



PESTA SUKAN

Pesta Sukan Para Swimming 2026

Team Manager Meeting

Friday, 3 July 2026

11:00am

Online Briefing

Organised by Singapore Disability Sports Council (SDSC)



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SWIMMING**

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**Let's celebrate National Day
as one through sport.**

Event Information

Date: 10 July 2026 (Friday)

Venue: **Our Tampines Hub**

Address: **Level 6** Our Tampines Hub, 1 Tampines Walk Singapore 528523

Registration Time: 11:30am

Warm up Start: 12pm

*Time: 1pm until 5pm (Not inclusive of prize presentation)

Please be advised that meals will not be provided during the competition. All participants and attendees are encouraged to have early lunch before arriving at the venue.

Rules & Regulations

[https://www.activesgcircle.gov.sg/hubfs/GetActive%20Singapore/GetActive%20Singapore%202026/Rules%20and%20Regulations/Para%20Swimming/Pesta%20Sukan%202026%20Rules%20Regulations%20-%20PARA%20SWIMMING%20\(V1\)%20\(020526\).pdf](https://www.activesgcircle.gov.sg/hubfs/GetActive%20Singapore/GetActive%20Singapore%202026/Rules%20and%20Regulations/Para%20Swimming/Pesta%20Sukan%202026%20Rules%20Regulations%20-%20PARA%20SWIMMING%20(V1)%20(020526).pdf)



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Event Information

Role	Name	Contact
Competition Manager	Arthur Lee	alee306@yahoo.com
SDSC	Nurul Fiona	nurul.fiona@sdsc.org.sg
Meet Director (WPS ITO)	Tina Ong	contact via tze.wei@sdsc.org.sg



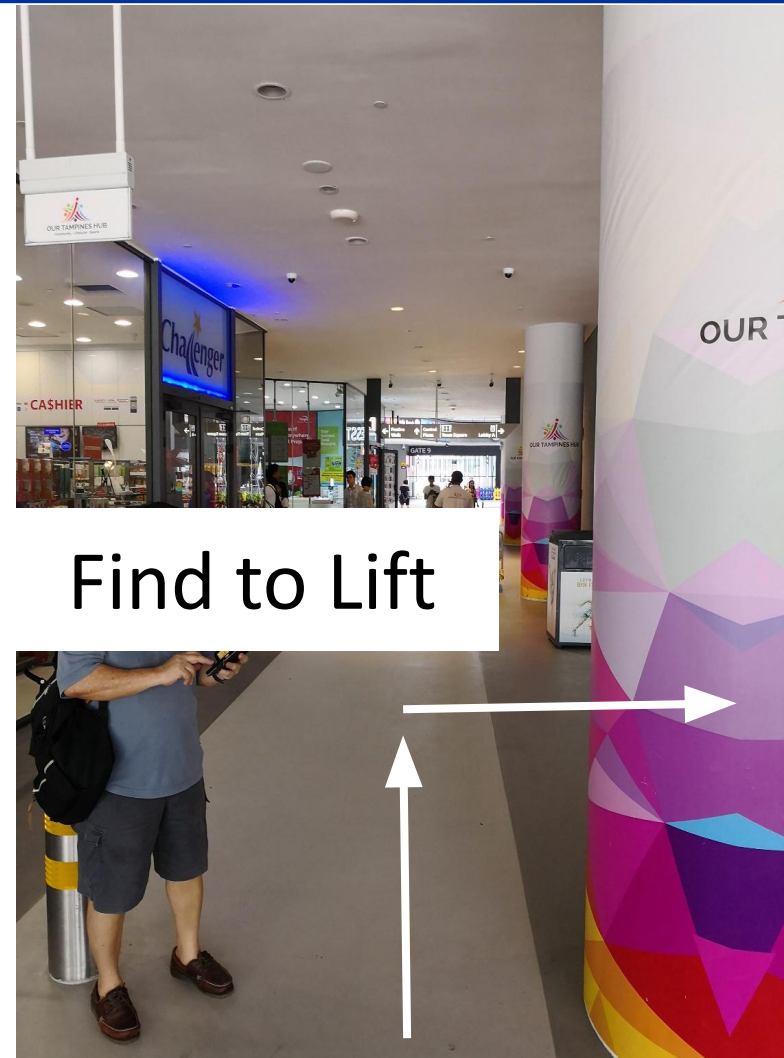
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Direction to Venue



