

**PESTA SUKAN 2026
COMPETITION RULES & REGULATION – SWIMMING**

Venue: OCBC Aquatic Centre

Date: 19 – 21 June 2026

1. Rules

- 1.1 Guided by the Rules and Regulations as directed by the Singapore Aquatics (SAQ) and in accordance with the Rules and By-laws of World Aquatics (AQUA) where applicable.
- 1.2 Governed by General Rules and Regulations.
- 1.3 Performance times achieved in the Competition can be used as Qualifying Entry Times for SAQ Long Course Competitions in 2026.

2. Pesta Sukan 2026 Age Categories & Eligibility

- 2.1 **Age is computed as of 31-Dec-2026**

S/No	Age Group	Clarification
1	Youth 7 Yrs to 8 Yrs	Born between 2018 to 2019
2	Youth 9 Yrs to 10 Yrs	Born between 2016 to 2017
3	Youth 11 Yrs to 12 Yrs	Born between 2014 to 2015
4	Youth 13 Yrs to 14 Yrs	Born between 2012 to 2013
5	Youth 15 Yrs to 17 Yrs	Born between 2009 to 2011
6	Adult 18 Yrs to 29 Yrs	Born between 1997 to 2008
7	Masters 30 Yrs to 39 Yrs	Born between 1987 to 1996
8	Masters 40 Yrs to 49 Yrs	Born between 1977 to 1986
9	Masters 50 Yrs & Over	Born in 1976 or earlier

- 2.2 The Swim Teams can be from:
- 2.2.1 Community Sports Clubs
 - 2.2.2 Swimming Clubs affiliated to SAQ
 - 2.2.3 Primary or Secondary School Swim Teams
 - 2.2.4 Swimming Teams from ITE, Polytechnics and Universities
 - 2.3.5 Swimming Schools run by swimming instructors
 - 2.3.6 Group of swimmers forming their own Swim Teams
- 2.3 Singapore Citizen, Permanent Residents and Foreigners residing in Singapore are eligible to participate.

3. Pesta Sukan 2026 Registration

All Participants are required to make the payment for the entry fee individually at the links below **by 5th June 2026.**

Registration with ActiveSG membership is mandatory to complete the payment transaction

Swimming: [Swimming | Pesta Sukan | GetActive! Singapore](#)

Entry Fees for Individual Events:

- Youth: \$15.00 per swimmer (inc of 9% GST)
- Adults & Masters: \$20.00 per swimmer (inc of 9% GST)
- Participants are allowed to take part up to Maximum of Five (5) Individual Events in his/her Age Category

3.1 Registration Procedure for Participants from SAQ Affiliates – Individual Events

Participants from SAQ Affiliates must register with their swim club / school (SAQ Affiliates) using Hytek Team Manager Software. Submission of Hytek Team Manager Entries to swim.entries@sqaquatics.org.sg by **2nd June 2026 12.00pm.**

*Individual SAQ Affiliate Swimmers must make payment through the portal link **below by 5th June 2026:***

Swimming: [Swimming | Pesta Sukan | GetActive! Singapore](#)

3.2 Registration Procedure for Participants from SAQ Affiliates – Relay Events

Each club / team / SAQ affiliate can submit up to four (4) relay teams in the respective relay categories (3.5) using Hy-tek Team Manager Software. Submission of Hytek Team Manger Entries must be made to swim.entries@sqaquatics.org.sg

3.3 Registration Procedure for Non - SAQ Affiliates or “Unattached” swimmers – Individual Events

Swimmers who are not affiliated with any SAQ-Affiliates or are competing as “Unattached” may submit their entries via the portal link below by **5th June 2026:**

Swimming: [Swimming | Pesta Sukan | GetActive! Singapore](#)

3.4 Registration Procedure for Non - SAQ Affiliates or “Unattached” swimmers – Relay Events

Members of public (unattached swimmers who registered with individual events in Pesta Sukan Swimming) can form up their own relay teams based on the age groups indicated in 3.5. One relay team representative may email in the details of the 4 relay swimmers to swim.entries@sqaquatics.org.sg the following details:

Pesta Sukan Swimming Relay Entry Event: (E.g. Event 211, Women’s 18 years and over relay)

Entry Time: (If applicable)

Team Name:

1st Swimmer Name:

