

**GETACTIVE! SINGAPORE — PESTA SUKAN**

# **Run, Walk and Swim Challenge**

*Participant User Guide — Mobile Edition*

All Participant Types, on Phone or Tablet Browsers

This guide is organised into the following parts:

- Part 1 — Individual Participant: Run and Walk Challenge**
- Part 2 — Individual Participant: Swimming Challenge**
- Part 3 — Family Account: Run and Walk Challenge**
- Part 4 — Family Account: Swimming Challenge**
- Part 5 — Frequently Asked Questions and Troubleshooting**

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## Part 1 — Individual Participant

*Run and Walk Challenge (Mobile)*

### STEP 1 Signing In

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Before you begin, check your email inbox on your phone. You will receive a message containing your personal login details (username and password) for the challenge portal.

Once you have your login details, follow these steps:

- Open your phone's web browser and go to [pestasukan.sg](http://pestasukan.sg)
- Enter the **Username** sent to your email in the Username field.
- Enter your **Password** in the Password field.
- Tap the red **Log In** button to continue.

PARTICIPANT PORTAL

## Sign In

Username

Password

Figure 1 — Sign In page on mobile

### STEP 2 Navigating on Mobile

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On mobile, the menu is tucked behind the three-line icon in the top-left corner. Tap it to open the navigation drawer, which gives you access to Dashboard, Log Activity, and Log Out.

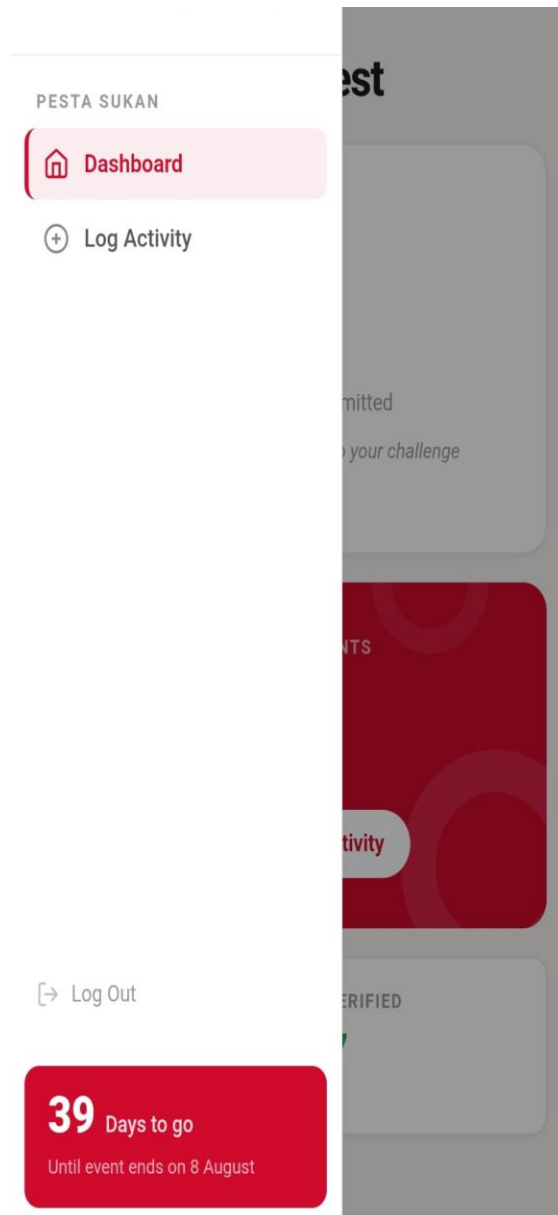


Figure 2 — Navigation drawer (tap the menu icon to open)

### STEP 3 Your Dashboard

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After signing in, you will land on your Dashboard. This is your home base for the challenge — it shows your progress, your activity history, and lets you log new activities. On mobile, everything is arranged in a single column, so you will need to scroll down to see all of it.

The following describes what each part of the Dashboard means:

- **Total Distance Clocked** — your verified total distance for the Run and Walk challenge so far. Only entries marked **Verified** count toward this number.

- **Total Activities Submitted, Verified, and Rejected** — a quick breakdown of how many activities you have logged and their outcomes.
- **Activity History** — a table listing every activity you have submitted, with date, distance, status, and a link to view the proof you uploaded.

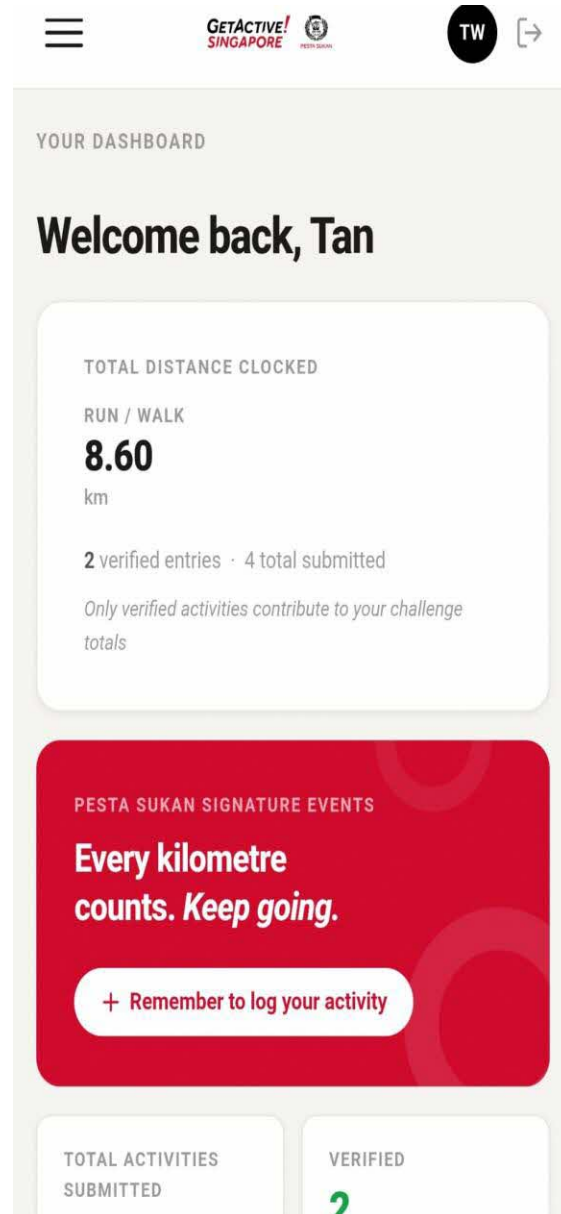


Figure 3 — Top of the Dashboard

Scrolling further down shows your activity stats and history:

