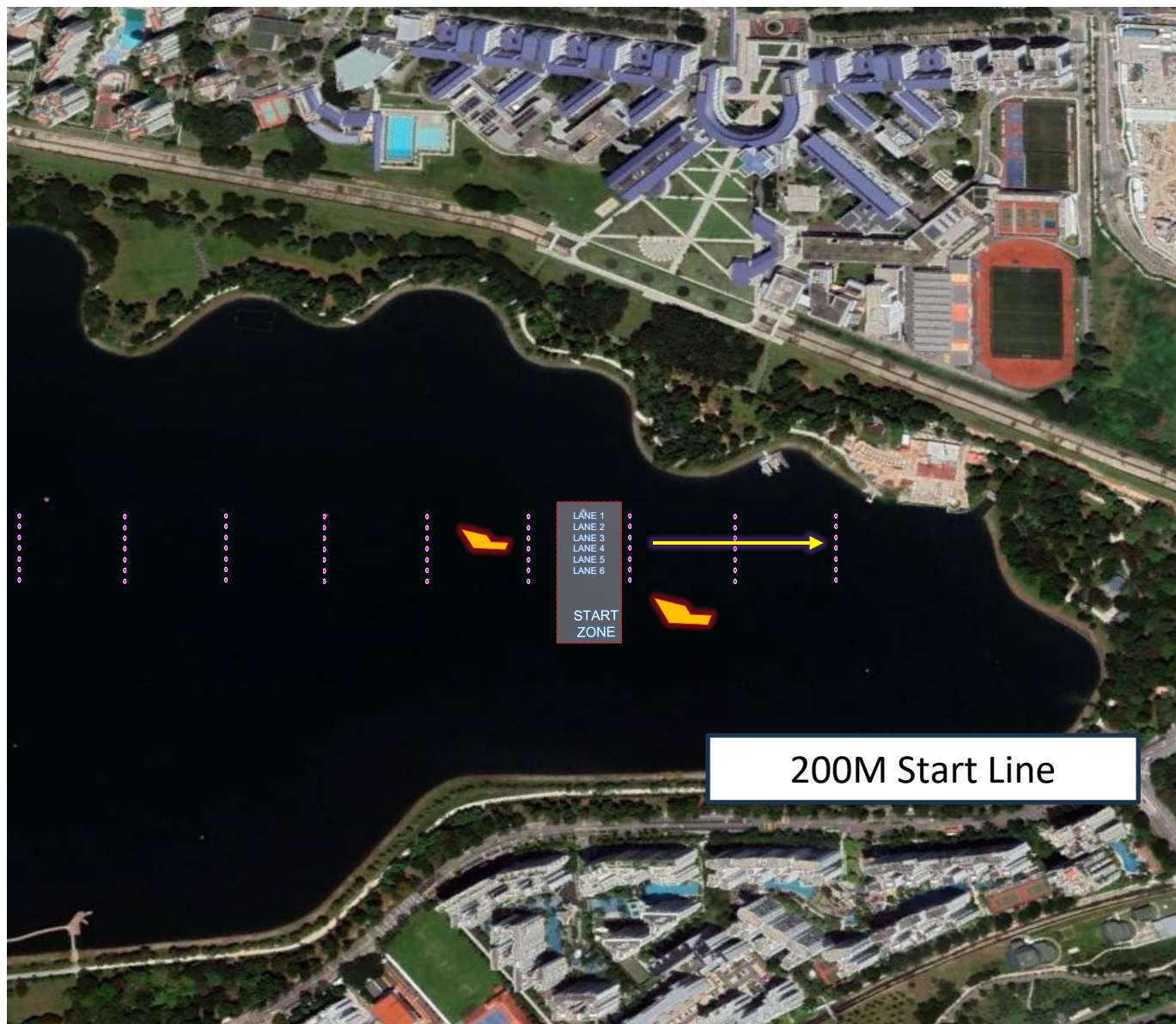
PASSION WAVE@BEDOK RESERVOIR



VENUE OF COMPETITION



Racing Lane



- 200m
- Drummer Hold buoy start
- Type of Boat: DB12 Champion boat
- SDBA DB12 Champion boat
- PA DB12 Champion boat
- DB22 Champion boat for DB22 Para Open

Racing Lane



- 2,000m
- Float start
- Type of Boat: DB22 Champion boat
- PA DB22 Champion boat
- Starting line 0m
- 500m Straight course
- 50m/450m No Overtaking
- 3 turns

2km turn buoys will be installed before Sat.