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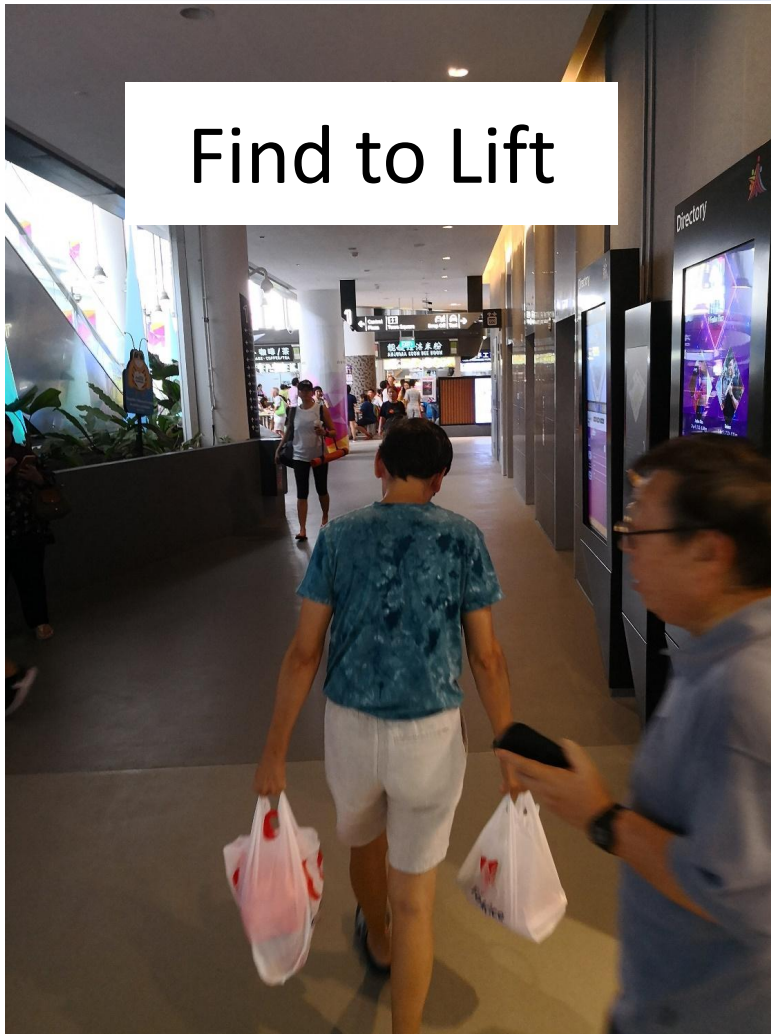
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Direction to Venue