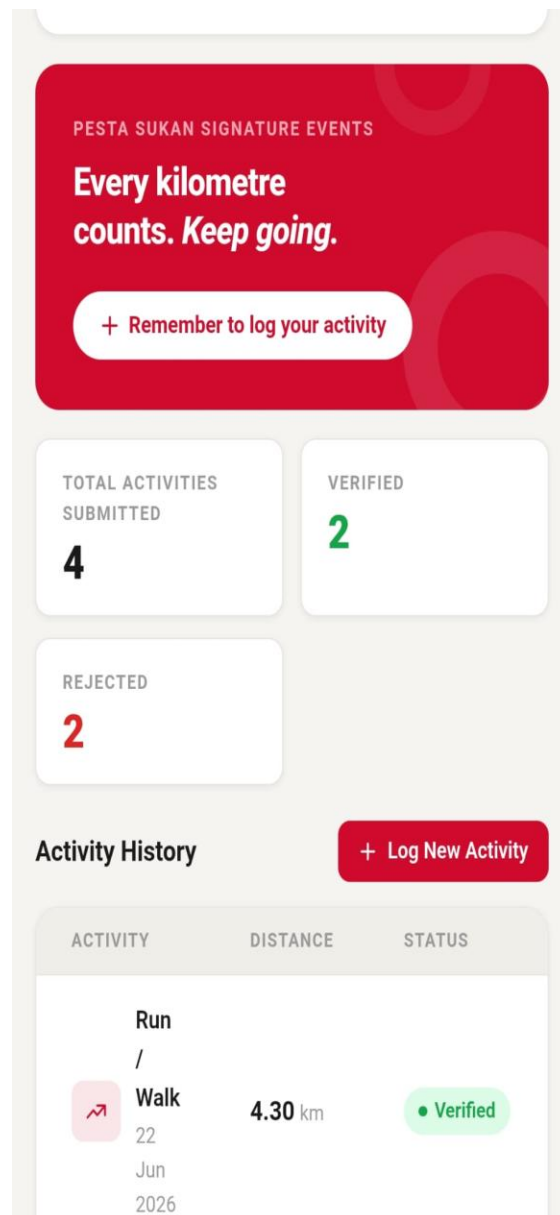


Figure 4 — Activities submitted, verified, and rejected, with Activity History below

## STEP 4 Logging a Run and Walk Activity

To submit a new activity, open the navigation drawer and tap "Log Activity". You will see a form to fill in:

- **What did you do?** Your activity type is pre-selected based on the challenge you registered for. This is fixed and cannot be changed.
- **Distance (kilometres)** — enter the total distance you covered, for example 5.00.
- **Date of Activity** — enter the date you completed the activity. This can be any date within the challenge window, from 4 July 2026 to 8 August 2026, including

earlier dates you may not have logged yet. You cannot enter a date that has not yet occurred.


- **Upload a screenshot** showing the date and activity distance. On mobile, tap the upload box to choose a photo or screenshot from your phone's gallery, or take one directly with your camera. Accepted formats are JPEG, PNG, GIF, and WebP, with a maximum file size of 10 megabytes.
- Tap **Submit activity** to send it in for verification.

Important: Your screenshot must clearly and accurately show the same date and distance you entered in the form. If either does not match, your submission will be automatically rejected.

NEW SUBMISSION

## Log an activity

WHAT DID YOU DO?



**Run / Walk**

Upload a screenshot of your activity

ACTIVITY DETAILS

Distance (km)

e.g. 5.00 km

Date of Activity

Challenge window: 1 Jun - 8 Aug 2026

UPLOAD A SCREENSHOT SHOWING THE DATE, AND ACTIVITY DISTANCE

Figure 5 — Log an Activity page on mobile

Example: once you have entered your distance and date, and uploaded your screenshot, you will see a preview of the image you selected before submitting, as shown below:

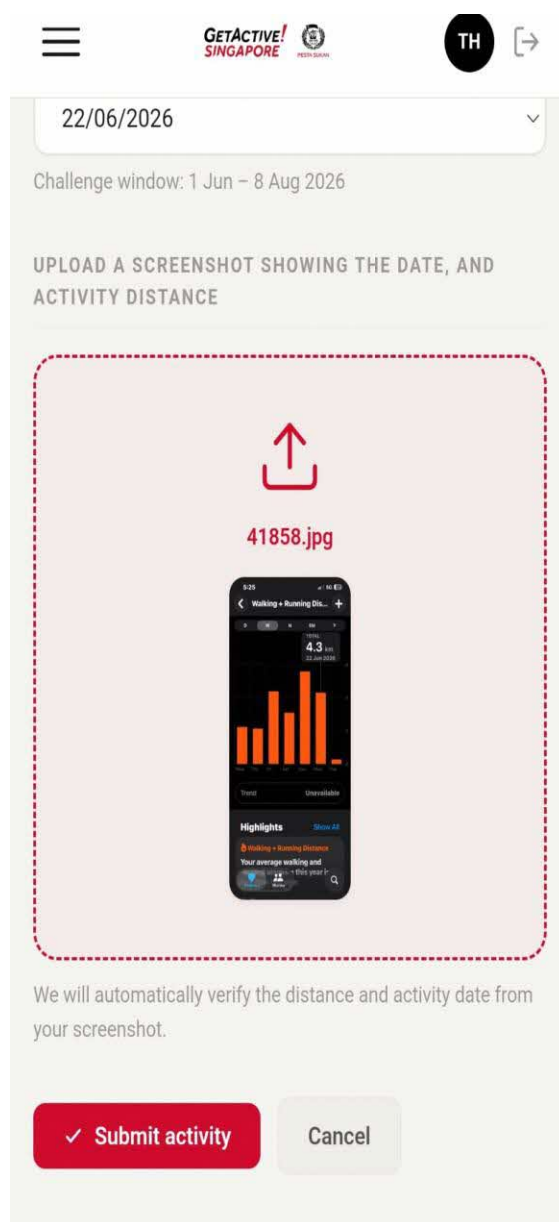
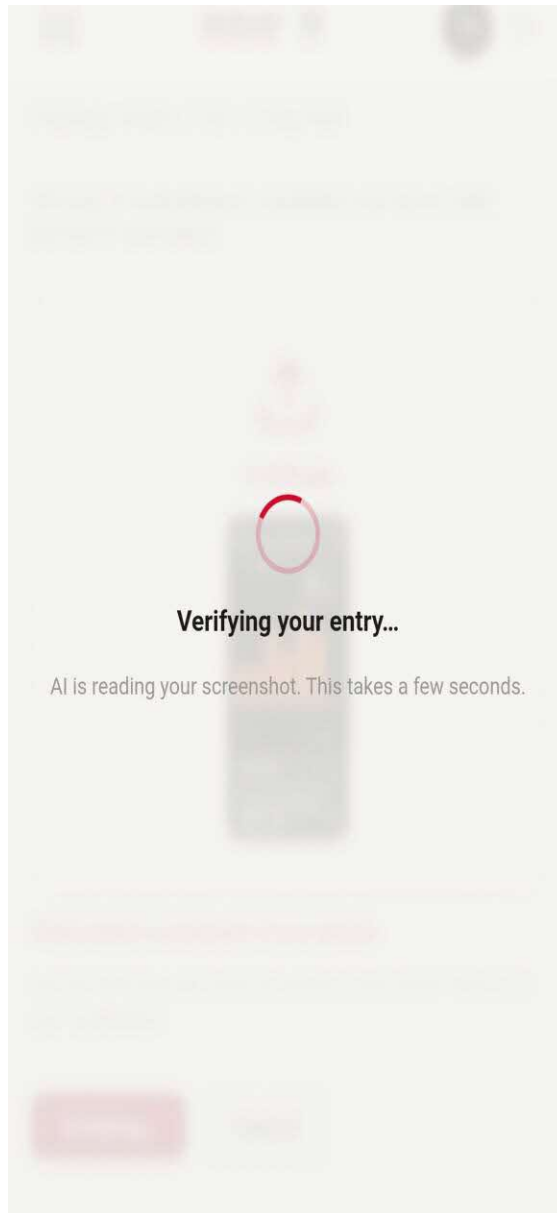


Figure 6 — Completed entry with screenshot attached, ready to submit

## STEP 5 After Submitting

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After you tap Submit Activity, the portal uses AI to read your screenshot and automatically check the date and distance against what you entered. This usually takes a few seconds.