TM to inform all steers to watch out once crossed finishing line

CREW LIST

- Crewlist will be hardcopied prepared by SDBA based on your submission to ActiveSG
- If you want to double triple check your crewlist do email in to race@sdba.org.sg

Change of Crew list after crew list closed

- Amendment to crew list - \$21.80
 - 1 to 1 replacement of crew
- Adding new registrant into crew list - \$43.60
 - Adding a new paddler into a crewlist (If the crew is not at capacity, i.e, 13pax for DB12)
- Head to Race Secretary for changes

RACE RESULT AND PROGRESSION

Check out the “LIVE” Race Results and progression at SDBA’s
Telegram

“SG Dragon Boat Association”



RACE RESULT AND PROGRESSION

As part of SDBA's ongoing effort to recognize and celebrate the coaches behind our competing teams, we will be showcasing coach names in official race results across our events.

This is to go in line with our goal to have all teams to be coached by NROC certified coaches by 2028.

Please submit your team's coach details using this QRcode. One submission per team entry, per event. Ensure that the coach name provided is as you would like it to appear in the published results.

You may choose the option to keep your coach's name confidential.

<https://forms.gle/N4nyoM167BE6vafF8>



Event No	1	DB12 Premier Open		Heat 1	Red	9:00:00 AM
Lane	Boat	Team	Coach	Position	Time	Remarks
One	1	A Dragon	ALPHA ANG			
Two	2	B Polytechnic	BRAVO BEN			
Three	3	C Secondary School	CHARLIE CHAN			
Four	4	D Community Sport Network	DELTA DANIEL			
Five	5	E University	ECHO EE			
Six	6	F Recreation Club	FOXTROT FOO			

RACE CONCEPT

1. Racing format: Heats to Final or 2 Rounds, per category and division
2. Max 6 boats racing at any one time

3. Mixed Racing Class	a) DB12 crew - Paddlers composition on gender ratio: - 5 males : 5 females or - 5 males : 4 females or - 4 males : 5 females or - 4 males : 4 females b) DB22 crew - Paddlers composition on gender ratio: - 10 males : 10 females or - 10 males : 9 females or - 9 males : 10 females or - 10 males : 8 females or - 8 males : 10 females or - 9 males : 9 females c) The Drummer, Steer and Reserves can be of any gender.
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In the boat!

RACE PROGRESSION – PUBLIC SERVICE

Category/Divison	Total No of Teams	Heats or Rounds (H)	Repechage (RP)	Semi Final (SF)	Final (F)	Wet Weather Plan (order of priority)
DB12 Public Service Mixed DB12 Public Service Men	<18	3 Heats winner & 9 fastest loser to SF. Rest eliminated		2 SF winner and 4 Fastest to F. Rest eliminated	Final	<u>Cancel SF</u> 3 Heat Winners and 3 fastest loser to final <u>Cancel Finals</u> 2 SF Winners rank by time for 1 st & 2 nd positions 2 fastest loser rank by time for 3 rd & 4 th positions <u>Cancel SF & Finals</u> 3 Heat Winners rank by time for 1 st , 2 nd & 3 rd positions Fastest lower rank 4 th positions
DB12 Public Service Women DB12 Public Service Senior	<12	2 Heats winner & 4 fastest loser. Rest eliminated	Nil	Nil	Final	<u>Cancel Finals</u> 2 Heat Winners rank by time for 1 st & 2 nd positions 2 Fastest lower rank by time for 3 rd & 4 th positions
DB12 Public Service Active Agers Open	<6	Nil	Nil	Nil	Direct Final	