2nd Swimmer Name:

3rd Swimmer Name:

4th Swimmer Name:

3.5 Relay Age Groups categories

S/No	Relay Age Group Categories	Remarks
1	Youth 7 – 8 Yrs Old	
2	Youth 9 – 10 Yrs Old	
3	Youth 11 – 12 Yrs Old	
4	Youth 13 – 14 Yrs Old	
5	Youth 15 Yrs to 17 Yrs	
6	Adult 18 Yrs to 29 Yrs	
Age groups of Masters relay events are as follows:		
7	Masters 120-159 years	Masters Relays to be conducted on the total age of team members in whole years. Minimum Age of youngest swimmer in masters relay is 25 years old
8	Masters 160-199 years	
9	Masters 200 – 239 years	

3.5.1 Only registered swimmers with individual events in Pesta Sukan are allowed to compete in the relay events.

3.5.2 Swimmers may “swim up” in older age group categories for relay events (for all youth + adult categories).

3.5.3 For Adult 18 Yrs to 29 Yrs relay categories, swimmer above 29 years old may “swim down” to compete in the adult category if the total age of relay team members does not add up to 120 years (*minimum age of masters relays*).

3.5.4 Swimmers must compete in relays only under their originally registered club or unattached status.

3.5.5 Mixed teams comprising swimmers from different clubs or a combination of unattached and club swimmers **are not permitted**.

4. Pesta Sukan 2026 Events & Schedule

4.1 Event Schedules at Pesta Sukan Swimming 2026

Friday, 19th June 2026 9.00am			
101	Boys	50m Breaststroke	7 - 12 years old
102	Girls	50m Freestyle	7 - 12 years old
103	Boys	200m Freestyle	9 - 12 years old
104	Girls	200m Individual Medley	9 - 12 years old
105	Girls	50m Butterfly	7 - 12 years old
106	Boys	50m Butterfly	7 - 12 years old
107	Girls	200m Freestyle Relay	7 - 12 years old
108	Boys	200m Freestyle Relay	7 - 12 years old

Friday, 19th June 2026 3.00pm			
201	Girls	100m Freestyle	13 - 17 years old
202	Women	100m Freestyle	18 years old & over
203	Boys	200m Freestyle	13 - 17 years old
204	Men	200m Freestyle	18 years old & over
205	Girls	200m Medley Relay	13 - 17 years old
206	Boys	200m Medley Relay	13 - 17 years old
207	Women	200m Medley Relay	18 years old & over
208	Men	200m Medley Relay	18 years old & over
209	Girls	50m Freestyle	13 - 17 years old
210	Women	50m Freestyle	18 years old & over
211	Boys	100m Backstroke	13 - 17 years old
212	Men	100m Backstroke	18 years old & over
213	Girls	100m Backstroke	13 - 17 years old
214	Women	100m Backstroke	18 years old & over
215	Boys	100m Freestyle	13 - 17 years old
216	Men	100m Freestyle	18 years old & over

Saturday, 20th June 2026 9.00am			
301	Girls	100m Breaststroke	7 - 12 years old
302	Boys	100m Breaststroke	7 - 12 years old
303	Girls	100m Freestyle	7 - 12 years old
304	Boys	100m Freestyle	7 - 12 years old
305	Girls	50m Backstroke	7 - 12 years old
306	Boys	50m Backstroke	7 - 12 years old

Saturday, 20th June 2026 3.00pm			
401	Girls	200m Medley Relay	7 - 12 years old
402	Boys	50m Breaststroke	13 - 17 years old
403	Men	50m Breaststroke	18 years old & over
404	Girls	200m Freestyle	13 - 17 years old
405	Women	200m Freestyle	18 years old & over
406	Girls	200m Freestyle Relay	13 - 17 years old
407	Women	200m Freestyle Relay	18 years old & over
408	Boys	200m Freestyle Relay	13 - 17 years old
409	Men	200m Freestyle Relay	18 years old & over
410	Girls	100m Breaststroke	13 - 17 years old
411	Women	100m Breaststroke	18 years old & over
412	Boys	100m Breaststroke	13 - 17 years old
413	Men	100m Breaststroke	18 years old & over
414	Girls	50m Butterfly	13 - 17 years old
415	Women	50m Butterfly	18 years old & over
416	Boys	50m Butterfly	13 - 17 years old
417	Men	50m Butterfly	18 years old & over