*Figure 7 — Verification in progress*

Once verification is complete, you will be returned to your Dashboard. If your screenshot clearly shows the correct distance and date, your entry will be verified automatically and you will see a green confirmation banner at the top of the page: "Entry verified! Your distance has been added to your total."

Your Total Distance Clocked figure, along with your verified entry count, will update immediately to reflect the new entry.

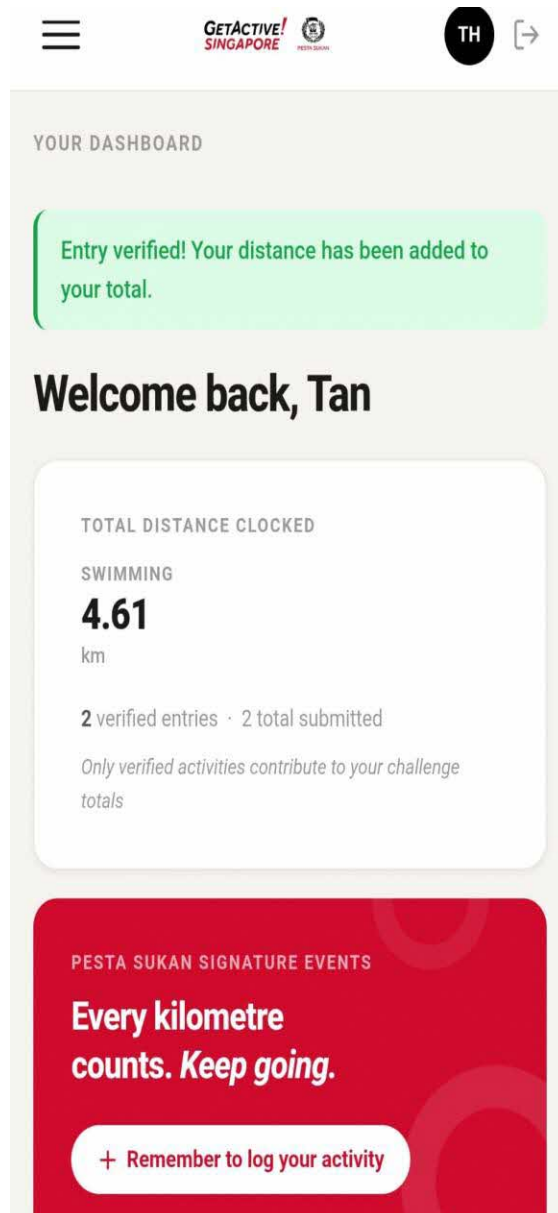


Figure 8 — Dashboard showing a successful verification

If the date or distance in your screenshot does not match what you entered, your entry will appear in your Activity History as Rejected instead. The portal does not display a specific rejection reason — the most common cause is that the screenshot does not clearly show the correct date, the correct distance, or both. Tap "View" next to the rejected entry to review the screenshot you submitted, then log the activity again with a screenshot that clearly shows both the correct date and the correct distance.

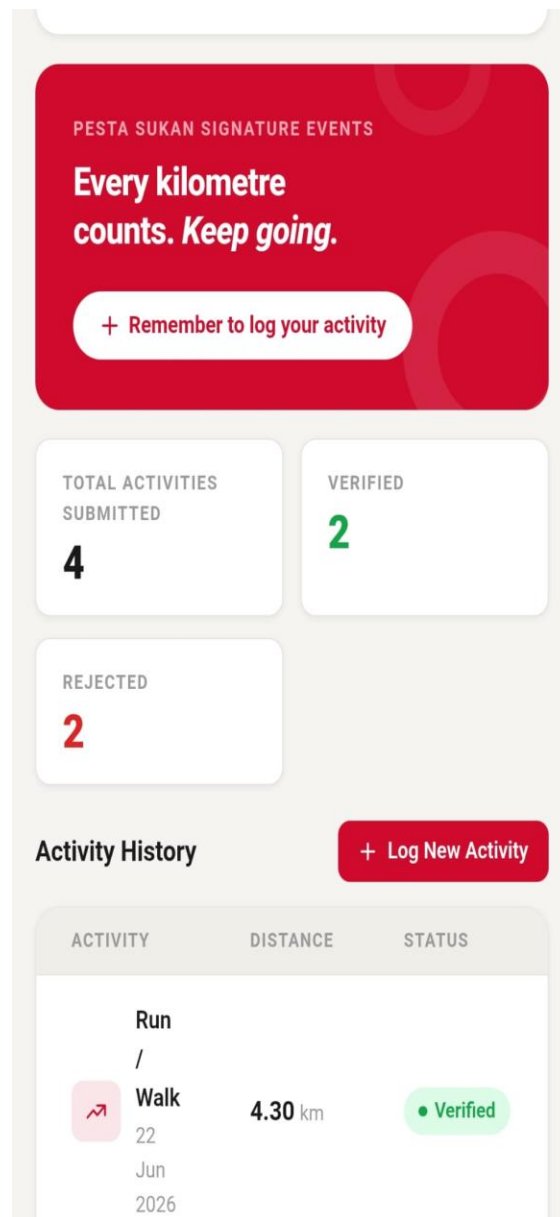


Figure 9 — Updated activity stats and history after verification

## STEP 6 Logging Out

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Once you have finished logging your activities for the day, remember to log out of your account. Open the navigation drawer using the menu icon in the top-left corner, then tap "Log Out" near the bottom.

This is especially important if you are using a shared or public device, so that your account stays secure.

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## Part 2 — Individual Participant

*Swimming Challenge (Mobile)*

### STEP 1 Signing In

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Before you begin, check your email inbox on your phone. You will receive a message containing your personal login details (username and password) for the challenge portal.

Once you have your login details, follow these steps:

- Open your phone's web browser and go to [pestasukan.sg](http://pestasukan.sg)
- Enter the **Username** sent to your email in the Username field.
- Enter your **Password** in the Password field.
- Tap the red **Log In** button to continue.

PARTICIPANT PORTAL

## Sign In

Username

Password

Figure 1 — Sign In page on mobile

### STEP 2 Navigating on Mobile

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On mobile, the menu is tucked behind the three-line icon in the top-left corner. Tap it to open the navigation drawer, which gives you access to Dashboard, Log Activity, and Log Out.