Designated **fast lane allocation**

system used will be as follows:-

- a) Fastest : Lane 3
- b) 2nd Fastest : Lane 4
- c) 3rd Fastest : Lane 2
- d) 4th Fastest : Lane 5
- e) 5th Fastest : Lane 1
- f) 6th Fastest : Lane 6

RACE PROGRESSION – PESTA SUKAN

Category/Divison	Total No of Teams	Heats or Rounds (H)	Repechage (RP)	Semi Final (SF)	Final (F)	Wet Weather Plan (order of priority)
DB12 Senior Women	<6	Round 1	Nil	Nil	Round 2	<u>Cancel Round 2</u> Round-1 finishers ranked by time for 1 st , 2 nd & 3 rd placing
DB12 Singapore Master Mixed DB12 Singapore Para Open DB12 Singapore Senior Open	<12	2 heat winner and 1 / 2 fastest loser to F. Rest to Repe	2 / 3 Fastest to Final	Nil	Final	<u>Cancel RP</u> • 2 Heat Winners & 4 Fastest Heat Losers go Final <u>Cancel F</u> • 2 Heat Winners ranked by time for 1 st & 2 nd • Fastest loser for 3 rd placing
DB12 Singapore International Community Mixed	<14	3 H winners go F	3 Fastest RP Finishers go F Rest eliminated	Nil	Final	<u>Cancel RP</u> • 3 Heat Winners & 3 Fastest Heat Losers go Final <u>Cancel Final</u> • 3 Heat Winners ranked by time for 1 st & 2 nd & 3 rd
DB12 Singapore U24 Youth Mixed DB12 Singapore Corporate Mixed	<18	3 H winners go SF 2 / 3 Fastest loser go SF	6 / 7 Fastest RP Finishers go SF Rest eliminated	2 SF Winner go Final 4 Fastest go to Final Rest eliminated	Final	<u>Cancel RP</u> • 3 Heat Winners & 9 Fastest Heat Losers go SFinal <u>Cancel SF</u> • 3 Heat Winners & 3 Fastest Heat Loser go F <u>Cancel F with SF Completed</u> • 2 SF Winners ranked by time for 1 st & 2 nd • Fastest SF Loser for 3 rd placing <u>Cancel RP, SF & F</u> • 3 Heat Winners ranked by time for 1 st , 2 nd & 3 rd placing

RACE PROGRESSION – PESTA SUKAN

Category/Divison	Total No of Teams	Heats or Rounds (H)	Repechage (RP)	Semi Final (SF)	Final (F)	Wet Weather Plan (order of priority)
DB12 Singapore National Mixed	<24	4 H winners go SF 2 Fastest loser go SF	6 Fastest RP Finishers go SF Rest eliminated	2 SF Winner go Final 4 Fastest go to Final Rest eliminated	Final	<u>Cancel RP</u> • 4 Heat Winners & 8 Fastest Heat Losers go SFinal <u>Cancel SF</u> • 4 Heat Winners & 2 Fastest Heat Loser go F <u>Cancel F with SF Completed</u> • 2 SF Winners ranked by time for 1 st & 2 nd • Fastest SF Loser for 3 rd placing <u>Cancel RP, SF & F</u> • 4 Heat Winners ranked by time for 1 st , 2 nd & 3 rd placing

GENERAL SAFETY



www.sdba.org.sg

Click “Safety tab”

Check out the following documents:-

- The Steersperson
- The Boat Captain
- The Buddy System
- The Capsize Drill



BRING YOUR OWN!

Only ISO 12402-5 or equivalent is permitted

EMERGENCY EVACUATION PLAN - LAND



WATER RESCUE PLAN

1. Initiate immediate Capsize Drill
2. Wait for Rescue Boat to approach
3. Inform Race Umpire if there is a missing crew member
4. Follow Race Umpire's instructions
5. Recovery into Rescue Boat shall be done on one-by-one basis by climbing the rescue ladder into the Rescue Boat
6. Refer to the Capsize Rescue protocol video:-
[Capsize Drill](#)



WET WEATHER PLAN

- Organizers relying on Cat-1 heavy thundery showers or lightning alert from NEA's "myENV" app
- Races will be suspended or until the All-Clear is issued
- Buffer built-into the Race Program
- Some races have been earmarked for cancellation as part of Catch-up Plan
- Listen to announcements over the PA System or from the Race Officials
- Teams will recover back to Back-of-House and take shelter





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A.O.B

If you require PFD and paddles, they will be provided.

