

GET ACTIVE! SINGAPORE

PESTA SUKAN 2026

SWIM CHALLENGE

1. General Rules

1.1 This event is governed by the Pesta Sukan 2026 General Rules and Regulations. For full details, please refer to the Pesta Sukan 2026 General Rules and Regulations.

1.2 The organiser reserves the right to amend the rules and regulations at any time without prior notice.

2. Eligibility & Registration

2.1 Categories

S/No	Category	Age Group/Criteria
1	Youth	7–17 years old
2	Open	18–54 years old
3	Masters	55 years & above
4	Para	7 years & above
5	Family	Minimum 2 and Maximum 4 participants per group

2.2 Registration Fees

Category	Fees
Youth	\$10
Open	\$15
Masters	\$5
Para	\$5
Family	Pegged to individual rates

Note: Facility entry charges, where applicable, are not included in the registration fees.

2.3 Eligibility

All participants shall be Singapore Citizens, Singapore Permanent Residents and non-Singapore Citizens residing in Singapore with valid passes as stated below:

- Student Pass
- Long Term Pass

- Dependent's Pass
- Work Permit
- S Pass
- Employment Pass

2.4 Individual Category

- Participants may register as an individual under the Youth, Open, Masters, or Para category based on their age group or eligibility.

2.5 Family Category

- Participants may register as a Family group consisting of a minimum of 2 and a maximum of 4 members. The Family category is open to all participants.
- Each participant must register individually under their respective category and pay the applicable individual registration fee.
- Family group number of laps or swim distances will be combined for achievement purposes based on the number of members.
- To register as a Family group, one member of the group is required to complete the Family Registration Form at <https://go.gov.sg/swim2026> after all members have registered and made payment individually.
- Upon successful submission of the form, a **Family Unique ID** will be issued to the group. Please retain this ID as it will be required for **medal and premium redemption**.
- Upon medal and premium redemption, all members are to be present together to redeem their entitlements.
- Please note that random checks may be conducted on submissions. Participants are advised to ensure that all submitted information is accurate.
- More information on the Family category will be shared at a later date.

2.6 Multiple Registrations

- Participants may register more than once for different achievement tiers. Each registration is independent and number of laps or swim distances clocked cannot be combined across registrations.

3. Event Venue & Schedule

3.1 Event Period

Date
4 July – 8 August 2026

3.2 Participation

- This is a non-competitive, self-paced event.
- All participants are to prioritise personal safety.
- In the event of lightning or adverse weather conditions, participants must stop all activity immediately and seek shelter. Participants should follow the safety guidelines of the facility they are using.
- Standard facility entry fees apply where applicable.

4. Challenge Format & Verification

4.1 Event Format

- This is a distance-based challenge.
- The challenge may be completed at any location and is not restricted to ActiveSG swimming pools.
- The challenge is non-competitive and self-paced, and activities may be accumulated throughout the event period.
- All participants, whether individual or family, are responsible for tracking and submitting their own number of laps and swim distance. Further details on the submission process will be shared at a later date.

4.2 Achievement Criteria (Laps – 50m pool or Distance Based)

Awards	Individual	Family (2 pax)	Family (3 pax)	Family (4 pax)
Gold	600 laps / 30,000m	1200 laps / 60,000m	1800 laps / 90,000m	2400 laps / 120,000m
Silver	450 laps / 22,500m	900 laps / 45,000m	1350 laps / 67,500m	1800 laps / 90,000m
Bronze	300 laps / 15,000m	600 laps / 30,000m	900 laps / 45,000m	1200 laps / 60,000m

4.3 Verification

- Participants must upload proof of the number of laps or distance clocked. Further details on the submission process will be shared at a later date.
- The Organiser reserves the right to verify all submissions.

5. Participation Entitlements

5.1 There is no prize money for this event.

5.2 Entitlements will be issued per participant based on achievement levels:

Medal	Individual	Family
Gold	Medal + Tumbler	Medal + Tumbler + Shoe Bag
Silver	Medal + Bath Towel	Medal + Bath Towel + Shoe Bag
Bronze	Medal	Medal + Shoe Bag

Note: All entitlements and premiums are available while stocks last.

5.3 Collection Details:

- 8 August 2026 – Designated Sport Centres:
 - Delta Sport Centre
 - Jurong East Sport Centre
 - Woodlands Sport Centre
 - Hougang Sport Centre
- Participants who collect their entitlements on 8 August 2026 at the 4 designated Sport Centres will receive an additional premium on top of their existing entitlements.
- 9–31 August 2026 – Collection at all ActiveSG Sport Centres (subject to operating hours).

6. Equipment & Attire

6.1 Participants must be in proper attire suitable for their activity and adhere to the rules of the facility they are using.

6.2 Participants are encouraged to stay hydrated throughout the challenge.

7. Disqualification

The Organiser reserves the right to disqualify participants for:

- Submission of inaccurate or fraudulent records.
- Failure to comply with event rules and regulations.

8. Reporting & Identification

8.1 Participants may be required to present valid identification for verification purposes.

8.2 The Organiser reserves the right to check any participant's submission.

9. Dispute

In the event of any dispute, the decision of the Organiser shall be final.

10. Use of Personal Data

The Participant, who has registered to take part in the Event, is deemed to have given written permission to the Organisers to collect, analyse and collate any personal information relating to that Participant, as the Organisers may at their sole discretion deem fit, for the Organisers' programmes, planning, data-processing, statistical or risk-analysis, research, fund-raising and/or any other purposes defined by the Organisers.

All Participant data will never be sold or exchanged. ActiveSG will only use it to share news and information about ActiveSG's updates and events, including future editions of the Swim Challenge.

11. Contact Us

For any queries pertaining to this challenge, please contact us at [**getactive@sport.gov.sg**](mailto:getactive@sport.gov.sg).

IMPORTANT: All information published herein or on the ActiveSG website is subject to change or expiration without notice. Please check back regularly for the latest information and updates.