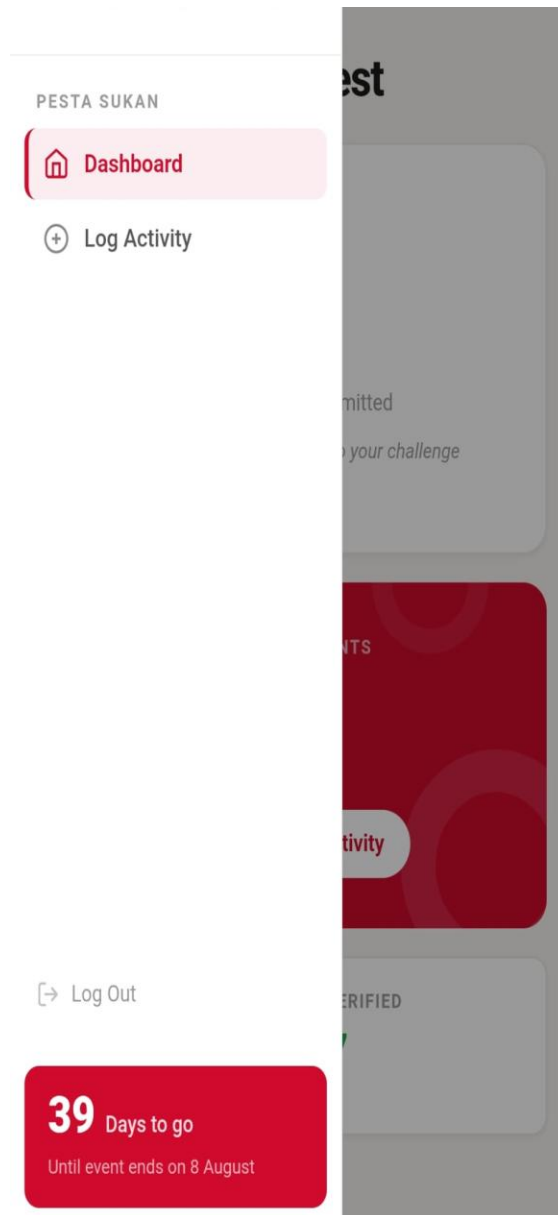


Figure 2 — Navigation drawer (tap the menu icon to open)

### STEP 3 Your Dashboard

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After signing in, you will land on your Dashboard. This is your home base for the challenge — it shows your progress, your activity history, and lets you log new activities. On mobile, everything is arranged in a single column, so you will need to scroll down to see all of it.

The following describes what each part of the Dashboard means:

- **Total Distance Clocked** — your verified total distance for the Swimming challenge so far. Only entries marked **Verified** count toward this number.

- **Activity History** — a table listing every activity you have submitted, with date, distance, status, and a link to view the proof you uploaded. Before your first submission, this section will show "No entries yet."
- **Log New Activity** — the red button you will use to submit a new Swimming entry.

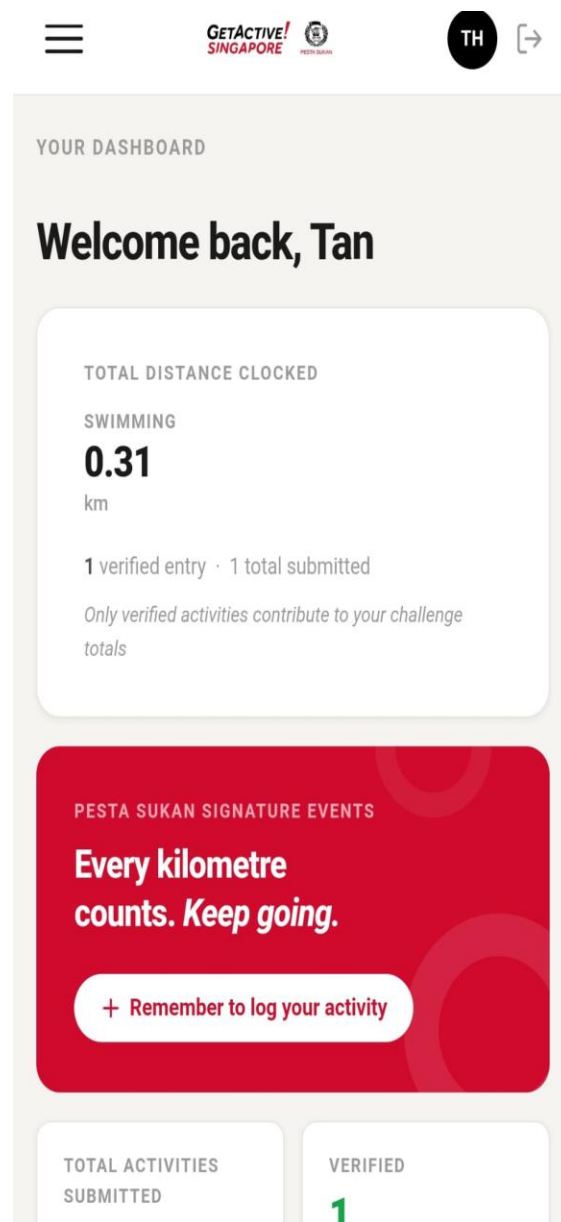


Figure 3 — Dashboard (Individual participant, Swimming challenge)

## STEP 4 Logging a Swimming Activity

To submit a new activity, open the navigation drawer and tap "Log Activity", or tap "Log your first activity" or "Log New Activity" on your Dashboard. You will see a form to fill in:

- **What did you do?** Your activity type is pre-selected as **Swimming** based on the challenge you registered for. This is fixed and cannot be changed.
- **Distance (kilometres)** — enter the total distance you covered, for example 5.00.
- **Date of Activity** — enter the date you completed the activity. This can be any date within the challenge window, from 4 July 2026 to 8 August 2026, including earlier dates you may not have logged yet. You cannot enter a date that has not yet occurred.
- **Upload a screenshot** showing the date and activity distance. On mobile, tap the upload box to choose a photo or screenshot from your phone's gallery, or take one directly with your camera. Accepted formats are JPEG, PNG, GIF, and WebP, with a maximum file size of 10 megabytes.
- Tap **Submit activity** to send it in for verification.

Important: Your screenshot must clearly and accurately show the same date and distance you entered in the form. If either does not match, your submission will be automatically rejected.

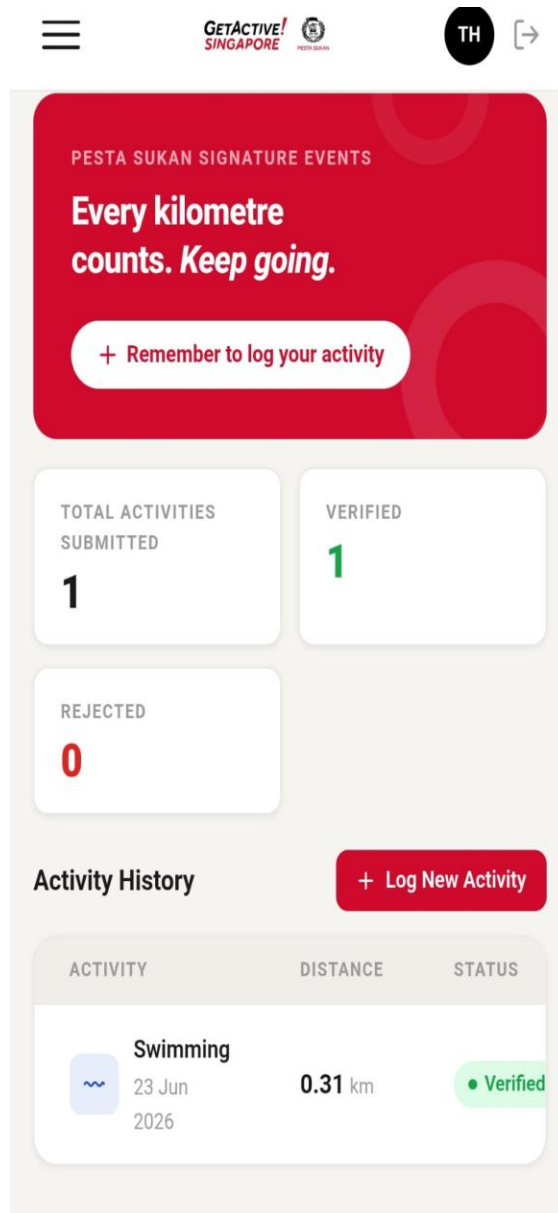


Figure 4 — Log an Activity page on mobile (Swimming)