We will be using SDBA Champion-class racing boats for both DB12.

We will also be using PA Champion-class festive boats for DB12 & DB22.

For Pesta Sukan 2km it will be PA Champion-class racing boats DB22.

If you have any technical queries, please write to race@sdba.org.sg by **Wednesday 15/7/2026**.

After which, SDBA will be deploying to race venue and may not be able to respond in quick time



COMPETITION REGULATIONS & RULES OF RACING

The Race is conducted according to International Dragon Boat Federation (IDBF) Competition Regulations and Rules of Racing **unless supersede by Pesta Sukan Entry Rules.**

IDBF COMPETITION REGULATIONS and RULES OF RACING [Rules & Regulations - International Dragon Boat Federation](#)

Please note the following points for team attire :

- a) Crews are required to wear the same team attire, i.e. same **color** kits. Including steers. Rash guards and shorts/bottoms are excluded
- b) PFD is not generally included as Team Attire. But if the PFD has the Team's logo and badge on them then they'll qualify as Team attire, i.e. Mr A cannot wear Team ABC PFD while representing Team XYZ, etc.

COMPETITION REGULATIONS & RULES OF RACING

R4.4 The Drummer

- a. The drummer shall sit on the designated drummer's seat throughout the race.
- b. The drummer must actively beat the drum with reasonable rhythm throughout the race, except inside the 50m equipment zone (first 50m).
- c. That is, the drum must be clearly seen to be struck with a drumstick on the drum skin. Failure to conform this rule will result in warning or disqualification of the team.

R5.3 Marshalling and Identification Check

- a. A crew must be reported to the crew assembly area and be ready to embark 30 minutes before the Race **or 4 races prior to the scheduled start time** (shorter access time prevail).
- b. Manual identity check will be done at Marshalling
- c. The Chief Official, considering actual circumstances, may exercise his/ her discretion and authority to disqualify any competitor(s) who may not be eligible for the race.

COMPETITION REGULATIONS & RULES OF RACING

- R6.5** Once the Starter has alerted the crews by saying “Attention”, then all movement of paddles in the water must stop. If movement of a crew’s paddle (s) in water is then be observed by the Starter or a Course Umpire, the Starter shall give a warning and such warning shall have the same effect as one given for a False Start, for that race.

Interpretation of Paddle Movement at start command “Attention”

- a. Movement of paddles in or on the water after setting-up done OR
- b. Movement of paddles in or on the water without setting-up done
- c. Time Penalty up to 5 seconds may be given

R6.6 **Not Ready at Starter’s Command - “Are You Ready”**

Drummer must immediately raise a hand high above head height, not steer

COMPETITION REGULATIONS & RULES OF RACING

R7.7 **Collisions**

3. Clash of paddles will be considered as a collision has occurred.
4. Correspondent penalty, either a disqualification or time penalty, shall apply.
5. If time trial is required, it will be at the Race Official's discretion
 - a. Offending boat - DQ
 - b. If the Chief Official opined that one or more boats involved in the collision deliberately did not take corrective actions to avoid the collision - DQ
 - c. If the result of the race has been materially affected, the Chief Official may order one boat to re-race in a time trial or if more boats are involved, to have the boats go for a re-race

R9.2 R9.3 **Racing Protest**

- a. Protest against a race result can be made within ten (10) minutes after the result is officially posted

R9.7 & 9.9 **Appeal**

- a. Appeal can be made within ten (10) minutes after the Team Manager has been informed of the protest result

