

A Guide to attempt Your Theory Quiz

Step 1

1. Go to the website



(<https://go.gov.sg/sstheory>)

Welcome to SwimSafer Quiz Portal

Please be reminded to:

1. Take a screenshot of your completed theory quiz results for retention as proof of completion and verification purposes.
2. Provide accurate email and mobile number information, recommended to be valid parents/guardian contact details, which are required for the retrieval of the SwimSafer digital certificate upon successful practical assessment completion.
3. Provide your name as it should be printed on your certificate.

Any discrepancies or omissions may result in missing notification or unable to retrieve the digital certificate.

*BC/FIN/NRIC

*Name ⓘ

*Email

1. To take the SwimSafer theory test, please head to this [portal](https://go.gov.sg/sstheory).
2. Please read and follow the instructions carefully before filling up your details.

Step 2

2. Fill in all required fields marked with *

* BC/FIN/NRIC (Participant's BC/FIN/NRIC)

* Name ⓘ (Participant's Name to be printed on certificate)

* Email (Required OTP to retrieve certificate, preferred parent's/guardian's account)

* Stage

* Mobile number (Required OTP to retrieve certificate, preferred parent's/guardian's phone)

1. Fill in participant's Birth Certificate no., NRIC no. or FIN no.
2. Make sure the correct name is key in. The name will appear exactly on the participant's certificate depending on the name you have keyed in.
3. Please enter email address that you want the e-certificate (FileSG) link to be send to. Preferably a parent or a guardian's email address.
4. Please make sure to enter the correct stage that participant is taking. If participant passed the wrong theory quiz stage and passed the correct practical stage, the e-certificate would not be trigger.
5. Lastly, enter the mobile phone number, preferably a parent or a guardian's phone number. This is for you to receive an OTP to retrieve the e-certificate.

Step 3

3. Accept the terms of conditions and click next

☒ By submitting your information on this form you agree that the Singapore Sports Council (re-branded as Sport Singapore with effect from 1 April 2014) may collect, use and disclose your personal data, as provided in this form or obtained by Sport Singapore as a result of your participation in this online quiz, for the following purposes in accordance with the Public Sector (Governance) Act 2018: to verify your identity and issuance of SwimSafer e-certificates improving your experience on our Site and the App; to respond to your queries and/or feed-

Next

1. Please read the terms and conditions before accepting.
2. Click next when you are done.

Step 4

4. Take the test

SwimSafer Quiz Stage 1

Principles of Personal Safety and Survival

1. A child can swim alone if he or she has taken swimming lessons.

☐ TRUE

☐ FALSE

2. In case of an emergency in the water, which of the following numbers should you call?

1. After the accepting the terms and conditions, you may start on your theory test.
2. Multiple attempts are allowed until you have pass the test.

Step 5

5. View result

SwimSafer Quiz Stage 1

Submitted by: *****894l

Name: Alicia Yap

20-May-2024 06:32:55

Your score: 1/15

A minimum of 90% score is required to pass this quiz. Please try again.

Principles of Personal Safety and Survival

- ✖ 1. A child can swim alone if he or she has taken swimming lessons.
- ☒ TRUE
- ☐ FALSE ✓

1. After completing the test, you can view the result at the top of the page.
2. A minimum of 90% score is required to pass the test.

Step 6

6a. If you passed

SwimSafer Quiz Stage 1

Submitted by: *****894l
Name: Alicia Yap
Submitted on: 21-May-2024 16:35:39

Your score: 15/15

Well done! You have completed your SwimSafer 2.0 Quiz. Please take a screenshot on your test result before

Principles of Personal Safety and Survival

✓ 1. A child can swim alone if he or she has taken swimming lessons.
☐ TRUE
☒ FALSE ✓

✓ 2. When you are thrown off a boat without a Personal Floatation Device (PFD), you can use your d
☒ TRUE ✓

Remember to take a screenshot for your own record!

6b. If you failed, retake the test

Your score: 1/15

A minimum of 90% score is required to pass this quiz. Please try again.

✗ 15. An unconscious victim may be facing up or down in the water and is not moving.
☐ TRUE ✓
☒ FALSE

[Back to Home](#) [Try Again](#)

1. If you pass your test, please remember to take a screenshot of the result for your own record.
2. If you have fail the test, please click on "try again" to attempt the test again.