

GETACTIVE! SINGAPORE
PESTA SUKAN 2026
INDOOR VOLLEYBALL

1. OFFICIAL TITLE OF CHAMPIONSHIP

- 1.1. The official title of the competition is **GetActive Singapore Pesta Sukan 2026: Indoor Volleyball**

2. ORGANISER

- 2.1. The competition is organised by Sport Singapore.

3. EVENT REGULATIONS

- 3.1. This tournament is sanctioned by the Volleyball Singapore.
- 3.2. All matches will be governed by Volleyball Singapore; and they must be played in accordance with the tournament regulations (see paragraph 8).

4. DATE & VENUE

- 4.1. Dates and Venue:

Category	Dates	Venue
Youth	5 th , 11 th , 12 th , 18 th & 19 th July 2026	ActiveSG Hougang Sport Hall
Open, Masters, Corporate	4 th July - 2 nd August 2026	ActiveSG Hougang Sport Hall

- 4.2. General Technical Meeting (GTM) will be held at **Singapore Sports Museum (6 Stadium Walk Singapore 397698)** on **24th June 2026 (Wednesday)** at **7.00pm (Youth Category)** and **8.00pm (all other categories)**.

- 4.2.1. **All teams are STRONGLY ENCOURAGED to check with the organisers BEFORE the purchase or printing of any uniforms. The organisers will not be held responsible for any costs should the uniforms be rejected at the General Technical Meeting.**

- 4.2.2. For Youth Category, players list form and photocopied students' passes are to be submitted by **14th June 2026** before registration closing.

5. CATEGORY & ELIGIBILITY OF PLAYERS

5.1. 19 years & Under – Boys & Girls

5.1.1. Those born in/ after the year of 2007.

5.2. Men's Open

5.3. Women's Open

5.4. Men's Masters

5.4.1. 35 years and above, those born in/ before the year of 1991

5.4.2. 45 years and above, those born in/ before the year of 1981

5.5. Women's Masters

5.5.1. 30 years and above, those born in/ before the year of 1996

5.6. Corporate Category (mixed)

5.6.1. All organizations registered with ACRA, including private companies, public companies, non-profit organizations, ministries and statutory boards, are eligible to participate in the corporate category.

5.6.2. The team must consist of at least seven (7) full time and/or contract staff of the same organisation (private, public and non-profit organisations).

5.6.3. Each team is only allowed to register a maximum of two (2) players who are not staff of the organisation. The following players shall not be eligible to be registered if they are not staff of the organisation:

5.6.3.1. Players who have represented Singapore (including those as Reserves) or their respective countries in SEA Games, Asian Games, Commonwealth Games or Olympic Games during the current year and past two years.

5.6.3.2. Professional players for clubs, etc during the current and past two years.

5.6.4. All team players must present their corporate staff ID for verification during registration.

5.6.5. If a staff ID is not available, the respective company must submit a duly signed employment letter with the company stamp for each registered team player during registration, along with any other required endorsements (e.g., employment letter or pay slip) as specified by The Organiser.

5.6.6. A team must consist of at least two (2) females, and one (1) female must be in the match at all times.

5.7. Teams may register foreign players (non-Singapore Citizen or non-permanent resident) as per below:

Total number of Registered Players	Max. number of Foreign Players
9 & 10	2
11 & 12	3
13 & 14	4

5.7.1. All foreign players must have a **permanent residential address** in Singapore. It is also mandatory for them to possess a Work Permit / Employment Pass / Dependent Pass or Student Pass or any other appropriate documentation that allows them to reside and work long term in Singapore. Visitor Pass will not be considered.

5.8. Each team may only register a minimum of 9 players and up to a maximum of 14 players (12 players + 2 Liberos).

5.9. Any one player is allowed to represent only one team in the same category during this competition.

5.10. All youth players are to provide a copy of their student pass for proof of eligibility.

6. REGISTRATION FEES & CLOSING DATE

6.1. Registration fees:

Category	Registration Fee
Youth	\$90.00/team
Open, Masters, Corporate	\$135.00/team

6.2. Registration closing date: **14th June 2026**.

7. COACHES AND ASSISTANT COACHES

7.1. All Team Officials must be properly attired (strictly no slippers and sandals).

7.2. **Youth Category:**

7.2.1. Each team may consist of up to one Head Coach, two Assistant Coaches, two Teachers-in-charge and one Team Manager.