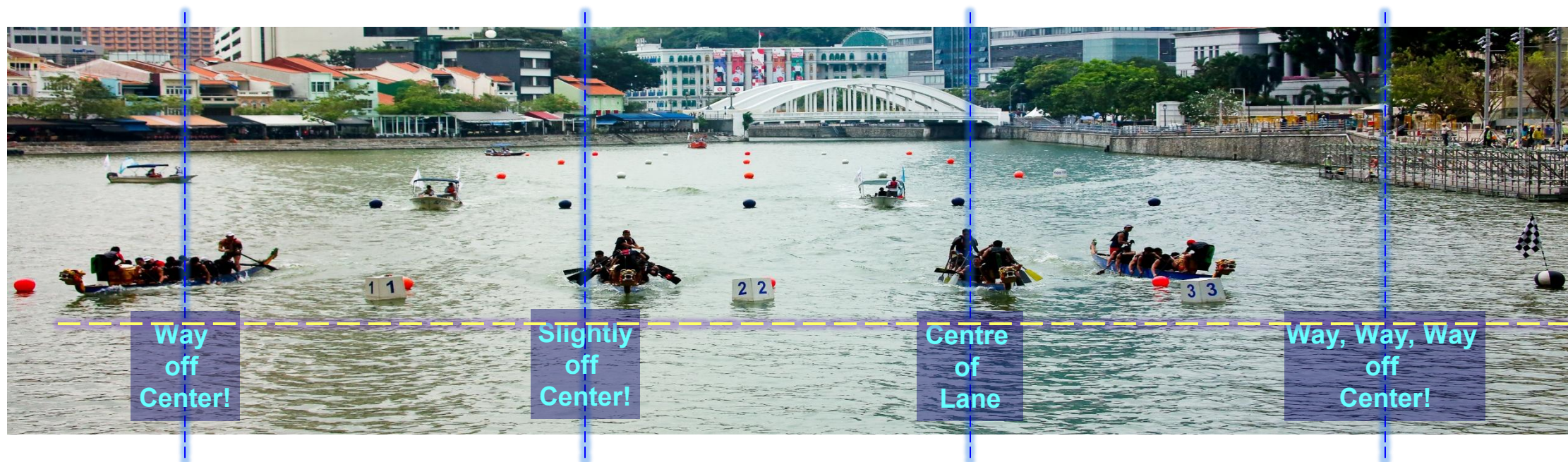
Appeals/Protest must be made in writing at **Race Secretariat**. Appeal/Protest fee = **\$50 each in cash**.

The Chief Official may suspend the race program and KIV the affected race result when dealing with the appeal/protest

COMPETITION REGULATIONS & RULES OF RACING

Correct Course and Clear Water

- a) Defined as straight line down the course, in the middle of the racing lane
- b) A boat that deviated from its Racing Lane will be given time penalty
- c) A boat that deviated from its Racing Lane and impeded another boat will be DQ