Example: once you have entered your distance and date, and uploaded your screenshot, you will see a preview of the image you selected before submitting, as shown below:

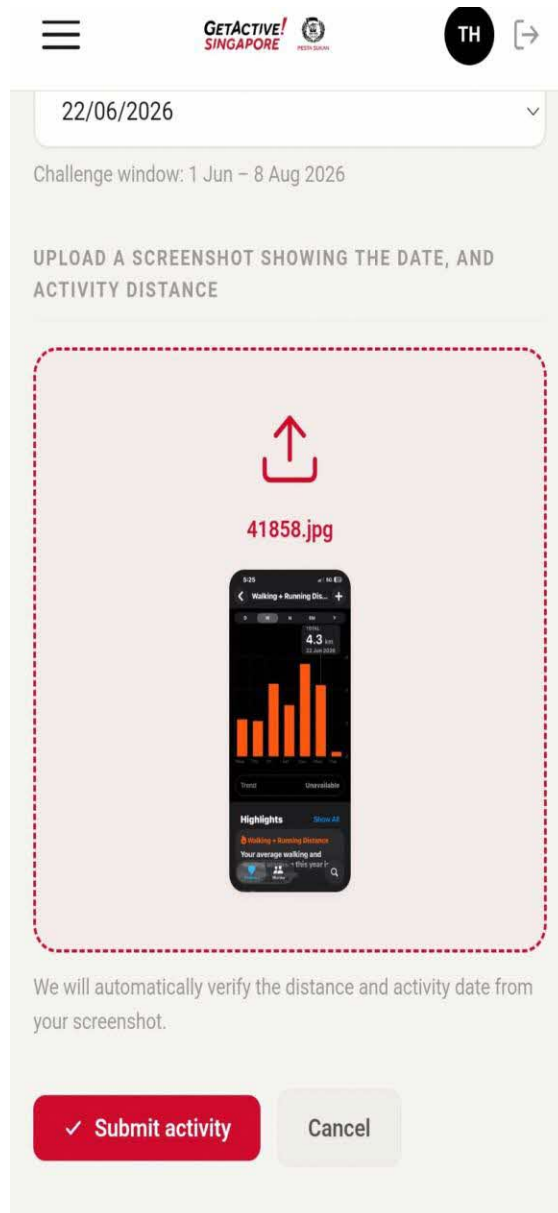


Figure 5 — Completed entry with screenshot attached, ready to submit

## STEP 5 After Submitting

After you tap Submit Activity, the portal reads your screenshot and automatically checks the date and distance against what you entered. Once verification is complete, you will be returned to your Dashboard with a green confirmation banner at the top of the page: "Entry verified! Your distance has been added to your total."

Your Total Distance Clocked figure, along with your verified entry count, will update immediately to reflect the new entry.

If the date or distance in your screenshot does not match what you entered, your entry will appear in your Activity History as Rejected instead. The portal does not display a

specific rejection reason — the most common cause is that the screenshot does not clearly show the correct date, the correct distance, or both. Tap "View" next to the rejected entry to review the screenshot you submitted, then log the activity again with a screenshot that clearly shows both the correct date and the correct distance.

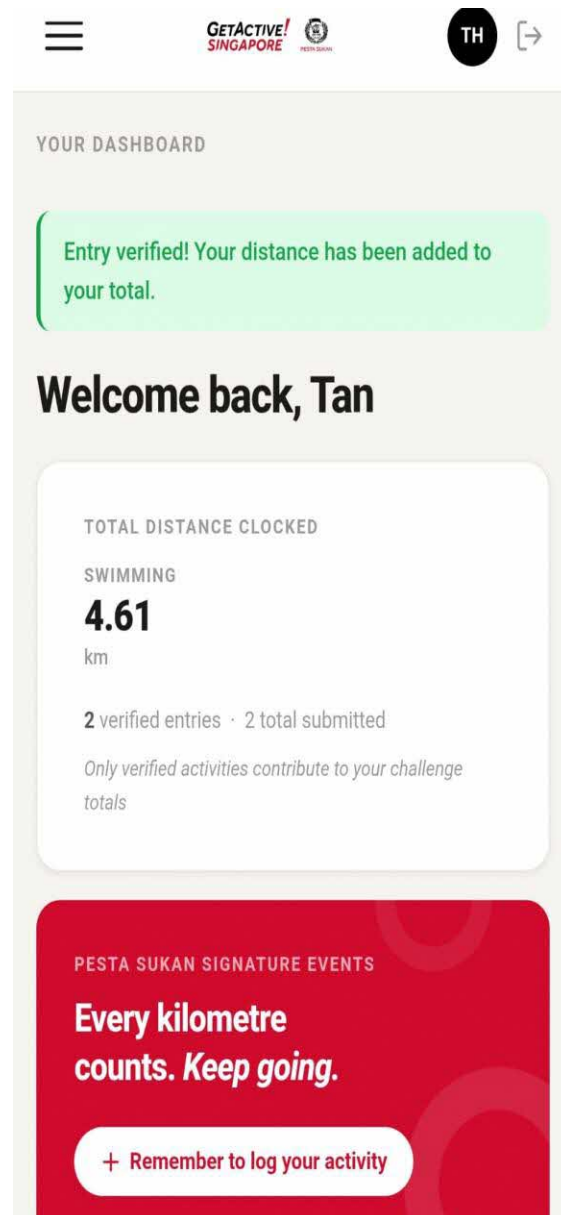


Figure 6 — Dashboard showing a successful verification

## STEP 6 Logging Out

Once you have finished logging your activities for the day, remember to log out of your account. Open the navigation drawer using the menu icon in the top-left corner, then tap "Log Out" near the bottom.

This is especially important if you are using a shared or public device, so that your account stays secure.

## Part 3 — Family Account

*Run and Walk Challenge (Mobile)*

### STEP 1 Signing In

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Before you begin, check your email inbox on your phone. You will receive a message containing your family's login details (username and password) for the challenge portal.

Once you have your login details, follow these steps:

- Open your phone's web browser and go to [pestasukan.sg](http://pestasukan.sg)
- Enter the **Username** sent to your email in the Username field.
- Enter your **Password** in the Password field.
- Tap the red **Log In** button to continue.

### STEP 2 Navigating on Mobile

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On mobile, the menu is tucked behind the three-line icon in the top-left corner. Tap it to open the navigation drawer, which gives you access to Dashboard, Log Activity, My Family, and Log Out.

### STEP 3 Your Family Dashboard

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After signing in, you will land on your Dashboard. As the registered family account holder, you will see your name and the words "The [Family Name] Family" at the top right of the page, confirming you are signed in under your family account. On mobile, everything is arranged in a single column, so you will need to scroll down to see all of it.

The following describes what each part of the Dashboard means:

- **Total Distance Clocked** — your verified total distance for the Run and Walk challenge so far. Only entries marked **Verified** count toward this number.
- **Total Activities Submitted, Verified, and Rejected** — a quick breakdown of how many activities have been logged and their outcomes.
- **Activity History** — a table listing every activity submitted under this account, with date, distance, status, and a link to view the proof uploaded.
- **Log New Activity** — the red button used to submit a new Run and Walk entry.
- **My Family** — an additional item in the navigation drawer, only available on Family accounts. This is where you view the family members registered under your account.

Tip: If an activity shows as Rejected, tap "View" next to it to see the screenshot you submitted, then log the activity again with a screenshot that clearly and accurately shows the correct date and distance.