Find to Lift



Head to
Lvl 6



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Venue



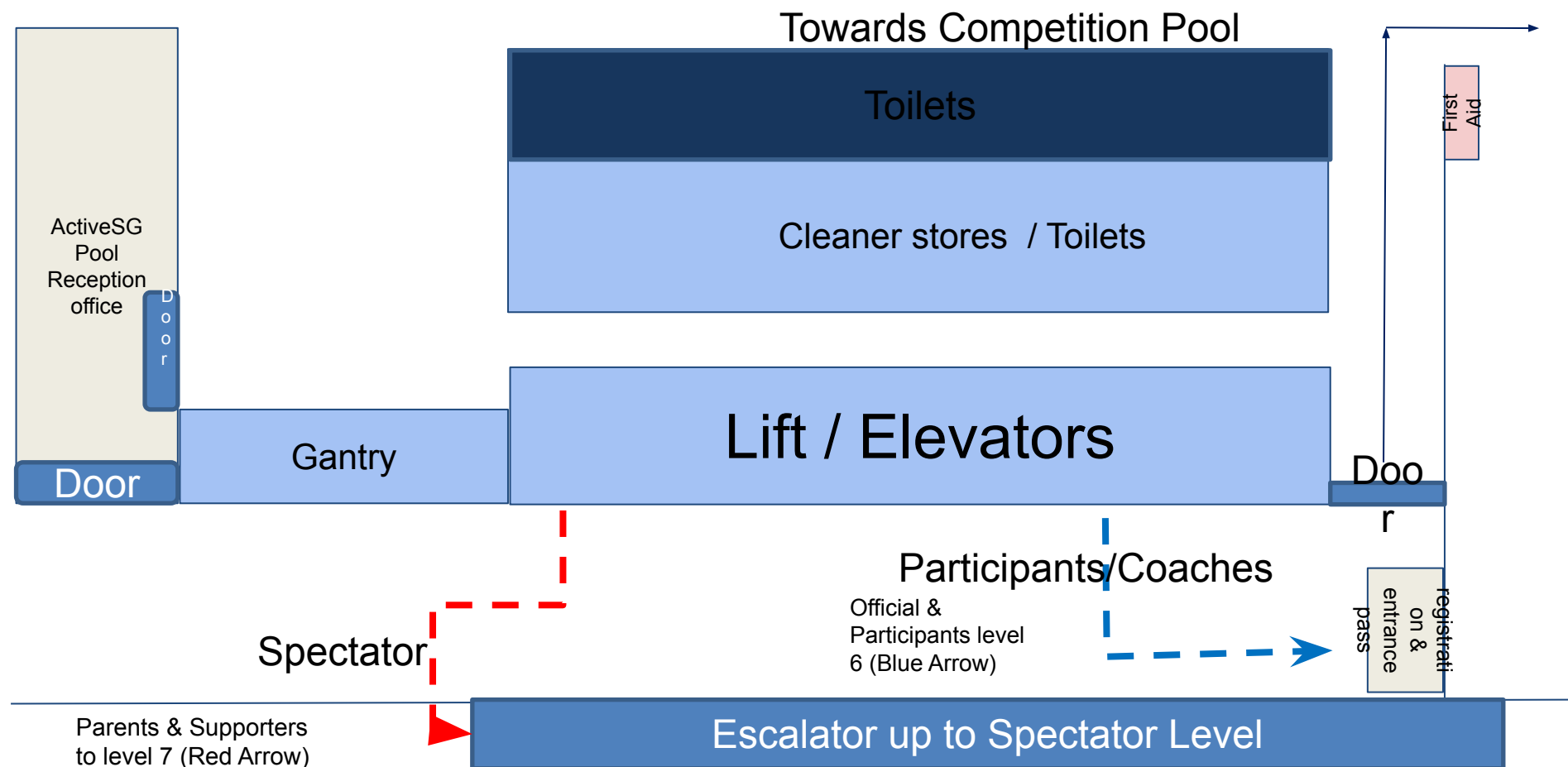
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Map to Pool & Spectator (from Level 6)