- 7.2.2. A team without the accompaniment of any team official listed on the registration form at the commencement of a match will not be allowed to play. **Team Officials must be at least 21 years of age.**
- 7.2.3. While all registered Team Officials are allowed to sit on the bench during match play, only the Head Coach is allowed to make calls. In the absence of the Head Coach, Assistant Coach will be allowed to make calls.
- 7.2.4. The Teacher-in-charge will be allowed to make calls in the absence of coaches.
- 7.2.5. The Team Manager will not be allowed to make calls. In the absence of the Head Coach, Assistant Coach and Teacher-in-charge, only the Game Captain will be allowed to make calls.
- 7.2.6. Assisting personnel of teams who are not registered on the Teams Registration Form cannot be seated on or be at the bench area during the matches, even during time-outs.
- 7.2.7. Teams will not be allowed to change or add Team Officials after registration closing. Exceptional cases due to compassionate reasons will be assessed on a case-by-case basis. All decisions made by the Organiser will be final.

7.3. **Open, Masters, Corporate Categories**

- 7.3.1. In the event both the coach and assistant coach are absent on the day of the match, only the **game captain** can make official calls for the team.
- 7.3.2. Coaches or assistant coaches who are late will **not** be allowed to sit on the bench for the ongoing set. He will be allowed to do so for the next set.
- 7.3.3. Coaches who are also players are not allowed to make official calls for the team unless they are the game captain.

8. **TOURNAMENT REGULATIONS**

- 8.1. Besides the existing regulations, this championship will also abide by the rules and regulations of FIVB RULES OF THE GAME Official Volleyball Rules 2025-2028.
- 8.2. Teams are allowed to change their liberos for each match.
- 8.3. The minimum number of players required by each team to start the match is six (6+0).
- 8.4. Should any controversies or incidents occur beyond the scope of the specified rules and regulations, the Organising Committee will be responsible for settling the dispute. All decisions made by the Organising Committee are final.

9. TOURNAMENT FORMAT

- 9.1. Grouping followed by Knock-out Rounds.
- 9.2. Final Tournament Format will be dependent upon the total number of participating Teams
- 9.3. All matches will be played to the best of 3 sets (25/25/15) with no deuce for group stage.
- 9.4. **Official Competition Ball:** Mikasa V200W
- 9.5. **Height of Net**

Category	U19 Boys	U19 Girls	Men's Open	Women's Open	Men's Masters 35	Men's Masters 45	Women's Masters	Corporate Mixed
Height (cm)	243	224	243	224	238	235	220	243

9.6. Ball Retrieval System

- 9.6.1. The "3-ball system" of ball retrieval will be used for all games in this competition.
- 9.6.2. For every game played, each team shall provide 1 player to assist in ball retrieval *and 1 player to assist in the mopping* as deemed fit by the Organising Committee.

10. RANKING OF TEAMS

- 10.1. In order to establish the ranking of teams after the Preliminary Round, the following criteria should be implemented for all tournaments:
- 10.1.1. The ranking of teams is determined by the number of victories (match won, match lost) among teams of the same pool or group.
- 10.1.2. In the case of equal number of victories, if two or more teams have the same number of victories, they will be classified in descending order by the points gained by each team per match as follows:

Best of 3 sets	Points awarded
Win 2-0	3
Win 2-1	2
Lost 1-2	1
Lost 0-2	0
Match forfeited	0

10.1.3. Set quotient

10.1.3.1. In the case of equality in the number of matches won by two or several teams, they will be classified in descending order by the quotient resulting from the division of the number of all sets won by the number of all sets lost

10.1.4. Points quotient

10.1.4.1. If the tie persists as per the set quotient (9.1.3.) the teams will be classified in descending order by the quotient resulting from the division of all points scored by the total of points lost during all sets

10.1.5. If the tie continues as per the point quotient (9.1.4.) between two teams the priority will be given to the team which won the last match between them. When the tie in point quotient is between three or more teams, a new classification of these teams will be made taking into consideration only the matches involving the teams in question.