## STEP 4 Logging a Run and Walk Activity

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To submit a new activity, open the navigation drawer and tap "Log Activity", or tap "Log New Activity" on your Dashboard. You will see a form to fill in:

- **What did you do?** Your activity type is pre-selected as **Run / Walk** based on the challenge your family registered for. This is fixed and cannot be changed.
- **Distance (kilometres)** — enter the total distance covered, for example 5.00.
- **Date of Activity** — enter the date the activity was completed. This can be any date within the challenge window, from 4 July 2026 to 8 August 2026, including earlier dates that may not have been logged yet. You cannot enter a date that has not yet occurred.
- **Upload a screenshot** showing the date and activity distance. On mobile, tap the upload box to choose a photo or screenshot from your phone's gallery, or take one directly with your camera. Accepted formats are JPEG, PNG, GIF, and WebP, with a maximum file size of 10 megabytes.
- Tap **Submit activity** to send it in for verification.

Important: The screenshot must clearly and accurately show the same date and distance entered in the form. If either does not match, the submission will be automatically rejected.

## STEP 5 After Submitting

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After tapping Submit Activity, the page returns to the Dashboard. If the screenshot clearly shows the correct distance and date, the entry is verified automatically and a green confirmation banner appears at the top of the page: "Entry verified! Your distance has been added to your total."

The Total Distance Clocked figure, along with the verified entry count, updates immediately to reflect the new entry.

If the date or distance in the screenshot does not match what was entered, the entry will appear in Activity History as Rejected instead. The portal does not display a specific rejection reason — the most common cause is that the screenshot does not clearly show the correct date, the correct distance, or both. Tap "View" next to the rejected entry to review the submitted screenshot, then log the activity again with a screenshot that clearly shows both the correct date and the correct distance.

## STEP 6 My Family

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The My Family page shows the combined progress of every member registered under the family account. Open the navigation drawer and tap "My Family" to view it.

This page includes:

- **Group Total** — the family's combined verified distance for each challenge type, Run and Walk and Swimming, along with the total number of members.
- **Members** — small avatar icons showing each registered family member.
- **Per-member contribution table** — a breakdown showing how many verified kilometres each individual family member has contributed to the Run/Walk and Swim totals, with a Group Total row summarising the family's combined verified distance.

Only verified activities contribute to the family's challenge totals. Each family member logs their own activities individually, and their verified distances are automatically added to the family's combined total shown on this page.

## **STEP 7** Logging Out

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Once finished logging activities for the day, remember to log out of the account. Open the navigation drawer using the menu icon in the top-left corner, then tap "Log Out" near the bottom.

This is especially important if a shared or public device is being used, so that the family account stays secure.

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## Part 4 — Family Account

*Swimming Challenge (Mobile)*

### STEP 1 Signing In

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Before you begin, check your email inbox on your phone. You will receive a message containing your family's login details (username and password) for the challenge portal.

Once you have your login details, follow these steps:

- Open your phone's web browser and go to [pestasukan.sg](https://pestasukan.sg)
- Enter the **Username** sent to your email in the Username field.
- Enter your **Password** in the Password field.
- Tap the red **Log In** button to continue.

PARTICIPANT PORTAL

## Sign In

Username

Password

Figure 1 — Sign In page on mobile

### **STEP 2** Navigating on Mobile

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On mobile, the menu is tucked behind the three-line icon in the top-left corner. Tap it to open the navigation drawer, which gives you access to Dashboard, Log Activity, My Family, and Log Out.

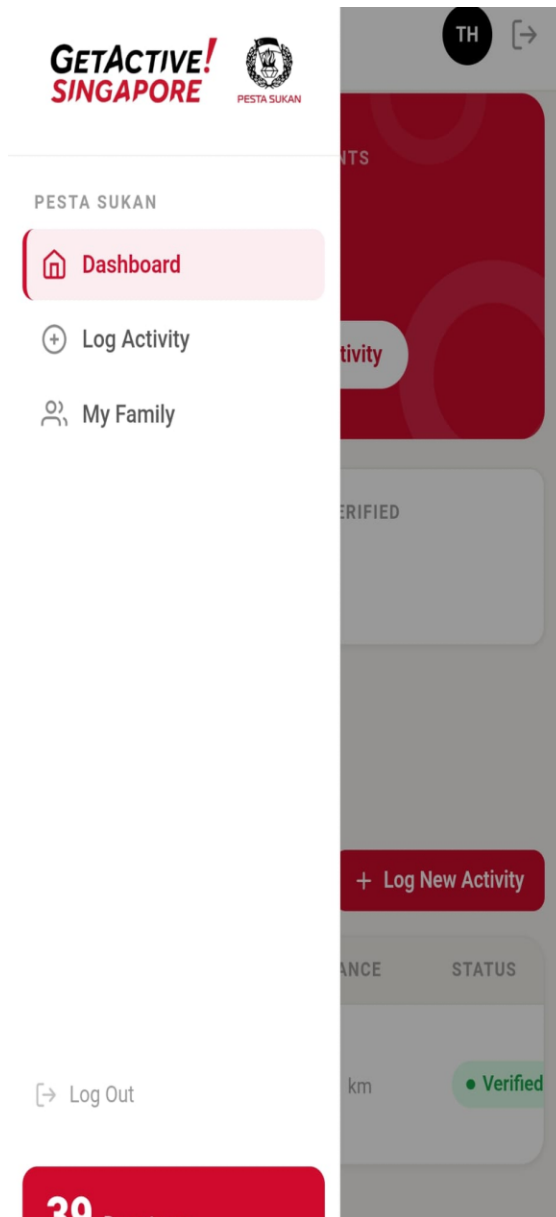


Figure 2 — Navigation drawer, showing the My Family option available on Family accounts

### STEP 3 Your Family Dashboard

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After signing in, you will land on your Dashboard. As the registered family account holder, you will see your name and the words "Welcome back" followed by your first name at the top of the page. On mobile, everything is arranged in a single column, so you will need to scroll down to see all of it.

The following describes what each part of the Dashboard means:

- **Total Distance Clocked** — your verified total distance for the Swimming challenge so far. Only entries marked **Verified** count toward this number.

- **Activity History** — a table listing every activity submitted under this account, with date, distance, status, and a link to view the proof uploaded. Before your first submission, this section will show "No entries yet."
- **Log New Activity** — the red button used to submit a new Swimming entry.