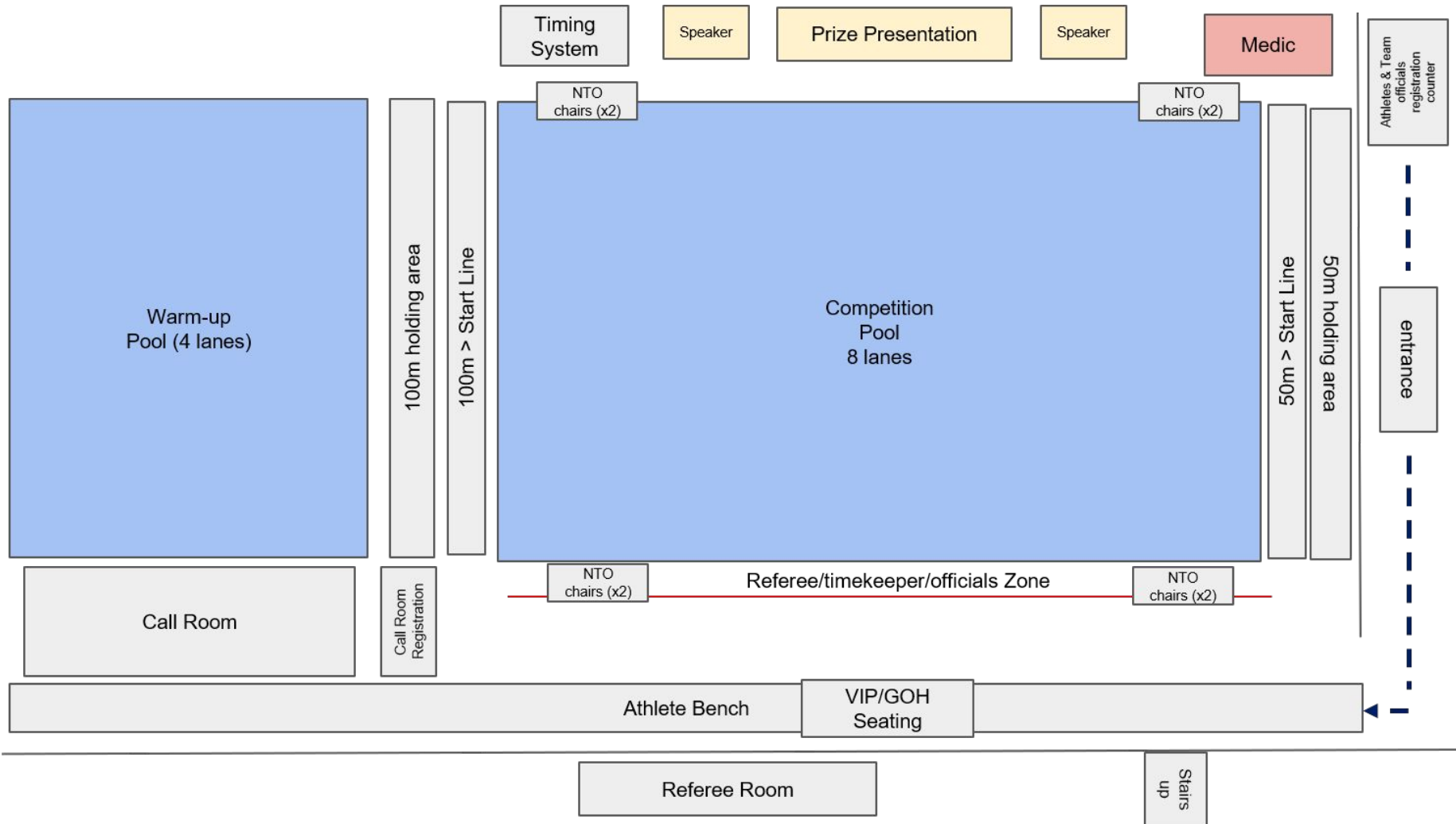
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Pool Layout



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Safety: Lifeguards / First Aid

Lifeguard and a medic will cover the event.

Warm Up and the competition will only commence with lifeguard and medics on standby.

Participation Requirements

While no minimum qualifying times are imposed, all participants must demonstrate event competency by completing their entered distance without buoyancy aids or external assistance.

The Organizer reserves the right to disqualify participants who fail to meet competency standards or pose safety concerns.



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Indemnity form

Please be advised that all teams must submit their completed indemnity forms and parents consent by 9 July 2026.

Those who did not receive the email sent by ActiveSG, please let Fiona know at the end of the meeting.



