

# GET ACTIVE! SINGAPORE

## PESTA SUKAN 2026

### SWIM CHALLENGE

#### 1. General Rules

**1.1** This event is governed by the Pesta Sukan 2026 General Rules and Regulations. For full details, please refer to the Pesta Sukan 2026 General Rules and Regulations.

**1.2** The organiser reserves the right to amend the rules and regulations at any time without prior notice.

#### 2. Eligibility & Registration

##### 2.1 Categories

S/No	Category	Age Group/Criteria
1	Youth	7–17 years old
2	Open	18–54 years old
3	Masters	55 years & above
4	Para	7 years & above
5	Family	Minimum 2 and Maximum 4 participants per group

##### 2.2 Registration Fees

Category	Fees
Youth	\$10
Open	\$15
Masters	\$5
Para	\$5
Family	Pegged to individual rates

*Note: Facility entry charges, where applicable, are not included in the registration fees.*

##### 2.3 Eligibility

All participants shall be Singapore Citizens, Singapore Permanent Residents and non-Singapore Citizens residing in Singapore with valid passes as stated below:

- Student Pass
- Long Term Pass

- Dependent's Pass
- Work Permit
- S Pass
- Employment Pass

## 2.4 Individual Category

- Participants may register as individuals under the Youth, Open, Masters, or Para category based on their age group or eligibility.

## 2.5 Family Category

- Participants may register as a Family group consisting of a minimum of 2 and a maximum of 4 members. The Family category is open to all participants.
- Each participant must register individually under their respective category and pay the applicable individual registration fee.
- The total swim distances of all Family group members will be combined for achievement purposes based on the number of members.
- To register as a Family group, one member of the group is required to complete the Family Registration Form at <https://go.gov.sg/swim2026> after all members have registered and made payment individually.
- Upon successful submission of the form, a **Family Unique ID** will be issued to the group. Please retain this ID as it will be required for **medal and premium redemption**.
- Members may redeem their entitlements individually. Upon redemption, members are required to log in to the participant portal and present their Family Unique ID for verification. All members need not be present together at the same time for redemption.
- Please note that random checks may be conducted on submissions. Participants are advised to ensure that all submitted information is accurate.
- Once all family members have registered and completed the Family Registration Form at <https://go.gov.sg/swim2026>, the family group will be linked together. Members will be able to view their family group and fellow members upon logging in to the participant portal at [pestasukan.sg](https://pestasukan.sg).

## 2.6 Multiple Registrations

- Participants may register more than once for different achievement tiers. Each registration is independent and the number of swim distances clocked cannot be combined across registrations.
- Participants are allowed to register for both the Swimming Challenge and the Run/Walk Challenge at the same time. For participants who wish to change their registered challenge category (e.g. from Swimming Challenge to Run/Walk Challenge or vice versa) instead, they may do so via a **one-time change request** at <https://go.gov.sg/srw-support>. No re-registration or additional payment is required. Please note that upon successful change, all previously tracked distances will not be carried over and participants will start afresh with new login credentials.

### 3. Event Venue & Schedule

#### 3.1 Event Period

Date
4 July – 8 August 2026

- **Registration is open until 8 August 2026, 23:59.**

#### 3.2 Participation

- This is a non-competitive, self-paced event.
- All participants are to prioritise personal safety.
- In the event of lightning or adverse weather conditions, participants must stop all activity immediately and seek shelter. Participants should follow the safety guidelines of the facility they are using.
- Standard facility entry fees apply where applicable.

### 4. Challenge Format & Verification

#### 4.1 Event Format

- This is a distance-based challenge.
- The challenge may be completed at any location and is not restricted to ActiveSG swimming pools.
- The challenge is non-competitive and self-paced, and activities may be accumulated throughout the event period.
- All participants, whether individual or family, are responsible for tracking and submitting their own swim distances.
- Please note that there is a daily cap of 5km per participant for distance submissions. This applies to all participants, whether individual or family.