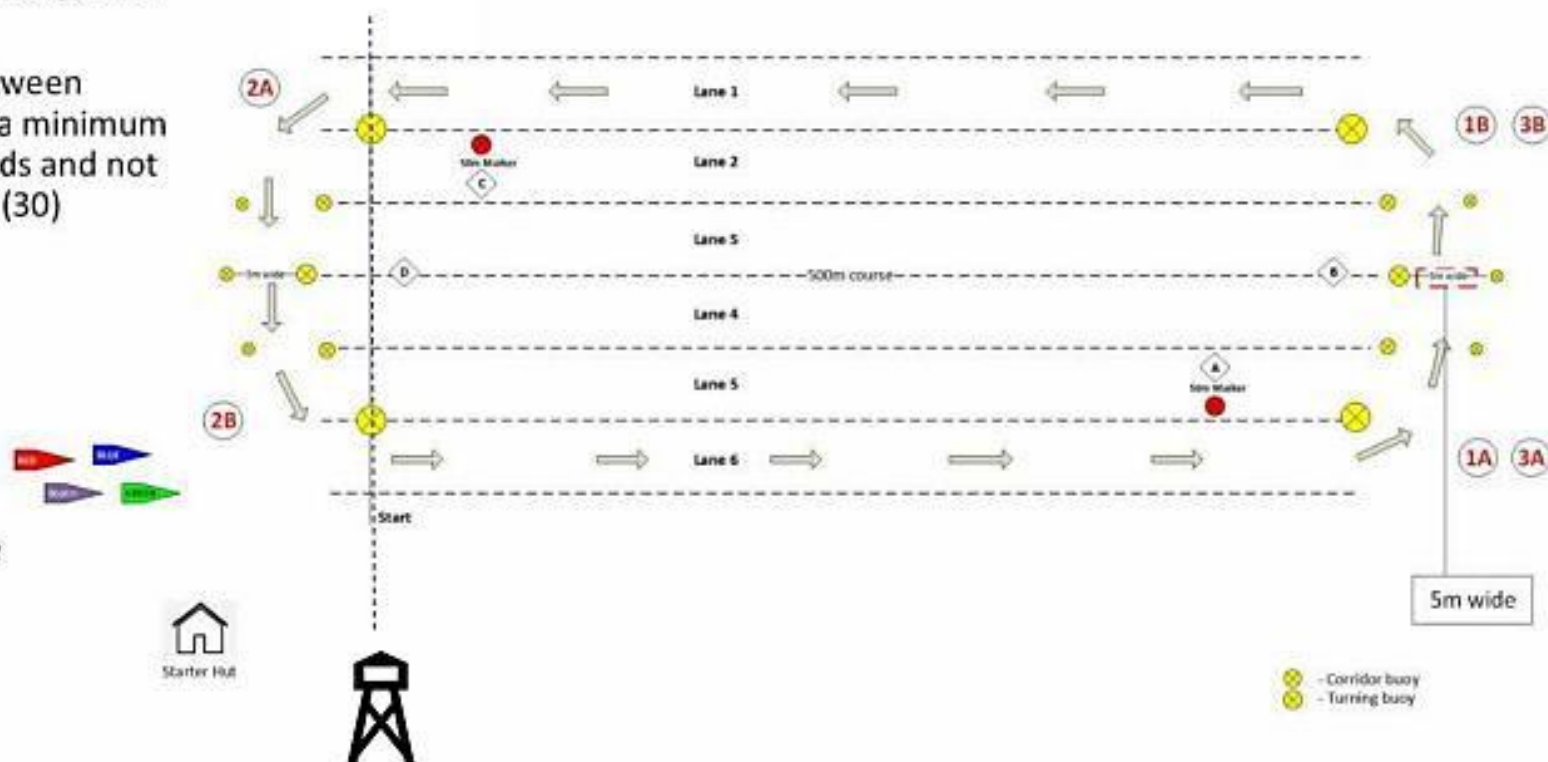
2KM RING RACE

Racing will take place in an anti-clockwise direction

It is incumbent on the Steerer when being overtaken to give “clear water” (move to the right) & allow the boat on the left side (faster boat) space to come through and overtake.

Overtaking will be carried to the LEFT of the boat being overtaken

- Race start will be staggered line astern
- Time interval between crews should be a minimum of ten (10) seconds and not more than thirty (30) seconds
- On the last straight (R10.6), Crew may cross into the main Racing Course, inside the left hand edge of the Racing Lane



2KM RING RACE



2KM RING RACE FIELD OF PLAY (NEW)



2KM RING RACE



2KM RING RACE FIELD OF PLAY (NEW)



Prepared by Gordon Choi

2KM RING RACE



2KM RING RACE FIELD OF PLAY (NEW)