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Warm Up Procedure

Competition Pool (50m)

- Warm-up: 12:00PM - 12:45PM

After 12:45pm, all swimmers to can use Multi Purpose Pool (25m) to warm up within 4 lanes dedicated for swimming

Multi Purpose Pool

Warm-up and Cool-down: From 12:00pm onward



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Warm Up Lane Procedure at Competition Pool

WARM UP LANES GUIDES									
9	8	7	6	5	4	3	2	1	0
S11	Dive Start 25m	Dive Start 25m	Circle Swim	Circle Swim	Circle Swim	Circle Swim	Dive Start 25m	Dive Start 25m	S1-S5

Warm Up/Swim Down Rules:

1. **No Diving:** Diving is strictly prohibited in the circle swim lanes.
2. **Coaches and School Representatives** are fully responsible for the safety, behavior, and supervision of their respective swimmers during all warm-up and cool-down periods.
3. **After 12:45 PM:** The main competition pool will be closed for practice. All subsequent warm-ups and swim-downs must take place in the designated Multi Purpose Pool .



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Call Room

Call Room Procedures

1. Location

The Call Room is located at the **Multi-Purpose Pool**.

2. Reporting Timeline

Swimmers must report to the Call Room at least **15 minutes prior** to their scheduled event start time.

3. Athlete Accountability

No Announcements: There will be no public address announcements for Call Room reporting.

Team Responsibility: Team Officials and coaches are strictly responsible for ensuring their swimmers arrive on time. Late arrivals may result in disqualification.



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Event Order

10 July 2026, Friday 1pm – 5pm

200m Freestyle Multi Class S1-S15, II2, II3	Para Event 7 to 12 years old (Boys + Girls) 13 years and over (Men + Women)
50m Backstroke Multi Class S1-S15, II2, II3	Para Event 7 to 12 years old (Boys + Girls) 13 years and over (Men + Women)
200m Individual Medley Multi Class SM1-SM15, II2, II3	Para Event 13 years and over (Men + Women)
100m Breaststroke Multi Class SB1-SB15, II2, II3	Para Event 7 to 12 years old (Boys + Girls) 13 years and over (Men + Women)
50m Butterfly Multi Class S1-S15, II2, II3	Para Event 7 to 12 years old (Boys + Girls) 13 years and over (Men + Women)
100m Freestyle Multi Class S1-S15, II2, II3	Para Event 7 to 12 years old (Boys + Girls) 13 years and over (Men + Women)
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50m Freestyle Multi Class S1-S15, II2, II3	Para Event 7 to 12 years old (Boys + Girls) 13 years and over (Men + Women)



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Event Viability

Event Viability Rules

1. Minimum Requirement

To be considered viable, an event must have a minimum of **4 registered swimmers**.

2. Conditional Exceptions ("Minus One" Rule)

If the minimum requirement is not met, the event will only proceed under the following conditions:

Three Swimmers: The event proceeds; **2 medals** will be awarded (Gold and Silver).

Two Swimmers: The event proceeds; **1 medal** will be awarded (Gold only).

3. Event Cancellation

One Swimmer: The event is **canceled**.



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CANCELLED EVENTS DUE TO NON-VIABILITY

1. Girl's 100m Backstroke Multi Class
2. Girl's 100m Breaststroke Multi Class
3. Girl's 50m Backstroke Multi Class
4. Women's 100m Backstroke Multi Class



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Competition Format, Result & Ranking

Swimming Timing System (Touch Pads)

OMEGA Swiss Timing.

Competition Format

Swimmers with different sport class to compete together, and ranking are determined using the Australia Multi-Class Point Score (MCPS) system.

Competition Ranking and Medal

Rankings and medals will be determined using the Australia Multi-Class Point System. All teams (swimmers, coaches, managers) must regularly check the results board for updated point rankings.