Sunday, 21st June 2026 9.00am			
501	Girls	50m Breaststroke	7 - 12 years old
502	Boys	50m Freestyle	7 - 12 years old
503	Girls	100m Backstroke	7 - 12 years old
504	Boys	100m Backstroke	7 - 12 years old
505	Girls	100m Butterfly	7 - 12 years old
506	Boys	100m Butterfly	7 - 12 years old
507	Girls	200m Freestyle	9 - 12 years old
508	Boys	200m Individual Medley	9 - 12 years old

Sunday, 21st June 2026 3.00pm			
601	Boys	200m Medley Relay	7 - 12 years old
602	Girls	100m Butterfly	13 - 17 years old
603	Women	100m Butterfly	18 years old & over
604	Boys	100m Butterfly	13 - 17 years old
605	Men	100m Butterfly	18 years old & over
606	Girls	200m Individual Medley	13 - 17 years old
607	Women	200m Individual Medley	18 years old & over
608	Boys	200m Individual Medley	13 - 17 years old
609	Men	200m Individual Medley	18 years old & over
610	Girls	50m Backstroke	13 - 17 years old
611	Women	50m Backstroke	18 years old & over
612	Boys	50m Backstroke	13 - 17 years old
613	Men	50m Backstroke	18 years old & over
614	Boys	50m Freestyle	13 - 17 years old
615	Men	50m Freestyle	18 years old & over
616	Girls	50m Breaststroke	13 - 17 years old
617	Women	50m Breaststroke	18 years old & over

4.2 Events Programme:

Events	Youth					Adults	Masters		
	7-8yrs	9 - 10 yrs	11 - 12yrs	13 - 14 yrs	15 - 17 yrs	18 - 29 yrs	30-39 yrs	40 - 49 yrs	50 yrs & Over
50m Freestyle	✓	✓	✓	✓	✓	✓	✓	✓	✓
100m Freestyle	✓	✓	✓	✓	✓	✓	✓	✓	✓
200m Freestyle	NA	✓	✓	✓	✓	✓	✓	✓	✓
50m Breaststroke	✓	✓	✓	✓	✓	✓	✓	✓	✓
100m Breaststroke	✓	✓	✓	✓	✓	✓	✓	✓	✓
50m Backstroke	✓	✓	✓	✓	✓	✓	✓	✓	✓
100m Backstroke	✓	✓	✓	✓	✓	✓	✓	✓	✓
50m Butterfly	✓	✓	✓	✓	✓	✓	✓	✓	✓
100m Butterfly	✓	✓	✓	✓	✓	✓	✓	✓	✓
200m Individual Medley	NA	✓	✓	✓	✓	✓	✓	✓	✓
4 x 50m Freestyle Relay	✓	✓	✓	✓	✓	✓	✓	✓	✓
4 X 50m Medley Relay	✓	✓	✓	✓	✓	✓	✓	✓	✓

5. Competition Format

- 5.1 The Pesta Sukan Swimming will be run in a timed finals format in 10 Lanes Pool setup from fastest to slowest
- 5.2 Competitors (regardless of age) shall be placed in graduated time order, fastest to slowest in 10-lane pool based on the following age groups:

Seeding Order for the respective events		
Youth	7 to 12 yrs old	Fastest to Slowest in the respective age-groups
Youth	13 to 17 yrs old	
Adults & Masters	18 years and over	

6. Viability of Events

6.1 Individual Events:

- For an event to be viable there must be a minimum of **4 Registered Swimmers**. However, if there are only 3 or 2 Registered Swimmers, the event will proceed with a minus one rule for the award of medals.

7. Awarding of Medals

- 7.1 If there is a tie in any of the top 3 positions, the medals will be awarded, in accordance with AQUA General Rule GR 9.7.2.1 and GR 9.7.2.2 as follows:

7.1.1 In the case of two (2) equal times:

- For 1st position: 2 Golds, no Silver, 1 Bronze
- For 2nd position: 1 Gold, 2 Silvers, no Bronze
- For 3rd position: 1 Gold, 1 Silver, 2 Bronzes

7.1.2 In the case of three (3) equal times:

- For 1st position: 3 Golds, no Silver, 1 Bronze
- For 2nd position: 1 Gold, 3 Silvers, no Bronze
- For 3rd position: 1 Gold, 1 Silver, 3 Bronzes

- 7.2 Prize Money will be awarded after the entire competition concludes and will be awarded only to the Top 3 overall performance of each individual age category.