#### 4.2 Achievement Criteria (Distance Based)

Awards	Individual	Family (2 pax)	Family (3 pax)	Family (4 pax)
Gold	30,000m	60,000m	90,000m	120,000m
Silver	22,500m	45,000m	67,500m	90,000m
Bronze	15,000m	30,000m	45,000m	60,000m

### 4.3 Verification

- Participants are required to submit their proof of distance via the participant portal at [pestasukan.sg](https://pestasukan.sg).
- Upon successful registration, participants will receive their portal login credentials (username and password) via email. Please allow up to **1–2 business days** for the credentials to be sent. Participants are encouraged to begin tracking their distances immediately from the date of registration using any of the following:
  - **Fitness Tracking Apps:** Strava, Apple Health, Google Fit, Garmin Connect, Mi Fitness, Huawei Health, or any compatible fitness tracking app that can track distance in km with date
  - **Fitness Tracking Devices/Smartwatches:** Garmin, Fitbit, Xiaomi, Huawei, or any compatible device that can track distance in km with date
- Once login credentials are received, participants may log in at [pestasukan.sg](https://pestasukan.sg) and submit their activities. Participants may backdate their distance submissions from their **date of registration** onwards. Any distances tracked before receiving your login credentials will not be lost.
- **Please note that the Healthy 365 app is not suitable for this challenge as it only tracks steps and is unable to track or convert distance into kilometres (km). Participants are advised to use a fitness tracking application that records distance in kilometres.**
- The Organiser reserves the right to verify all submissions.

## 5. Participation Entitlements

5.1 There is no prize money for this event.

5.2 Participants are required to log in to the participant portal at [pestasukan.sg](https://pestasukan.sg) and present their completed distance status upon collection of their entitlements.

5.3 Entitlements will be issued per participant based on achievement levels:

Medal	Individual	Family
Gold	Medal + Tumbler	Medal + Tumbler + Shoe Bag
Silver	Medal + Bath Towel	Medal + Bath Towel + Shoe Bag
Bronze	Medal	Medal + Shoe Bag

*Note: All entitlements and premiums are available while stocks last.*

### 5.4 Collection Details:

- 8 August 2026 – Designated Sport Centres:

Updated as of 04 Jul 2026

- Queenstown Sport Centre
  - Jurong East Sport Centre
  - Woodlands Sport Centre
  - Hougang Sport Centre
  - Heartbeat@ Bedok ActiveSG Sport Centre Level 1
- Participants who collect their entitlements on 8 August 2026 at the 5 designated Sport Centres will receive an additional premium on top of their existing entitlements.
  - 9–31 August 2026 – Collection at all ActiveSG Sport Centres (subject to operating hours). For the latest list of available collection centres, please contact us at <https://go.gov.sg/srw-support>.
  - For more information on how to redeem your entitlements, please refer to the User Guide available at <https://www.activesgcircle.gov.sg/getactive-singapore/pesta-sukan/signature-events/swim-challenge>.

## **6. Equipment & Attire**

**6.1** Participants must be in proper attire suitable for their activity and adhere to the rules of the facility they are using.

**6.2** Participants are encouraged to stay hydrated throughout the challenge.

## **7. Disqualification**

The Organiser reserves the right to disqualify participants for:

- Submission of inaccurate or fraudulent records.
- Failure to comply with event rules and regulations.

## **8. Reporting & Identification**

**8.1** Participants may be required to present valid identification for verification purposes.

**8.2** The Organiser reserves the right to check any participant's submission.

## **9. Dispute**

In the event of any dispute, the decision of the Organiser shall be final.

## **10. Use of Personal Data**

The Participant, who has registered to take part in the Event, is deemed to have given written permission to the Organisers to collect, analyse and collate any personal information relating to that Participant, as the Organisers may at their sole discretion deem fit, for the Organisers' programmes, planning, data-processing, statistical or risk-analysis, research, fund-raising and/or any other purposes defined by the Organisers.

Updated as of 04 Jul 2026

All Participant data will never be sold or exchanged. ActiveSG will only use it to share news and information about ActiveSG's updates and events, including future editions of the Swim Challenge.

## **11. Contact Us**

For any queries pertaining to this challenge, please contact us at <https://go.gov.sg/srw-support> .

*IMPORTANT: All information published herein or on the ActiveSG website is subject to change or expiration without notice. Please check back regularly for the latest information and updates.*