Example Below

Singapore Disability Sports Council

HY-TEK's MEET MANAGER 8.0 - 6:33 PM 6/8/2025 Page 1

Results -

Event 109 Women 50 LC Meter Breaststroke Multi-Class National

	Name		Age	Team	Finals Time	MCPS	Points
1		SB14	23	Art Aquatics	48.68	268	20
2		SB14	16	Ultra Swim School	53.00	208	17
3		SB14	19	Ultra Swim School	59.31	148	16
4		SB7	20	Ultra Swim School	1:24.19	97	15



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Classification & Sport Class

Para Swimmers will follow Sports Classes as below:

Sport Classification:

S, SM 1-10, SB 1- 9 = Physical Impairment

S, SB, SM 11 – S13 = Visual Impairment

S, SB, SM 14 = Intellectual Impairment

S, SB, SM 15 = Deaf / Hard of Hearing

S, SB, SM 18 = Significant Other Impairment / Down Syndrome (VIRTUS II2)

S, SB, SM 19 = Autism (VIRTUS II3)



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Medal

If there is a tie in any of the top 3 positions, the medals will be awarded, in accordance as follows:

In the case of two (2) equal MCPS Points:

- For 1st position: 2 Golds, no Silver, 1 Bronze
- For 2nd position: 1 Gold, 2 Silvers, no Bronze
- For 3rd position: 1 Gold, 1 Silver, 2 Bronzes

In the case of three (3) equal MCPS Points:

- For 1st position: 3 Golds, no Silver, 1 Bronze
- For 2nd position: 1 Gold, 3 Silvers, no Bronze
- For 3rd position: 1 Gold, 1 Silver, 3 Bronzes



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Best Individual Performer

The competition will recognise the Best Individual Performer in each age group, determined by the highest total score **accumulated** from a maximum of 3 individual events. In the event of a tie, Australia MCPS (Multi Class Point Score) will be used as the tiebreaker, with the winner being the athlete with the highest total points.

Winners will be announced during the competition and should promptly report to the medal collection area to receive their awards.

Scoring for Individual Events (Places 1-10):

1st place: 20 score

2nd place: 17 score

3rd place: 16 score

4th place: 15 score

5th place: 14 score

6th place: 13 score

7th place: 12 score

8th place: 11 score

9th place: 9 score

10th place: 7 score

Age Group	Clarification
7 to 12 years old (Boys)	Born 2018 to 2013
7 to 12 years old (Girls)	Born 2018 to 2013
13 years and over (Men)	Born in 2012 or earlier
13 years and over (Women)	Born in 2012 or earlier



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Startlist

Start list can be downloaded here:

<https://www.activesgcircle.gov.sg/getactive-singapore/pesta-sukan/para-sport/swimming>

No hardcopy schedule & startlist will be distribute, school/club/individual are expected to prepare on their own



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Results

Results of the meet will be posted on the results' notice board as and when they become available. No competitor, liaison officer or representative shall approach the meet officials for results.

Live result can be found in “**Meet Mobile App**” (App Store / Google Play)



* In app subscription fee applied to view the result



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Technical Protest

Refer Pesta Sukan Para Swimming R&R, Rules 11

Any technical protest or objection must be submitted by the Team Leader to the Meet Director within thirty (30) minutes following the publication of the official results. A non-refundable deposit of one hundred Singapore dollars (SGD \$100) is required at the time of submission. Only the appointed Officers-in-Charge or their designated representatives are permitted to lodge protests, which must be formally submitted using the official Protest Form.

<https://www.paralympic.org/sites/default/files/2024-08/Technical%20Protest%20Form.pdf>



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Swimwear



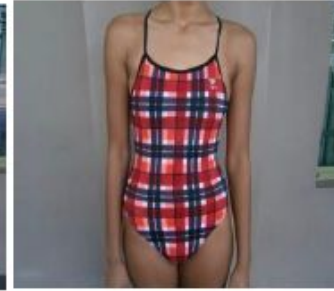
Male



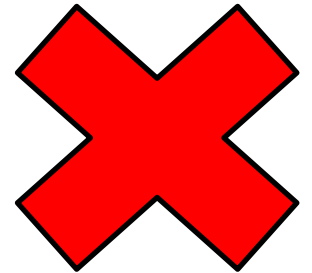
Female



Male



Female



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Startlist will be posted by 9 July 2026, 6PM



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