2KM RING RACE



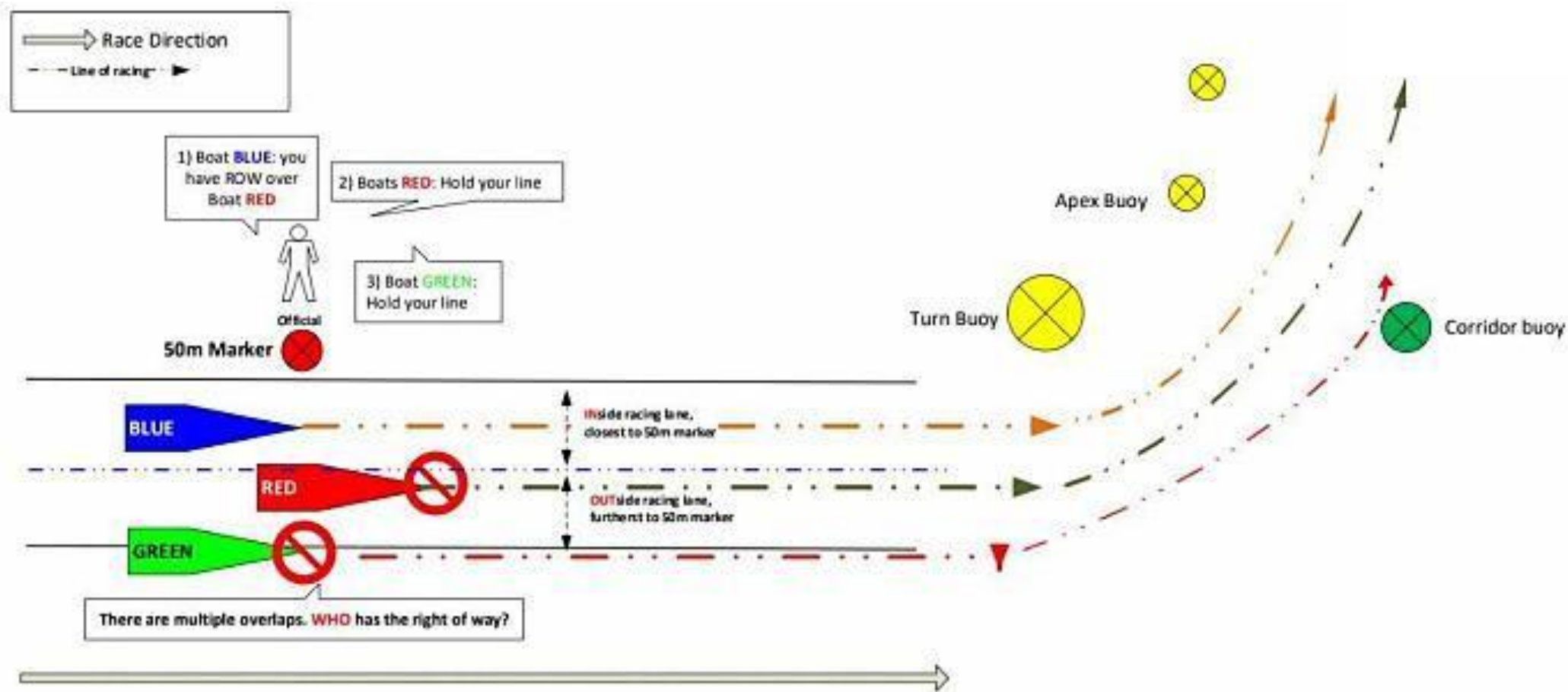
2KM RING RACE FIELD OF PLAY (NEW)



2KM RING RACE

50m Right Of Way (ROW)

R10.5.2 Establishing Right of Way (ROW) (Aug 19) An overtaking boat gains right of the inside racing line when it has established an overlap with the boat being overtaken at the 50m marker buoy. The overlap is defined as the head of a dragon boat level with the steering arm of the boat being overtaken.



2KM RING RACE

50m



ROW over 2



50m



ROW over 1&3



ROW over 3



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50m



ROW over 2



50m



ROW
over 1

2KM RING RACE

2000m Penalty Summary

- Penalties range between 5-30 secs to disqualification
 - Add up of small (5 secs) penalties for missing buoys
 - DQ for missing 4 > buoys
- Penalty for altering course to make it difficult to be overtaken
 - Up to 30 secs
- Penalty for overtaking in turn corridor
 - Up to 30 secs
- Disqualification may be given for not stopping when collision happens

2KM RING RACE

KEY AREAS

- Note on Staggered Starts
- Identify ROW at 50m mark
- Hold the Line
- Understand Turn Corridor Ruling
- Stop when Collide



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PLAY FAIR *AND*
ENJOY !