11. POSTPONEMENT

11.1. The Organising Committee shall, at their discretion, decide to postpone a match if they think the venue is unfit for play, or for any other valid reasons for which they deem a postponement is in order. Teams must abide by the decision of the Organising Committee.

12. REPORTING & WALKOVER

12.1. The team concerned must report **10 minutes** before the scheduled match with at least 6 players, otherwise the team shall concede a walkover to the opposing team.

12.2. Teams that do not have a registered Team Official or Player above 21-years-old at the commencement of their scheduled match shall concede in a walkover to the opposing team.

12.3. Teams that field an illegal player (inclusive of players wearing a different jersey number than registered) shall concede in a walkover to the opposing team.

12.4. The Organiser may, at its discretion, amend the reporting time if justifiable (e.g. special cases whereby the delay may be caused by traffic/flood etc.). However, the delay must be communicated by the teams to the Organiser prior to the commencement of the match.

- 12.5. Team that concedes a walkover will get zero points and the opposing team will be awarded three points. (0-25, 0-25)

13. SUSPENSION

- 13.1. Any players that have been expelled from the court during the match on grounds of misconduct shall be suspended from the entire match.
- 13.2. Any further suspensions will be assessed and decided upon by the Organising Committee. All decisions made by the Organising Committee are final.

14. AWARDS

- 14.1. Prizes will be awarded to the top 3 teams in each category with a minimum of 8 teams.
- 14.2. All prize winners of each category must be present at the closing ceremony to receive the awards with proper attire (especially no slippers and sandals). Otherwise, the prizes will not be awarded to the teams concerned.

15. ATTIRE

- 15.1. All teams are **STRONGLY ENCOURAGED** to check with the organisers **BEFORE** the purchase or printing of any uniforms. The Organising Committee will not be held responsible for any costs should the uniforms be rejected during the tournament.
- 15.2. Playing attire must be uniform, and of the same colour for each team (except for the Libero).
- 15.3. The Libero player(s) must wear a uniform which has a different dominant colour from the rest of the team. The uniform must clearly contrast with the rest of the team.
- 15.4. The Libero uniforms must be numbered like the rest of the team.
- 15.5. **The team's name must be clearly printed on the upper back of the players' jerseys, above the jersey number.**
- 15.6. Players' jersey must be numbered from **1 to 99** inclusive and must be clearly visible. Entire number must clearly contrast with the jersey and be centred on the chest and upper back of the jersey below the team's name. Chest is from the neck to the sternum, not the stomach. The main goal is to see the number at a glance, placement and size are factors.

- 15.7. The number must be of a contrasting **prominent 1-colour print** to the jersey and a minimum of **15 cm** height on the front and **20cm** on the back below the team's name. The stripe forming the numbers must be a minimum of **2cm** in width.
- 15.8. Certain combinations of colours do not meet any standard of contrast. Some are, but not limited to, black/navy; red/maroon/burgundy; black/dark green; white/light yellow; navy/maroon. Such combinations must be avoided. One way to get a better idea of contrast is to take a photo of both jerseys and convert it to monochrome (gray scale). If it is difficult to determine which is which, this combination should be avoided.
- 15.9. **Each player's jersey number must remain consistent throughout the entire tournament and must match their registered number.**
- 15.10. In case of any sponsorship for the team, the sponsor's name must not replace the team's name at the back of the jersey.
- 15.11. Teams that fail to meet the jersey requirements shall concede in a walkover to the opposing team.

16. NOTES

- 16.1. The Organising Committee holds the right to decide on any issues that may arise that are not stated in the General Regulations.
- 16.2. The Organising Committee has the right to alter the scheduled time and dates of the tournament if necessary. Participating teams will be informed of the changes as soon as possible.
- 16.3. **It is the responsibility of participating teams to read through the Rules and Regulations thoroughly.**
- 16.4. **It is the responsibility of participating teams' players, Teachers-in-charge, Team Managers, Head Coaches, Assistant Coaches, to take note of fixtures after the preliminary rounds to avoid unnecessary walkovers.**
- 16.5. All decisions made by the Organising Committee are final.