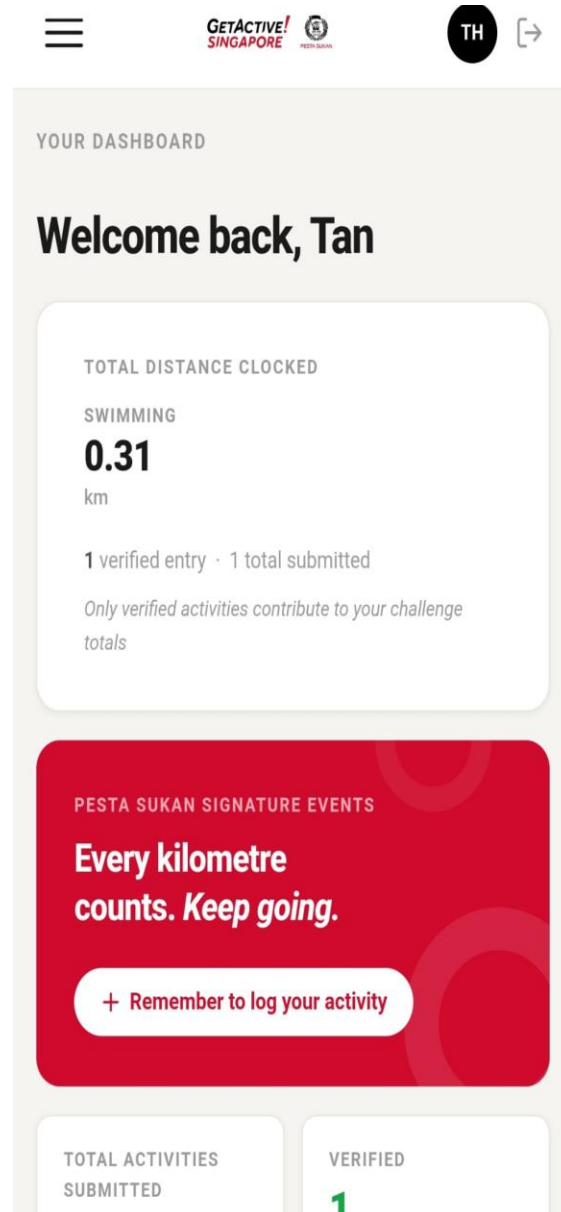



Figure 3 — Dashboard before any activity has been logged (Family account, Swimming challenge)

Scrolling down to the Activity History section, you will see a message confirming there is nothing logged yet, along with a button to log your first activity:

NEW SUBMISSION

## Log an activity

WHAT DID YOU DO?

 **Swimming**

Upload a screenshot of your activity

ACTIVITY DETAILS

Distance (km)

e.g. 5.00 km

Date of Activity

Challenge window: 1 Jun - 8 Aug 2026

UPLOAD A SCREENSHOT SHOWING THE DATE, AND ACTIVITY DISTANCE

Figure 4 — Activity History before any entries have been submitted

## STEP 4 Logging a Swimming Activity

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To submit a new activity, open the navigation drawer and tap "Log Activity", or tap "Log your first activity" or "Log New Activity" on your Dashboard. You will see a form to fill in:

- **What did you do?** Your activity type is pre-selected as **Swimming** based on the challenge your family registered for. This is fixed and cannot be changed.
- **Distance (kilometres)** — enter the total distance covered, for example 5.00.
- **Date of Activity** — enter the date the activity was completed. This can be any date within the challenge window, from 4 July 2026 to 8 August 2026, including

earlier dates that may not have been logged yet. You cannot enter a date that has not yet occurred.

- **Upload a screenshot** showing the date and activity distance. On mobile, tap the upload box to choose a photo or screenshot from your phone's gallery, or take one directly with your camera. Accepted formats are JPEG, PNG, GIF, and WebP, with a maximum file size of 10 megabytes.
- Tap **Submit activity** to send it in for verification.

Important: The screenshot must clearly and accurately show the same date and distance entered in the form. If either does not match, the submission will be automatically rejected.

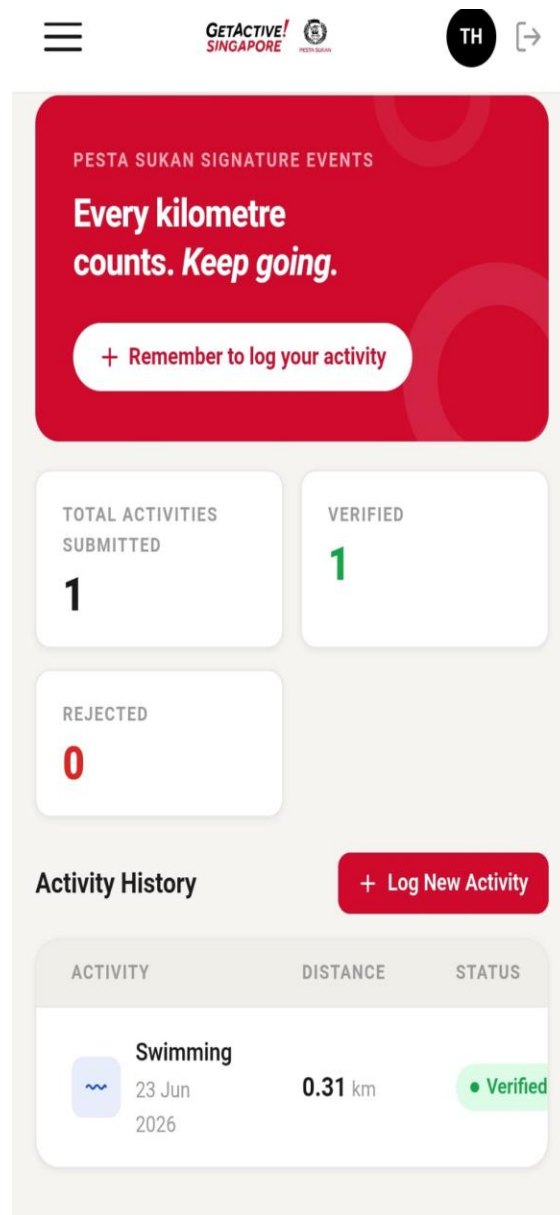


Figure 5 — Log an Activity page on mobile (Family account, Swimming)

Example: once the distance and date have been entered, and a screenshot has been uploaded, a preview of the selected image will appear before submitting, as shown below:

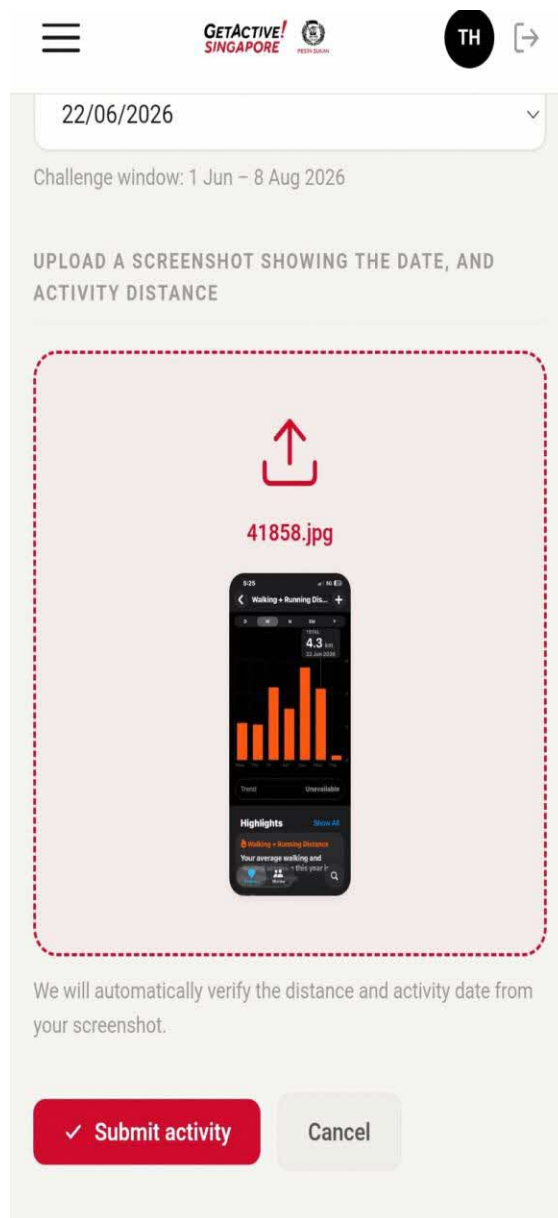


Figure 6 — Completed entry with screenshot attached, ready to submit

## STEP 5 After Submitting

After tapping Submit Activity, the page returns to the Dashboard. If the screenshot clearly shows the correct distance and date, the entry is verified automatically and a green confirmation banner appears at the top of the page: "Entry verified! Your distance has been added to your total."

