

Rules and Regulations

1. Official Title of the Event

The official title of the championship is 'PESTA SUKAN 2026'.

2. Organiser

The championship shall be organized by the ActiveSG and Handball Federation of Singapore (HFS).

3. Date & Venue

The tournament will be tentatively held from **25 July 2026 to 2 August 2026**. The venue to be at **ActiveSG Sport Village @ Jurong Town (2 International Road, Singapore 619618)**.

The dates and times are as follows:

Date	Day	Start Time (hrs)	End Time (hrs)
25/07/2026	Saturday	0800	2200
26/07/2026	Sunday	0800	2200
01/08/2026	Saturday	0800	2200
02/08/2026	Sunday	0800	2200

4. Objectives

- To improve the quality of the game in Singapore and provide a competition platform that promotes a level playing field and competitiveness to facilitate the development of handball.
- To foster the spirit of friendship and goodwill among officials, members of HFS, teams and players across the fraternity.

5. Administrative Matters and Closing Dates

Registration & Indemnity Forms

- The team must register via the ActiveSG website.
- No amendments are allowed after the closing date of **5 July 2026**.
- Team registration is on a first-come, first-served basis.
- The official team registration must be filled out accurately and completely.
- All players must complete ActiveSG Indemnity form **before** the start of the first match. Players who fail to submit will not be allowed to participate in the tournament.
- The team should provide a Coach/Team Manager for the competition and that personnel **cannot** double as a player. Should there be no Coach/Team Manager, then the Captain will be assuming the role of the Coach/Team Manager.
- The technical meeting is scheduled to be done online on **Sunday, 12 July 2026, 2pm**.
- The grouping will be confirmed via lottery pick during the technical meeting.

Registration Fees

- Registration fees required **per Team/Category** are as follows:
 - Open Category: **\$S105**
 - U23 Category – born in 1st January 2003 and after: **\$70**
- Closing date for submission of **payment** would be **Sunday, 5 July 2026** through ActiveSG website upon registration confirmation.

6. Participation & Eligibility of Players

Each participating team is required to register a **minimum of 7 players and a maximum of 14 players** per category. The tournament comprises four categories: Men's, Women's, Under-23 Boys', and Under-23 Girls'. Registration is considered complete only upon submission of the **registration form** via the ActiveSG website and receipt of full payment. Priority in team placement will be accorded to teams that fulfil both requirements in a timely manner.

- Players are required to bring along photo identification (i.e. NRIC/Matriculation card/ EZ Link card/FIN) for registration and identification purposes at the first game. Players who fail to bring a form of identification will not be allowed to play.

Registration of players

- Each team may register up to a **maximum of 14 players (No changing of players is permitted after the submission of the registration form after the closing date).**
- The official team registration form must be filled out accurately and completely.
- Each player is allowed to represent only one team in each category. Any player found to have registered in more than one team in each category, the player will be disqualified from the tournament.
- In the case of any team fielding an unregistered or suspended player during a match, the organizing committee shall award the opposing team a win by a walkover.
- Registered players who are not in good standing with HFS will be barred from the competition.
- The competition will also refer to the General PESTA SUKAN Rules and Regulations.

The Organizing Committee reserves the right to cancel the registration of any player violating these rules and regulations and to prohibit that player from playing for the team in which he/she represents.

7. Team Officials (Team Managers / Coaches)

- Team manager or coach accompanying the team **should be registered on the registration form.**
- The official team registration form must be completed accurately and completely. Replacement of any of the registered Team Officials is **not** allowed **after** submission of payment.
- Each team can register up to **2 team officials**. Team officials should not be wearing the players' attire unless there is no team official and the captain is undertaking the role of an official.
- A team without the accompaniment of any team official at the commencement of a match **will be allowed to play** at their own risk.
- All team officials must be properly attired (strictly no slippers and sandals).

8. Tournament Regulations

- Besides the existing regulations, this championship will also abide by the rules and regulations of IHF 2025 (July Version).
- Should any controversial incidents occur which are not stated in the regulations, the Tournament Sub-Committee will be responsible for settling the dispute.
- Any decision made by the Tournament Sub-Committee is final.

9. Tournament Format

- The tournament will run on round robin systems, subjected to changes depending on number of registering teams.

The System of Points

- For the tournament, the winning team will get 3 match points; the losing team gets 0

match points and for the team that is technically expelled / withdrawn get 0 match points. In any case of a draw, a 7 metre throwing will be conducted. 5 players will be selected for the 7 metre throwing in accordance with the rules and regulations of IHF 2025 (July version).