8. DNS and Withdrawals for Pesta Sukan Swimming 2026

- 8.1 During competition, any swimmer who fails to report for the event will be considered as Did Not Show (DNS). A swimmer, having entered the venue, is also considered as DNS if he/she fails to be at the Starting Block.

9. Swimwear

9.1 The Championship will be conducted in accordance to AQUA's Rules:

BL 8.2: In swimming competitions, the competitor must wear only one swimsuit in one or two pieces. No additional items, like arm bands or leg bands shall be regarded as part of a swimsuit.

BL 8.3: From January 1, 2010 swimwear for men shall not extend above the navel nor below the knee, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee. All swimsuits shall be made from textile materials.

Male



Female



10. Disqualification

10.1 The Competition will use the One Start Rule. Any swimmer who starts before the starting signal shall be disqualified. If the race has started before the disqualification is declared, the race shall continue, and the swimmer(s) shall be disqualified upon completion of the race.

11. Protest

11.1 Protests are possible:

- a. if the rules and regulations for the conduct of the competition are not observed,
- b. if other conditions endanger the competitions and/or competitors, or
- c. against decisions of the referee; however, no protest shall be allowed against decisions of fact.

11.2 All protests shall be considered by the Meet Referee.

11.3 If conditions causing a potential protest are noted prior to the competition, a protest must be lodged before the signal to start the race is given.

11.4 Protests must be submitted in accordance with the following:

- a. In writing, with the supporting facts
- b. With a deposit of **S\$200.00** enclosed
- c. Submitted to the Meet Referee by Affiliate Team Leader. No proxies will be entertained
- d. Submitted within thirty (30) minutes following the conclusion of the respective event

11.5 If the Meet Referee rejects the protest, he/she must state the reasons for his decision. The Team Leader may then appeal the rejection to the Jury of Appeal, whose decision shall be final.

11.6 If the protest is not upheld, the deposit shall be forfeited

11.7 The Organiser's decision to any protest shall be final.

12 Rules & Regulations

The Rules and Regulations as depicted above are current at the time of printing or posting on Pesta Sukan 2026 website. The Organiser reserves the right to add, delete and/or vary the said rules and regulations at any time as it deems fit.

Any amendments to the Rules & Regulations will be posted on Pesta Sukan 2026 website.

13 Team Leaders Meeting / Briefing

Team Leaders Meeting / Briefing will be conducted online via Zoom on **16th June 2026, 2.30pm**

Zoom Details:

Time: Jun 16, 2026 02:30 PM Singapore

<https://us02web.zoom.us/j/87395514297?pwd=Lo53vumHJxCLYBpTp9BH9AeCHjvU2.1>

Meeting ID: 873 9551 4297

Passcode: 239026

14 Coaches/Team Manager Accreditation

Swim Coaches who wish to apply for an accreditation pass to be on deck during Pesta Sukan must be an NROC Member with a valid status.

Team Managers must be minimally 18 years old based on date of birth to be allowed a team manager pass.

SAQ Affiliates are required to send in the names of their coaches and team managers (min age of 18 years old based on DOB) with their entry files to secure a pass.

Accreditation is non-transferable and the meet organisers reserve the right to confiscate the pass and ask individuals who misuse the pass to leave the venue in lieu of the safety of all participants.

15 Others (for Members of SAQ Affiliates)

For participants who registered for the Pesta Sukan Competition as the members of SAQ Affiliates, the performance times achieved at the Pesta Sukan can be used for consideration to qualify for future local / national meets and will be uploaded onto the SAQ sanctioned database for ranking purposes. These participants must also pay the 2026 SAQ Annual Swimmer Registration Fee via the SAQ membership by **5th June 2026**.

Participants who do not have an existing account can register for their profile here: <https://ssa.swim-community.net/>

If the 2026 Annual Registration Fee has been paid via the platform, please do let us know.

Participants who competed at Pesta Sukan as unattached (or not as a member of any SAQ affiliates) will not have their results uploaded onto the SAQ sanctioned database.