The Total Distance Clocked figure, along with the verified entry count, updates immediately to reflect the new entry.

If the date or distance in the screenshot does not match what was entered, the entry will appear in Activity History as Rejected instead. The portal does not display a specific rejection reason — the most common cause is that the screenshot does not clearly show the correct date, the correct distance, or both. Tap "View" next to the rejected entry to review the submitted screenshot, then log the activity again with a screenshot that clearly shows both the correct date and the correct distance.

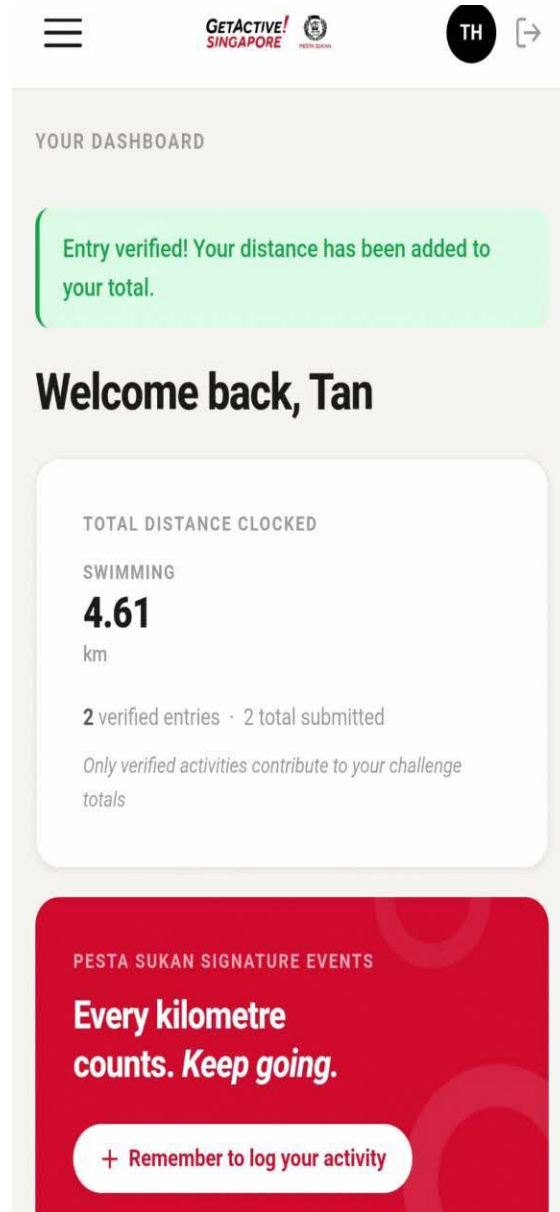


Figure 7 — Dashboard showing a successful verification

## STEP 6 My Family

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The My Family page shows the combined progress of every member registered under the family account, across both the Run and Walk and Swimming challenges. Open the navigation drawer and tap "My Family" to view it.

This page includes:

- **Group Total** — the family's combined verified distance for each challenge type, Run and Walk and Swimming, along with the total number of members.
- **Members** — small avatar icons showing each registered family member.
- **Per-member contribution table** — a breakdown showing how many verified kilometres each individual family member has contributed to the Run/Walk and Swim totals, with a Group Total row summarising the family's combined verified distance.

Only verified activities contribute to the family's challenge totals. Each family member logs their own activities individually, and their verified distances are automatically added to the family's combined total shown on the My Family page.



GROUP · 3 MEMBERS

## The Tan Family

GROUP TOTAL · PESTA SUKAN SIGNATURE  
EVENTS

RUN / WALK

**8.60**

km

SWIMMING

**4.61**

km

3 members

*Only verified activities contribute to your challenge  
totals*

MEMBERS



**Every km from the  
whole family counts.**

Per-member contribution

*Figure 8 — My Family page showing group totals and per-member contributions*

## **STEP 7 Logging Out**

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Once finished logging activities for the day, remember to log out of the account. Open the navigation drawer using the menu icon in the top-left corner, then tap "Log Out" near the bottom.

This is especially important if a shared or public device is being used, so that the family account stays secure.

## Part 5 — Help

### *Frequently Asked Questions and Troubleshooting*

## Frequently Asked Questions and Troubleshooting

This section answers common questions and covers what to do if something does not go as expected while using the challenge portal on your phone or tablet.

### **I did not receive my login details. What should I do?**

Check your email spam or junk folder first. If you still cannot find it, submit a query via <https://go.gov.sg/srw-support> to confirm the email address registered for your account and request that the login details be resent.

### **My activity was rejected. Why?**

An activity is automatically rejected when the date or distance shown in the uploaded screenshot does not match what was entered in the form. The portal does not display a specific rejection reason — the most common cause is that the screenshot does not clearly show the correct date, the correct distance, or both. Tap "View" next to the rejected entry to review the screenshot you submitted, then log the activity again with a screenshot that clearly and accurately shows both the correct date and the correct distance.

### **Can I edit or delete an activity after submitting it?**

The portal does not currently provide an option to edit or delete a submitted activity. If you made a mistake, log the activity again with the correct details. Rejected entries do not count toward your total, so they do not need to be removed.

### **Can I log an activity for a date in the past?**

Yes. You can log an activity for any date within the challenge window, from 4 July 2026 to 8 August 2026, including earlier dates you may not have logged yet. You cannot log an activity for a date that has not yet occurred.

### **What file types can I upload as proof?**

The portal accepts JPEG, PNG, GIF, and WebP image files, with a maximum file size of 10 megabytes per file. On mobile, you can choose an existing photo from your gallery or take one directly with your camera.

### **What should my screenshot show?**

Your screenshot should clearly show both the date and the distance of your activity, for example a screenshot from a fitness tracking application such as Strava, Apple Health,

or Garmin Connect. The system checks these two details automatically against what you entered in the form.

### **Why does my Total Distance Clocked not match what I submitted?**

Only entries marked Verified count toward your Total Distance Clocked. If you have entries that are still pending or have been Rejected, they will not be included in this figure.

### **I am part of a family account. Do I log my own activities, or does the account holder log them for everyone?**

Each family member logs their own activities individually under their own login. Once verified, each member's distance is automatically added to the family's combined total, which can be viewed on the My Family page.

### **Can I switch between the Run and Walk challenge and the Swimming challenge?**

No. Your activity type is fixed based on the challenge you or your family registered for, and cannot be changed within the portal. If you believe you registered for the wrong challenge, submit a query via <https://go.gov.sg/srw-support>.

### **I cannot find the menu on my phone. Where is it?**

On mobile, the menu is tucked behind the three-line icon in the top-left corner of the page. Tap it to open the navigation drawer, where you will find Dashboard, Log Activity, My Family (for family accounts), and Log Out.

### **I am using a shared or public device. What should I do when I am finished?**

Always tap Log Out in the navigation drawer before leaving a shared or public device, so that your account stays secure.

### **Who do I contact if I have a problem not covered here?**

Submit your query via the support form at <https://go.gov.sg/srw-support> and the event organiser will get back to you.