- At the end of the round of the tournament, if there are two or more teams which share the same match points, their classification or ranking will be decided as follows:
 - i) Goal Difference: The number of goal scored in all the matches subtracted the number of goal against in all the matches. The team with a superior goal difference win.
 - ii) Between the two teams involved, the results of the match they played against each other will be taken into consideration. The team that triumphs over the other will proceed to the next round.
 - iii) In case of a further tie, the number of goals scored will be divided by the number of goals lost in the matches amongst all the teams with the same match points, the resulting sum is decisive; the team with the higher quotient.

10. Uniforms

- Playing attire must be **uniform** and of the **same colour** for each team.
- Players' jerseys **must** be numbered, and it must be placed at the front and back of the jersey.
- Player's numbered shorts are required for Pesta Sukan 2026 and has to be of the same number of the Players' jersey
- The colours of the numbers must be of a **contrasting colour** to the jersey and a minimum of 10cm height on the chest and 15cm on the back. It must be **clearly distinguishable**.
- The team name/logo must be visibly printed on the jersey.
- The Goalkeeper's jersey **must** be of a **contrasting colour** that is different from the team and can be **easily identified** by the officiating personnel. Both goalkeepers have to be of the same jersey design and colour for every game.
- Every team **must** have 2 sets of jerseys of different colours. It is **compulsory** for the goalkeeper jersey to be a colour different to the outfielders. **E.g Outfielders to have jersey of colour A and B and goalkeeper to have jerseys of colour C and D.**
- The acceptance range of jersey number that can be registered is **1 to 99**.
- **No** taping of player jersey number is allowed.
- Player are strictly not allowed to wear spectacles/plastic hair band (all head gear made of non-cloth/rubber materials are strictly prohibited) on court.
- Any protective guard with hard plastic are not allowed as well.
- The HOME team will have priority in the choosing of the jersey colours.
- The HOME team will always take the bench area on the **left side** of the scorers' table.

11. Playing Time

- The match will be played for 15 – 2 – 15 minutes (with **no** time out).
- In the event of a tie, a 7 meter throwing will be conducted. 5 players will be selected for

the 7 metre throwing in accordance to by the rules and regulations of IHF 2025 (July Version).

12. Walkover

- Each team should be present at the court at least **30** minutes before the match begins.
- If the team concerned does not report **5 minutes** after the match is scheduled to be played or absence due to invalid reason/reason not stated beforehand, the team is considered to have withdrawn and thus declared as 'lost completely'.
- The team, which is declared 'lost completely', is considered to have withdrawn from the championship and therefore is not allowed to participate in the match that follows. All of the team's point from the previous matches will be annulled. In the event of a walkover, the final score will be 20-0.
- The team that has been withdrawn due to the above reason shall be subjected to a fine of **S\$100**, based on the decision of the Disciplinary Committee.

13. Referee Discipline

- All referees (i.e. Court Referees, Table Referees) are to report at least **15 minutes** before the start of the match.
- Referees that do not report on time are liable to disciplinary actions by the referee committee.
- For referees (referees that are immediately officiating after their respective matches will not be considered) are to report directly before the start of match:
 - Warning will be issued to first time offenders.
 - A fine of **S\$5.00** will be issued to repeated offenders and the excess amount from the teams will not be awarded to the referees.
 - Repeated offenders will also face further disciplinary sanctions from the referee committee.
- For referees that only report after the start of match:
 - A fine of **S\$15.00** will be issued to offenders and the excess amount from the teams will not be awarded to the referees.
 - Repeated offenders will also further disciplinary sanctions from the referee committee.

14. Suspension

- Any player that has been expelled (disqualification with report) from the court during the match shall be automatically **suspended from playing for the rest of the tournament until the final written decision is out**. The Pesta Sukan Discipline Committee will investigate in coordination with the Referee committee and will inform the team manager of the final written decision via email within 24 hours after the match.

15. Protest

- **No protest is allowed.**

16. Awards

- Medals will be awarded to the top three men's and women's teams in the tournament.
- All prize winners must be present at the closing ceremony to receive the awards.

17. Official Ball and equipment

- Size 2 for women and 3 for men.
- Molten ball D60 will be the Official Ball of the tournament.
(For more information: <https://www.molten.co.jp/sports/en/handball/d60/>)
- Use of Glue/Resin and sticky tape during the tournament are **prohibited**.

18. Notes

- All the players are to fill up the indemnity form as attached, and all indemnity forms must be submitted to the Tournament Sub-Committee by the technical meeting. Player who did not submit the indemnity form by the technical meeting will not be allowed to participate in this Tournament.
- The Tournament Sub-Committee holds the right to decide on any issues raised that are not stated in the General Regulations.
- The Tournament Sub-Committee has the right to alter the scheduled time and dates of the tournament if necessary. Participating teams will be informed of the changed as soon as possible.
- All decisions made by the Tournament Sub-Committee are final.